

Specialty Training Requirements in Plastic Surgery

2018 **VERSION 3.0**

These training requirements apply to those who begin training on or after July 1, 2018.

MINIMUM TRAINING REQUIREMENTS

Five years of approved residency training. This period must include:

- A minimum of twenty-six blocks of Surgical Foundations training in the core aspects of surgery related to Plastic Surgery. This period is under the direction of the Plastic Surgery Program Director in conjunction with the Surgical Foundations Director. This initial period of postgraduate training will provide:
 - 1.1 A minimum of five blocks and maximum of eighteen blocks in plastic surgery
 - 1.2 A minimum of one block of critical care
 - 1.3 A minimum of one block on a service that provides initial trauma management (such as emergency medicine, general surgery, trauma team, orthopedic surgery, or plastic surgery)
 - 1.4 A minimum two blocks in each of the following, with a maximum of six blocks overall:
 - 1.4.1 General surgery (with focus on the acutely ill surgical patient and/or surgical oncology)
 - 1.4.2 Orthopedic surgery
 - 1.5 One to three blocks selected from the following:
 - 1.5.1 Community plastic surgery
 - 1.5.2 Otolaryngology-head and neck surgery
 - 1.5.3 Vascular surgery
 - 1.5.4 Neurosurgery
 - 1.5.5 Pediatric surgery
 - 1.5.6 Surgical ophthalmology
 - 1.5.7 Surgical oncology
 - 1.5.8 Oral surgery
 - 1.5.9 Urology

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- 1.6 A maximum of six blocks selected from one or more of the following, with a maximum of two blocks in any one area:
 - 1.6.1 Anesthesiology
 - 1.6.2 Emergency medicine
 - 1.6.3 Internal medicine
 - 1.6.4 Dermatology/dermatopathology
 - 1.6.5 Radiology
 - 1.6.6 Rheumatology
 - 1.6.7 Physical medicine and rehabilitation
 - 1.6.8 Infectious diseases
 - 1.6.9 Anatomy
- 2. Thirty-nine blocks of senior residency training in Plastic Surgery, which must incorporate the principle of graded increasing responsibility
 - 2.1 Exposure to the following plastic surgery subspecialty domains while on plastic surgery rotations:
 - 2.1.1 Burn surgery
 - 2.1.2 Hand surgery
 - 2.1.3 Aesthetic surgery
 - 2.1.4 Craniofacial trauma surgery
 - 2.1.5 Reconstructive surgery of the following:
 - 2.1.5.1 Breast
 - 2.1.5.2 Trunk
 - 2.1.5.3 Head and neck
 - 2.1.5.4 Lower limb and upper limb
 - 2.1.6 Pediatric plastic surgery
 - 2.2 Six blocks of responsibility as a designated chief resident
 - 2.3 A maximum of three blocks of scholarly activity and/or three blocks of elective which must be approved in advance by the Plastic Surgery residency program director
 - 2.4 One block designated as "Consolidation" to take place in the final year of residency training (see notes)

NOTES:

One block equals four weeks.

One of the blocks in item 1.4 may also meet the requirements for 1.3.

Consolidation block: It is recognized that the final year resident has attained a unique position in residency training which allows for a senior learner's perspective on the entire spectrum of plastic surgery skills and knowledge. The purpose of the "Consolidation Block" is to have the senior plastic surgery resident to consolidate knowledge intensively while simultaneously being assessed for competence via intensive and frequent academic activities (for example formal rounds, seminars, visiting professors, others) and Royal College style examinations. This block is analogous to research blocks in earlier training years in which we expect residents to acquire knowledge and skills such as research methodology and critical appraisal.

American Board Certification: Those who have successfully attained their certification by the American Board of Plastic Surgery will be considered to fulfil the minimum training requirements in Section 1 and 2.

REQUIREMENTS FOR CERTIFICATION

Royal College certification in Plastic Surgery requires all of the following:

- 1. Successful completion of the Royal College Surgical Foundations curriculum;
- 2. Successful completion of the Royal College Surgical Foundations examination;
- 3. Successful completion of a five-year Royal College accredited program in Plastic Surgery or certification by the American Board of Plastic Surgery; and
- 4. Successful completion of the certification examination in Plastic Surgery.

The five-year program outlined above is to be regarded as the minimum training requirement. Additional training may be required by the program director to ensure that clinical competence has been achieved.

This document is to be reviewed by the Specialty Committee in Plastic Surgery by December 2019.

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