

# Transition to Discipline and Foundations of Discipline- PGY1

(London – See Windsor handbook for specific rotations)

## Orientation Block/Transition to Discipline:

The orientation block features 2 weeks of formal introductory teaching and 2 weeks of clinical experience.

**Broad objectives (as represented by the specific competencies/objectives and ITAR assessed in this block):**

On the Orientation block clinical experience, residents will:

- Acclimatize to the residency clinical training environment
- Demonstrate and/or develop a basic level of competency in interviewing diagnosis and preparation of documentation in psychiatry

### **Expected EPAs:**

**TTD1 – Obtaining a psychiatric history – 1 entrustable observation**

**TTD2 – Oral and written communication – 1 entrustable observation**

See specific [Rotation Objectives, including competencies](#)

## PGY1 Off-Service Rotations (one block each):

Family Medicine

Emergency Medicine

Hospitalist

Addiction Medicine (with psychiatry clinics)

Urgent Neurology

1x Off-Service Elective

**Broad objectives (as represented by the specific competencies/objectives assessed in this block, which are found in the rotation outlines and ITARs)**

On PGY1 off-service rotations, residents will:

- Enhance their general medical skills
- Better recognize general medical pathology (including versus psychogenic presentations)
- Apply basic management of general medical conditions that arise frequently in a mental health population

### Expected EPAs:

#### F1 – Assessing, Diagnosing and Managing patients with Medical Presentations

- ➔ **All F1 contextual variables (CVs) must be completed before the end of PGY1.**
- ➔ Residents are expected to submit observations for relevant F1 CVs on each rotation, e.g. neuropsychiatric presentation on Neurology, medical emergency in Emergency Medicine, substance intoxication or overdose/withdrawal on Emergency Medicine or Addictions.
- ➔ On Emergency Medicine, residents are expected to complete either a daily ITAR or at least one EPA on each shift.

See specific [Rotation Objectives, including competencies](#)

### **PGY1 Psychiatry Rotations (one block each):**

General Adult Psychiatry

CEPS (Centralized Emergency Psychiatry Service)

Child and Adolescent Psychiatry

Geriatric & Consultation-Liaison Psychiatry

2x Elective rotations in Psychiatry

**Broad objectives (as represented by the specific competencies/objectives assessed in this block, which are on rotation outline and ITAR):**

On PGY1 psychiatry rotations, residents will:

- Interview and assess psychiatry patients
- Develop and implement treatment plans using medications and psychosocial management
- Create reliable documentation in a timely manner.

### Expected EPAs:

#### F2 – Psychiatric assessment

#### F3 – Management plans

#### F4 – Risk Assessment – particularly on CEPS rotation

See specific [Rotation Objectives, including competencies](#)

**PGY1 longitudinal requirements:**

4 Adult and 2 Child and Adolescent Junior **On call assessments** by the end of PGY1 year (London)

6 Junior **On call assessments** by the end of PGY1 year (Windsor)