

Community Collaboration- Promoting Resilience in at Risk Youths and Families

Friday, April 17, 2015

8:00 am – 4:00 pm

Four Points by Sheraton · 1150 Wellington Road South, London, Ontario

Objectives: By attending this conference participants will be able to:

1. Define Resilience as a process of interactions within an individual's environment.
2. Become familiar with strategies promoting resilience in young people and their families facing complex challenges.
3. Identify practical applications of strengths-based interventions sensitive to young people's cultural and contextual differences.
4. Identify community service providers in South Western Ontario available to address complex needs of young people and their families facing significant adversity.

PLENARY SESSION

“How Collaborative Services can Nurture Resilience Among Children, Youth and Families ”

Dr. Michael Ungar

Scientific Director, CYCC Network,
Founder and Co-Director, Resilience Research Centre, Dalhousie University

WORKSHOPS

“Tough Conversations: Nurturing Resilience when Young People's Problems are Very Complex ”

Dr. Michael Ungar, Ph.D.

“Consideration of Resilience and Family Factors in the Treatment of Children with Developmental Disabilities ”

Dr. Rob Nicolson, MD

Schulich School of Medicine & Dentistry, Western University

“Youth involved in the justice and child welfare systems: Engagement and Resiliency ”

Kathryn Lambert, Tina Diamond & Joeline Bamford

Children's Aid Society, London & Middlesex & London Family Court Clinic

“Supporting the Mental Health Needs of Students: Resilience Approaches in the School ”

Dr. Susan Rodger, PhD., C.Psych. & Dr. Alan Leschied, PhD., C.Psych.

Faculty of Education, Western University

AGENDA

7:45am – 8:30am: Registration

8:30am – 8:45am: Opening Remarks

8:45am – 10:15am: Plenary Presentation

10:15am – 10:30am: Break

10:30am – 12:00pm: Morning Workshop Session

12:00pm – 1:00pm: Lunch

1:00pm – 2:30pm: Afternoon Workshop Session

2:30pm – 2:45pm: Break

2:45pm – 3:30pm: Panel Discussion

3:30pm – 4:00pm: Closing Remarks/Evaluations

The Department of Psychiatry, University of Western Ontario is approved by the Canadian Psychological Association to offer continuing education for psychologists. The Department of Psychiatry, University of Western Ontario maintains responsibility for the program.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (6 hours).

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University, for up to 6 Mainpro-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.



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TO REGISTER: Complete this form and mail or fax to: Faye Slote, Department of Psychiatry, Parkwood Institute, Mental Health Care Building, Room F4-430, 550 Wellington Road, London, Ontario, N6C 0A7 or **FAX (519) 452-4591;** **PHONE (519) 685-8500 x75783;** **EMAIL** Faye.Slote@lhsc.on.ca

NAME: _____ **EMAIL** _____

Profession (Please Circle): C.Y.C. | M.D. | O.T. | Ph D. | R.N. | S.W. | Other _____

ORGANIZATION: _____ **PHONE:** _____

REGISTRATION FEES: Prices are per person; includes hot/cold lunch and refreshment breaks *please note any dietary requirements*

Early Bird (until April 1, 2015) - \$140; AFTER April 1, 2015- \$165

Staff associated with CAMHCP (LHSC Child and Adolescent, Parkwood Institute Adolescent Program) - **\$55**

PAYMENT: **CHEQUE** (payable to LHSC Research Inc.) **VISA** **MASTERCARD**

TOTAL FEE ENCLOSED: \$ _____

CARD NUMBER: _____ **EXPIRY (mm/yy):** _____

NAME ON CARD: _____

HOW DID YOU HEAR ABOUT THIS EVENT? _____

No confirmation of registration is issued. You should consider your payment of registration as accepted unless you are advised to the contrary. Receipts will be issued on the day of the conference. Cancellation & Refund Policy: We reserve the right to cancel this program due to insufficient registration or circumstances beyond our control. For a refund, a notice of cancellation must be received in writing by April 3, 2015. An administrative fee of \$20 will be charged for cancellation. We regret that refunds cannot be offered after this date.

Workshops – Please choose one session in each time slot

We will endeavor to accommodate your choices, however, workshop numbers are limited and may be assigned based on space availability.

Workshop session 1: 10:30 am to 12:00 pm

- Dr. Michael Ungar – Tough Conversations: Nurturing Resilience when Young People’s Problems are Very Complex
- Dr. Susan Rodger & Dr. Alan Leschied– Supporting the Mental Health Needs of Students: Resilience Approaches in the School
- Kathryn Lambert, Tina Diamond & Joelene Bamford-Youth involved in the justice and child welfare systems: Engagement and Resiliency
- Dr. Robert Nicolson– Consideration of Resilience and Family Factors in the Treatment of Children with Developmental Disabilities

Workshop session 2: 1:00 pm to 2:30 pm

- Dr. Michael Ungar – Tough Conversations: Nurturing Resilience when Young People’s Problems are Very Complex
- Dr. Susan Rodger & Dr. Alan Leschied– Supporting the Mental Health Needs of Students: Resilience Approaches in the School
- Kathryn Lambert, Tina Diamond & Joelene Bamford-Youth involved in the justice and child welfare systems: Engagement and Resiliency
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This event is sponsored in part by an educational grant from:

***Otsuka Canada Pharmaceutical Inc.
Purdue Pharma Canada***