

## CONFERENCE AGENDA

Time	Event	Room	Learning Objectives
0745-0830	Registration & Continental Breakfast	Hallway	
0830-0845	Welcome & Housekeeping	Bristol AB	
0845-1015	<p style="text-align: center;">Plenary: Dr. Michael Ungar            “How Collaborative Services can Nurture Resilience Among Children, Youth and Families”</p> <p style="text-align: center;">Discussion &amp; Q/A</p>	Bristol AB	<ul style="list-style-type: none"> <li>• Become familiar with a social ecological approach to individual and family intervention informed by research on resilience;</li> <li>• Understand the factors and processes associated with resilience that can be influenced by mental health and allied professionals;</li> <li>• Learn ways services can be structured and coordinated for children, youth and families that make resilience more likely to occur.</li> </ul>
1015-1030	Break	Hallway	
1030-1200	Workshops Session # 1		
	<p style="text-align: center;">Dr. Michael Ungar            “Tough Conversations: Nurturing Resilience when Young People’s Problems are Very Complex”</p>	Bristol AB	<ul style="list-style-type: none"> <li>• Discover how to use a real-life social ecological ‘map’ to engage young clients more fully in therapy.</li> <li>• Discuss how to build a mutual contract to achieve useful therapeutic goals that are personally and culturally meaningful to the child.</li> <li>• Explore how to help young clients successfully transition their success in therapy to their real-life social ecology.</li> </ul>
	<p style="text-align: center;">Dr. Susan Rodger &amp; Dr. Alan Leschied            “Supporting the Mental Health Needs of Students: Resilience Approaches in the School”</p>	Kensington 1	<ul style="list-style-type: none"> <li>• Why schools only makes sense in situating broad scale resiliency initiatives with youth</li> <li>• Familiarize the audience with current provincial and regional school based mental health initiatives and projects</li> <li>• Consider the necessary conditions for system (health care, child welfare and education) integration in support of child and youth mental health</li> <li>• View the school and community as a cultural entity through which interventions and resources will be culturally and contextually appropriate.</li> <li>• Develop understanding of action items to promote these conditions and move forward</li> <li>• Share tips and strategies for working together to promote resilience, strengthen resource and service delivery, and create safe and inclusive schools for children and families.</li> </ul>
	<p style="text-align: center;">Kathryn Lambert, Tina Diamond &amp; Joelene Bamford            “Youth involved in the justice and child welfare systems: Engagement and Resiliency”</p>	Kensington 2	<p>Participants will enhance their understanding of:</p> <ul style="list-style-type: none"> <li>• OnLac (Ontario Looking After Children) model and local data related to children in the care of CAS</li> <li>• 40 Developmental Assets and how to enhance assets to build resiliency in youth</li> <li>• Engagement strategies for youth who are at high risk</li> <li>• Youth Therapeutic Court Model</li> </ul>
	<p style="text-align: center;">Dr. Robert Nicolson            “Consideration of Resilience and Family Factors in the Treatment of Children with Developmental Disabilities”</p>	Bristol C	<ul style="list-style-type: none"> <li>• Recognize important familial factors in the presentation of children with developmental disabilities.</li> <li>• Understand the role of resiliency in the treatment of children with developmental disabilities</li> <li>• Understand the role of familial factors in the treatment of children with developmental disabilities.</li> </ul>
1200-1300	Lunch	Hallway	
1300-1430	Workshops session # 2- Speakers and Titles same as Session #1		
1430-1445	Break	Hallway	
1445-1530	Panel Discussion – All presenters	Bristol AB	
1530-1600	Closing / Evaluations	Bristol AB	