

## Psychiatry Department Communication

August 2019

### Department Overview

As we are enjoying beautiful summer weather, we are also busy with recruitment and building our leadership team. We are recruiting a new departmental vice-chair, who will work to augment our mentoring and faculty development program, as well as support our already strong research and teaching leaders. The next set of leadership searches will be our divisional chair/chiefs.

As previously announced, we are thrilled that Dr. Mohamad Elfakhani has taken the reigns as Site Chief at LHSC. Along with his SJHC Site Chief partner, Dr. Sandra Northcott, and our corporate partners, Jodi Younger and Julie Trpkovski, his leadership has already lead to significant improvements in meeting our summer consult-liaison needs as well as other key initiatives.

### Research Update

- ❖ After a highly competitive search, Dr. Arlene MacDougall will be our new Department Research Director. We are grateful to the superb applicants for their interest in advancing research in our department. Thank you also to our search committee members, Drs. Rushlow, Lanius, O'Reilly, Burhan, and Nicolson. We look forward to Dr. MacDougall's leadership as we continue to build our research portfolio.
- ❖ Gratitude to Dr. Heisel and Lindsay Cecile for their organizing another strong department research day. I believe many of us enjoyed hearing from Dr. Paul Kurdyak about his vision for psychiatric care delivery needs. The posters spoke to the impressive breadth and depth of our department.
- ❖ There are three chapters published in the book **Inpatient Geriatric Psychiatry: Optimum Care, Emerging Limitations, and Realistic Goals** by Book Depository CA, done with colleagues including our sub-specialty resident, Elyse Ross, and colleagues from geriatric medicine:
  - O'Regan N, Thain J, Thain A, **Burhan AM**. Acute Medical Events: Falls, Seizures, CVAs, Urinary Retention, Cardiac Events, Hypotension, SIADH, Dehydration, and Infection. In *Inpatient Geriatric Psychiatry 2019* (pp. 129-151). Springer, Cham.
  - Kerfoot K, **Burhan AM**. Alcohol and Substance Use Disorders in the Geriatric Psychiatry Inpatient: Acute Treatment, Detoxification, and Withdrawal. In *Inpatient Geriatric Psychiatry 2019* (pp. 189-199). Springer, Cham.
  - **Ross E**, Khan S, **Burhan AM**. Psychiatric Symptoms Comorbid with Neurological Syndromes. In *Inpatient Geriatric Psychiatry 2019* (pp. 201-218). Springer, Cham.

Learn more: [https://www.amazon.ca/dp/3030104001/ref=cm\\_sw\\_em\\_r\\_mt\\_dp\\_U\\_HpJfDbEMA5AAK](https://www.amazon.ca/dp/3030104001/ref=cm_sw_em_r_mt_dp_U_HpJfDbEMA5AAK)

## Education Update

- ❖ The Department of Psychiatry is pleased to announce the creation of a lasting medical student award to honour our friend and colleague, Dr. Rajendra Harricharan. The criteria for the award will reflect his characteristics that we hold dear: his kindness, compassion, commitment to serving the community, caring about the welfare of all, and integrity. Students of the graduating class will select the awardee.
  - To honour him at the 2020 graduation ceremony with this award, we need to raise \$25,000 by December 31, 2019. If we are unable to reach that goal by December, then we will contribute the amount raised to the medical school for student wellness. All contributions are appreciated, irrespective of size.
  - Dr. Harricharan touched, enhanced, and brightened the lives of many. Please help us keep his legacy of compassion alive. To donate, click here or [www.westernconnect.ca/harricharan](http://www.westernconnect.ca/harricharan) or print out this form and mail a check.
  - Thank you for your act of generosity. The Dr. Rajendra Harricharan Memorial Award Committee includes Drs. Dickey, Manchanda, Northcott, Riffin, Subramanian, and Varapran.



## Clinical Update

- ❖ At LHSC, we are grateful Drs. Jamie Gregor and Paul Dulay for partnering with us to create a hospitalist model for inpatient care. The transition, thanks to all, went smoothly and we look forward to welcoming more hospitalist colleagues.
- ❖ At LHSC and SJHC: Thanks to all who helped ensure that our ECT service can serve all patients, regardless of clinical complexity. This cross-site collaboration and a shared set of care delivery procedures is a terrific model for us as a department.

## Recruitment

- ❖ We continue to be in full swing with recruitment. At SJHC, we are looking for an inpatient doctor and forensic specialist. At LHSC, the emphasis is on recruiting inpatient physicians, both psychiatrists and hospitalists.
- ❖ This fall, we are welcoming four new faculty members to LHSC's ambulatory program.
- ❖ Tips for writing a strong letter of recommendation:
  - This website has a "before" and "after" example that describes the importance of being specific in support letters. Instead of writing that someone "was a great mentor," instead say, "was nominated by three students for the mentor of the year award."
  - Tell a story. It can be difficult to understand the significance of certain things from a CV and a LOR can tell a story about the importance. Instead of saying that someone created a new outpatient program, you can describe how the faculty member saw some unmet need, analyzed the gaps in services, and wrote a compelling business plan. Three years later, this clinician has served 483 patients, with a readmit rate of less than two percent. This unusual success rate was predominately due to the partnership with nursing to provide three times a week follow-up calls post-discharge. This approach saved the hospital \$158,000 annually.  
[https://www.aamc.org/members/gfa/faculty\\_vitae/148590/successful\\_nominations.html](https://www.aamc.org/members/gfa/faculty_vitae/148590/successful_nominations.html)

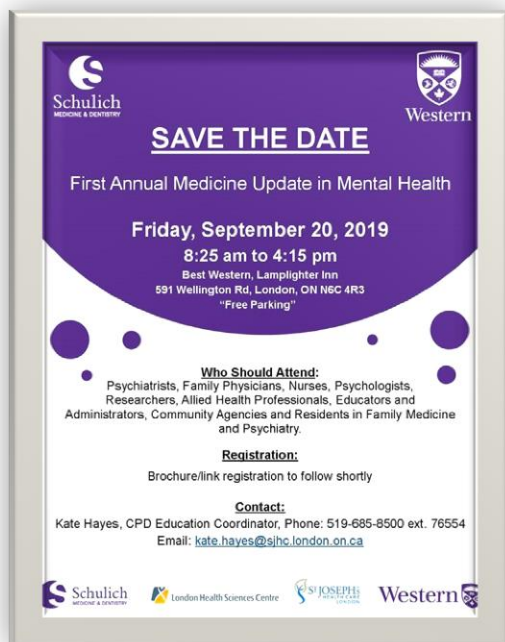
## Upcoming Events

### CPD Events:

- ❖ CPD Morning Round: September 12, 2019 Speaker – TBC
- ❖ Learning After Five (LAF):
  - September 18, 2019 – Dr. Greg Mattingly
  - September 23, 2019 – Dr. Mona Gupta

### Department Events:

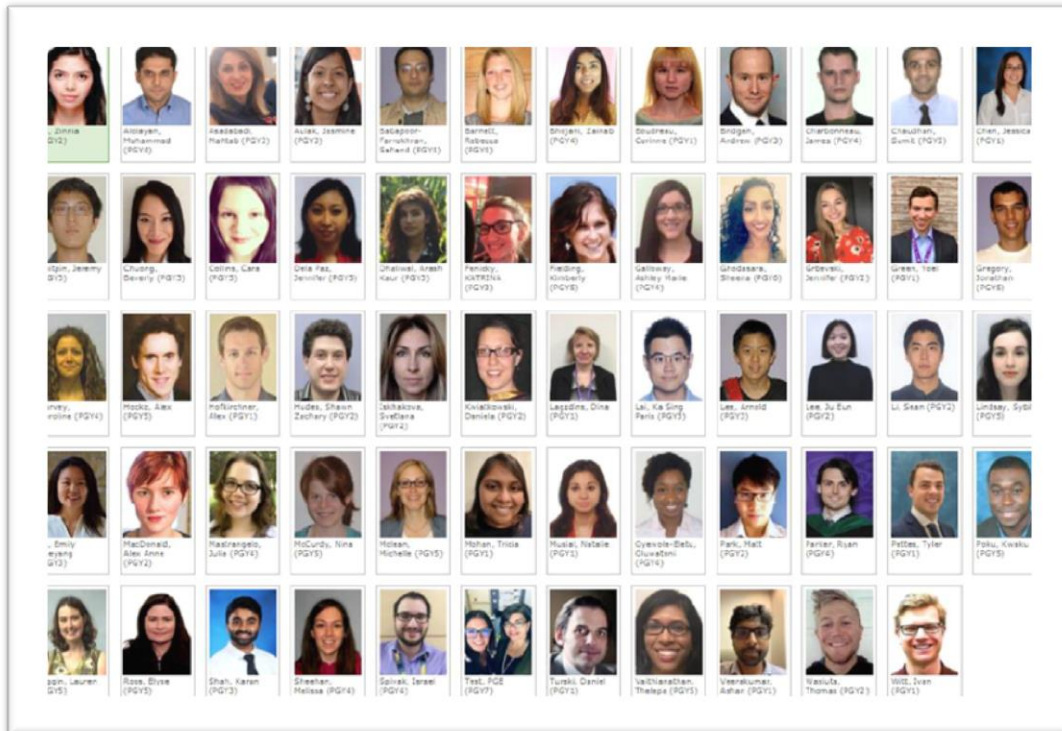
- ❖ Monday, September 9th – **Golf Tournament to honour Dr. Raj Harricharan** –As a department we will be celebrating our friend, Dr. Raj Harricharan, by playing golf, sharing a meal, and telling stories.
  - The details: Sunningdale Golf and Country Club, 465 Sunningdale Road, London
  - 1:30 p.m. start if you want to play 18 holes
  - 3:30 p.m. start if you are game for nine holes
  - 6:30 p.m. start if you prefer to come for dinner only
  - Please be sure to arrange clinical coverage if you are playing golf. There is a dress code; see here for more information:  
<https://www.sunningdalegolf.com/golf/guest-information.htm>
  - To register please follow this link :  
[https://www.schulich.uwo.ca/psychiatry/dr\\_harricharan\\_golf\\_invitational.html](https://www.schulich.uwo.ca/psychiatry/dr_harricharan_golf_invitational.html)
- ❖ Tuesday, October 29 at 3:00 - 5:00 p.m. – **Annual Business Meeting - Quarterly Department of Psychiatry Meeting** at the Parkwood Mental Health Care Building - F2-235 Auditorium. In this meeting, Jim McCormack, Finance Manager, will provide a detailed financial picture of the department. We will also have a special guest, Dean Watling, who will prepare us for the upcoming residency accreditation. We will also review how much we have achieved together this past year. This will be followed by a gathering at Dr. Chandlee Dickey's residence. – Details will be sent out shortly.



## Residents' Corner

### Psychiatry Residents – 2019-2020

Please welcome our residents.



## Acknowledgements & Celebrations

- ❖ After 35 years with the Department of Psychiatry, Dr. Bhadresh Surti retired from Parkwood Mental Health Care London on June 27th. Dr. Surti was one of nine faculty who received Professor Emeritus status at the Schulich School of Medicine and Dentistry Convocation on May 17th. We have been lucky to have him as a mentor, a colleague and a friend.



*Dr. Bhadresh retirement breakfast on June 19. Pictured are Dr. Dickey, Dr. Surti and Dr. Sandra Fisman and Dr. Abhey Singh and Dr. Surti.*

- ❖ Our departmental family just grew. On July 8, Dr. Frank Symons and his wife, Tammy, welcomed their fourth child, Wesley Xiaoyu Symons. Frank reports that mom and baby are doing well! Congratulations!