

Psychiatry Department Communication

February 2020

epartment Overview

Dear colleagues,

As the days start to lengthen, we are actively planning some exciting educational activities for you. First is the Cutting Edge Neuroscience Deserves Cutting Edge Teaching, a day-long workshop designed by Drs. David Ross and Ashley Walker. They are leading experts in adult learning theory and creative teaching methods. The day will include diverse learning opportunities such as playing a board game to facilitate discussions on well-being, molding Play-Doh into neuronal receptors, using hot topics in the media as a gateway to neuroscience, and drawing brain pathways to help patients learn about their own brains. Save April 1st as a day for your own growth as a teacher. It promises to be great fun.

We are also exploring ways of engaging in discussions around issues of the hidden curriculum. We all know what the explicit curriculum is, those learning objectives that we spell out to our learners. But we may not be paying enough attention to the hidden curriculum, which is the non-explicit teaching that occurs every time we are with our learners. Our students watch us carefully: how we talk about our patients, fellow staff and faculty members; how carefully we listen to resident presentations or review medical student notes; and how we use our body language, prosody, and gestures. The term, hidden curriculum, can refer to positive learning opportunities as well as negative.

In the coming weeks and months you will be hearing more about educational offerings regarding the hidden curriculum. We hope to create a learning atmosphere for these sessions that is fun and supportive. If you are interested in helping to design these offerings, please let me know.

The Merit Based Recognition Committee held a fruitful meeting. Through the committee's robust discussion, we decided to also hold an annual Stakeholders meeting. The purpose of this meeting is to hear about priorities from the larger community affected by our academic efforts. This Stakeholders group will include representation from medical students, residents, patients from patient advisory councils, family members from hospital advocacy groups, community partners, and someone from the Department of Medicine. We believe this broader perspective will enrich our understanding of what people value in our Department.

Finally, as we improve our General Psychiatry Residency Program, know that this is an "all in" endeavor. Each of us will need to play a role in reorganizing and strengthening our program. With our collective wisdom, creativity, and dedication, I am optimistic for the future of our program and our trainees.

- *Chandlee Dickey*



Vice Chair update

Dr. Burhan is working with the new and current faculty members in the Department to update mentorship committees for each faculty with the goal of tying mentorship with academic role category (ARC) and the promotion path. He already met with several faculty members and will continue to do so over the next 6 months. He is working on creating a “promotion map-clock”, a tool to facilitate the review of promotion readiness by the faculty, their leaders and their mentorship committee.



Geriatric Psychiatry

Sub-specialty program in geriatric psychiatry that was recently fully accredited is pleased to fill the two spots for the July 2020, we welcome **Dr. Zainab Bhojani** and **Dr. Israel Spivak**. Also, we are pleased to share that the sub-specialty program in Geriatric Psychiatry was nominated for the 2020 Professional Association for Residents of Ontario (PARO) Residency Program Excellence Award for consistently providing positive experience for residents.

We continue to offer pragmatic intervention studies for patients and families dealing with Alzheimer disease and agitation. One such study is the S-CitAD study, which is offered to community or retirement home dwelling patients with Alzheimer or Alzheimer/vascular mixed illness with agitation, no history of failed trial of Citalopram or S-Citalopram, not currently on antidepressant (or if on, likely to be tapered due to lack of benefit or no indication), acceptable if on stable dose of other medications, we are happy to screen so please consider to refer by contacting Dr. Burhan on amer.burhan@sjhc.london.on.ca or call 519-6466100 x48170

Therapeutic Brain Stimulation:

We continue to offer state-of the art electroconvulsive therapy, repetitive transcranial magnetic stimulation therapy (rTMS) and novel interventions like magnetic seizure therapy (MST), which is now provided as part of a pragmatic, intervention study for patients with bipolar depression. Below are details of the latter study:

CORRECT-BD: this is Brain Canada funded clinical trial for Magnetic Seizure Therapy vs. Ultra-brief Right Unilateral electroconvulsive therapy (titrated to individual dose) in bipolar depression (Bipolar I or II) patients 18 plus age, inpatients or outpatients, in a state of MDD without psychosis. As long as there is no other predominant mental illness please refer and we can pre-screen and decide if eligible so please consider to refer by contacting Dr. Burhan on amer.burhan@sjhc.london.on.ca or call 519-6466100 x48170

Clinical Updates

Vanessa's Law requires all hospitals in Canada to report all serious Adverse Drug Reactions and Medical Device Incidents to Health Canada within 30 days of the initial discovery. Psychiatrists working in hospital settings need to be aware of their reporting requirements. This new legislation is expected to make care safer for Canadians regarding licensed medical devices and prescribed medications.

[See the “Enhancing Patient Safety” PDF on the newsletter webpage.](#)



Dr. Joy Abramson has succeeded Dr. Naveed Rizvi as CPD coordinator for the Division of Child and Adolescent Psychiatry. Joy is currently organizing the annual division conference which will take place **April 24, 2020** at the Best Western Lamplighter here in London.

The conference, **“Building Mental Health Resilience in the Face of Social Disadvantage”**, will focus on the work of University of Toronto Professor **Dr. Kathleen Gallagher**. Dr. Gallagher will give the keynote presentation and the morning workshops will be based on her work. One of these workshops will be run by our very own Dr. Arlene MacDougall.

The afternoon will begin with a play sponsored by AMS Phoenix, “Crossing the White Line”. The play, shown in video form, will lead into 3 unique workshops addressing themes of grief, bereavement and forgiveness.



SAVE THE DATE

FRIDAY, APRIL 24th, 2020

Division of Child and Adolescent Psychiatry Annual Conference

“Building Mental Health Resilience in the Face of Social Disadvantage”





Keynote Speaker:
Dr. Kathleen Gallagher

Featuring: Crossing the White Line

A play written by Michael Mulvihill exploring two protagonists who have very different “truths” to tell and who in the telling, discover much more about themselves than they ever could have had they remained as solitudes.
(Participatory workshops follow to translate themes into action)

Contact Jason Widdes - Jason.Widdes@sjhc.london.on.ca
Or [visit our website](#)





The Academic Medical Organization of Southwestern Ontario (AMOSO) is hosting the 4th annual **Physician Leadership Institute (PLI)** course which will take place March 20 – 21, 2020.

Each year the Department of Psychiatry nominates faculty to attend the event. This year's theme is **“Building and Leading Teams”**

We look forward to hearing from our colleagues about what they learned.

Nominated Faculty:

**Dr. Varinder Dua,
Dr. Ajay Prakash,
Dr. Viraj Mehta,
Dr. Sreelatha Varapran,
Dr. Lisa VanBussel,
Dr. Priya Subramanian**

Learning Objectives:

- Discuss the goals and attributes of team leadership;
- Explore the attributes of a high-performing team;
- Discuss how to empower teams and build a team culture;
- Examine the special dynamics of inherited teams;
- Identify the challenges of leading inherited teams that are dysfunctional or high-performing;
- Demonstrate skills to lead both dysfunctional and high-performing inherited teams;
- Diagnose conflict in a team;
- Explore skills needed to manage different kinds of conflict in a team;
- Practice providing timely, direct, and constructive feedback to the team as a group and to individual team members.



Dr. Julie Richard has been selected as the new PEPP Program Physician Clinical Lead, **Dr. Jedrin Ngungu** will be our new Inpatient Services Medical Director and **Dr. Kamini Vasudev** our new Ambulatory Services Medical Director! They will take on their role effective February 1st, 2020!

We would also like to thank **Dr. Lena Palaniyappan** for his years of service as lead of the PEPP program and **Dr. Viraj Mehta** for years of service as our CEPS Physician Clinical Lead!

Please join us in welcoming to **Dr. Mahesh Nachnani** who will be officially joining us February 18, 2020 to do Consultation/Liaison psychiatry work as well as Outpatient work!



Dear Colleagues,

I am pleased to announce the 2019/20 Department of Psychiatry research seed funding competition.

As noted in the call for submissions, the primary intent of this competition is to support research by trainees (including residents, graduate students, and fellows) and junior faculty members. However, given on-going funding challenges in health research, we remain open to providing research funding support for mid- and senior-level researchers. All members of Western University's Department of Psychiatry are welcome to apply. Applications should clearly present study methodology, whether of a quantitative, qualitative, or mixed-methods approach.

The maximum budgetary amount available to support each project in this competition is \$7,500; smaller funding requests will also be considered. The deadline for applications is February 19th, 2020.

Please complete your application, noting the attached guidelines set out for this competition. Once completed, please save a copy for your files and submit an electronic copy along with any attachments to Nicole Snake (Nicole.snake@sjhc.london.on.ca).

You will receive an e-mail acknowledging receipt of your application. If you do not receive an acknowledgement of your submission within 2 working days, please contact Nicole Snake, Administrative Assistant for the Department of Psychiatry, at (519) 685-8500 x 47240. You may also feel free to contact me with any questions or concerns.

We look forward to receiving your application!

Sincerely,

Nicole Snake
Administrative Assistant for Dr. Arlene MacDougall,
Director of Research, Department of Psychiatry
Schulich School of Medicine & Dentistry, Western University
Director of Research and Innovation Parkwood Institute Research - Mental Health
Lawson Health Research Institute and St. Joseph's Health Care London
t. 519.646.6100 ext 47240
f. 519.455.5090

[Visit the Newsletter webpage for the application](#)

A decorative graphic at the bottom of the page consisting of a solid purple shape with a wavy, undulating top edge that spans the width of the page.

Upcoming Events

FACULTY DEVELOPMENT WORKSHOPS

Please see the Posters below for upcoming faculty development workshops. Schulich Faculty can find updated CPD offerings related to faculty development by visiting this link:

https://www.schulich.uwo.ca/continuingprofessionaldevelopment/teaching_and_learning_resources/schulich_faculty_development/_upcoming_faculty_development_workshops.html

- New workshops are accepting registration:

- Mentoring a Learner in Difficulty, **February 22, 1-4pm**
- Key Feature Questions Development, **February 26, 4-5:30 pm**
- Should I Be Promoted? A Workshop for Clinical Academics at the Associate Professor Rank, **March 11, 4:30-7pm**
- How to Get Promoted: Clinical Academics from Assistant to Associate Professor, **April 22, 4:30-7pm**



If you have any questions, please contact Megan Baxter, Program Administrator, CPD, at megan.baxter@schulich.uwo.ca or 519.661.2111 x85125.

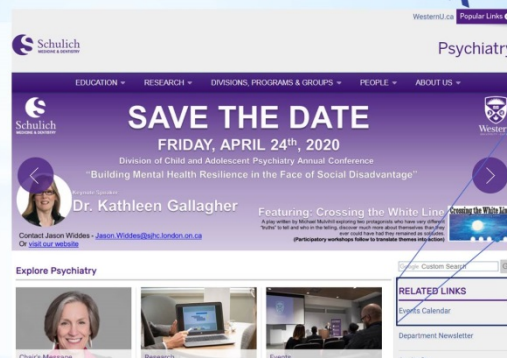
[Visit the Newsletter webpage for Poster PDFs](#)

PSYCHIATRY EVENTS CALENDAR

Check out our events calendar here, or see the link on the psychiatry home page under “Related Links”

Don't see your event? Want us to add something? Let us know:

Jason.widdes@sjhc.london.on.ca



RELATED LINKS

Events Calendar





Upcoming Events Continued...

February 5th

- Psychiatry Leadership Council 2nd Retreat – Ivey Spencer 2:00 pm – 6:00 pm

February 11th

- Department of Psychiatry Quarterly Meeting – Best Western Lamplighter hotel
d'oeuvres 3:30 pm – 4:00 pm, meeting 4:00 pm – 5:00 pm. Future Quarterly Meetings: Details TBA

April 1st

- [Cutting Edge Neuroscience Deserves Cutting Edge Teaching](#)
Dr. David Ross (Yale) & Ashley Walker – Innovative Approaches to Teaching
 - o 8:00 am to 4:30 pm @ Best Western

April 24th

- [Division of Child and Adolescent Psychiatry Annual Conference](#)

May 7th

- Department Quarterly Meeting
3-4pm VH C3 301 A/B

Aug 20th

- Department Quarterly Meeting
3-4pm PW F4 201/202



Nov 4th

- 18th Annual Geriatric Psychiatry Conference

Nov 5th

- Joint Mental Health Research and Innovation Day 2020
 - o Time: 8:30 am - 4:30 pm
 - o Location: Best Western Lamplighter Inn, London



Thank you to all those who attended this year's Winterfest!

