

## Application for Resident Training Program In the Management of Spasticity

November 7-10, 2019

Ivey Spencer Leadership Centre, London, ON

Please **PRINT** clearly!

Applicant Name:

Mailing Address:

Phone:

Fax:

Email:

Program/Year of Training:

Program Director:

University:

Experience in Spasticity Management (months):

Please Submit Application to:

Ann Varallo

Fax: 519-646-6174

Email: ann.varallo@sjhc.london.on.ca

Cheques Payable to: Canadian Spasticity Resident Training Program

Applications must be received by September 30, 2019



### Program Description

The Resident Training Program in the Management of Spasticity is a national educational initiative designed to enhance residents' experience with the treatment and management of spasticity. It is intended for Canadian PM&R and Neurology Residents in their final training years.

### Program Objectives

By the end of the program, it is expected that resident will have an increased understanding of, and experience with, the treatment and management of spasticity including pathophysiology and specific treatment modalities.

### Program Eligibility

The Resident Training Program in the Management of Spasticity is open to Canadian PGY 4 and PGY 5 residents of PM&R and Neurology. Enrolment is limited to 50 residents on a first-come-first-serve basis.

### Canadian Spasticity Group

2019 Steering Committee

- **Dr. Thomas Miller** – Co-Chair  
(Physiatrist, London)  
T: 519-646-6100 Ext. 65364  
tmiller@uwo.ca
- **Dr. Sarah Morrow** – Co-Chair  
(Neurologist, London)  
T: 519-663-3874  
sarah.morrow@lhsc.on.ca
- **Dr. Chris Boulias**  
(Physiatrist, Toronto)  
T: 416-243-3680  
chris.boulias@westpark.org
- **Dr. Lalith Satkunam**  
(Physiatrist, Edmonton, AB)  
T: 780-735-8870  
lalith.satkunam@capitalhealth.ca
- **Dr. Stephen McNeil**  
(Physiatrist, Calgary, AB)  
T: 403-944-4224  
stephen.mcneil@calgaryhealthregion.ca

## Fifth CSG Resident Training Program In the Management of Spasticity

For Residents of **Physical Medicine  
and Rehabilitation (PM&R) and  
Neurology**

**November 7-10, 2019**  
Ivey Spencer Leadership Centre  
551 Windermere Road  
London, ON, N5X 2T1



## Program Overview

The resident program is designed to be both didactic and interactive. It will expose residents to the treatment and management of spasticity through a combination of learning methodologies including:

1. Case-based study
2. Interactive lectures
3. Clinical links in the Anatomy Lab

## Program Flow

The Resident Program will roll out over four days as follows:

Day 1 Thursday November 7 <sup>th</sup> 2019	Day 2 Friday November 8 <sup>th</sup> 2019	Day 3 Saturday November 09 <sup>th</sup> 2019	Day 4 Sunday November 10 <sup>th</sup> 2019
Afternoon/Evening	Morning/Afternoon	Morning/ Afternoon	Morning
<p>4:00 pm Check in</p> <p>5:00 - 5:15 pm – Welcome • Drs. Miller/Morrow</p> <p>5:15 - 6:00 pm – Assessment And Overall Management • Drs. Miller/Morrow</p> <p>6:30 - 7:30 pm – Spasticity: Risk Factors, Clinical Implications and Treatment Dr T Wein</p> <p>7:30 pm: Dinner: Ivey Spencer Centre</p>	<p>7:00 - 7:50 am: Breakfast</p> <p>8:00 - 9:00 am: Pathophysiology of Spasticity • Dr. Satkunam</p> <p>9:00 - 9:30 am – Spastic Paraparesis Dr C Casserly</p> <p>9:30 – 10:15 Pharmacologic Management Dr C Boulias</p> <p>10:30 - 10:45 am: Break</p> <p>10:45 – 11:30 pm – Chemodeneration Dr. S McNeil</p> <p>11:30 – 12:20 Case Management Jeopardy Dr G Sirois</p> <p>12:30 - 1:10 pm – Lunch</p> <p>1:10 - 1:50 pm – Complex System Management in Neurological Disease Dr. Gofton</p> <p>1 :50 - 2:30 pm – Marijuana and Spasticity/Lessons Learned Dr. Sequeira</p> <p>2:30 - 3:15 pm – Surgical Options in Spasticity Drs. Miller/Carey/Satkunam</p> <p>3:15 - 4:00 pm – Surgical Options in Upper Limb Tone Related Impairment Drs. Sequeira/Faber</p> <p>4:15 - 4:30 pm – Break</p> <p>4:30 - 6:30 pm – Bracing, Casting and Splinting/Practical Workshops – Small Groups Rotate • Drs. Payne and Viana</p> <p>Dinner on your own</p>	<p>7:30 - 8:00 am: Breakfast</p> <p>8:00 - 8:40 am - Pathophysiology of Dystonia • Dr. Jog</p> <p>8:45 - 9:30 am – Medical Management of Dystonia •</p> <p>9:30 - 10:15 am – Multiple Sclerosis • Dr. Morrow</p> <p>10:15 - 10:45 am – Break</p> <p>10:45 - 11 :30 am – Neurosurgical Management of Tone and Pain • Dr. Maccougall</p> <p>11:30 - 12:20 pm – Intrathecal Baclofen • Dr. Ethans</p> <p>12:20 - 1 :20 pm – Lunch</p> <p>1:30 - 2:10 pm – Cerebral Palsy and the Management of Tone Related Impairment • Dr. Cassidy</p> <p>2:15 - 5:00 pm – Anatomy Lab UWO Schulich School of Medicine and Dentistry – (Bus provided) – Faculty</p> <p>Refresh your brain Run, walk, jog</p> <p>Dinner: Ivey Spencer Centre</p>	<p>7:30 - 8:30 am: Breakfast</p> <p>8:30 - 12:30 pm: Case-based Learning Workshop</p> <ul style="list-style-type: none"> <li>• Focal Spasticity (UE) (Drs. McNeil, Sirois)</li> <li>• Focal Spasticity (LE) (Drs. Boulias,)</li> <li>• Ultrasound and Spasticity (Drs. Satkunam O Khan)</li> <li>• General Spasticity (Drs. Ethans, Morrow)</li> </ul> <p>12:30 - 1:30 pm – Lunch</p> <p>Travel Home</p>

## Program Date and Location

Fifth Resident Training Program: Thursday, November 9<sup>th</sup> to Sunday, November 12<sup>th</sup> 2019 inclusive.

### Venue/Accommodation/Meals:

Ivey Spencer Leadership Centre  
551 Windermere Road, London, ON  
T: 519-679-4546  
<http://www.dolce-spencer-leadership-centre-hotel.com>

## Applying to the Program

For your convenience, an application form has been included in this brochure. Simply complete the form and fax back to the number listed at bottom of application. Application forms can be picked up from any of the PM&R and Neurology Program Directors or Faculty, or by contacting one of the Program Chairs.

Deadline for application:

September 30, 2019  
(limited to first 50 senior residents in Neurology and PM&R, PGY 4/5)

## Cost for the Program

Cost of the program is \$300.00. This will include accommodation, educational materials and most meals. Cheques payable to: Canadian Spasticity Resident Training Program

## Additional Information

For additional information, please contact one of the Steering Committee members or:

### Ann Varallo

T: 519-646-6100 Ext 65364  
Fax: 519-646-6174  
Email: [ann.varallo@sjhc.london.on.ca](mailto:ann.varallo@sjhc.london.on.ca)

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