

Otolaryngology – Head and Neck Surgery: Transition to Practice EPA #6

Developing a personal learning plan for continuing personal and professional development

Key Features:

- This EPA may include a variety of scenarios. Examples include: a plan to act on the performance gaps identified in another EPA; a plan to prepare for fellowship training; a plan to prepare for practice in a specific setting (i.e. community) and/or a setting requiring distinct skills.
- The plan should be SMART(specific, measureable, assessable, realistic, timely)

Assessment plan:

Supervisor does assessment based on review of resident's submission of a personal learning plan

Use Form 1

Relevant milestones

- 1 TP ME 1.4.1** Demonstrate an awareness of the context of practice, including what is required to practice safely and effectively in a community practice, and exercise the ability to adapt to that context
- 2 TP L 4.3.1** Implement processes to ensure personal practice improvement
- 3 TP S 1.1.1** Develop, implement, monitor, and revise a personal learning plan to enhance professional practice
- 4 TP S 1.2.1** Identify opportunities for learning and improvement by regularly reflecting on and assessing their performance using various internal and external data sources
- 5 TP S 1.3.2** Engage in collaborative learning to continuously improve personal practice and contribute to collective improvements in practice
- 6 C S 3.1.1** Generate focused questions to address practice uncertainty and knowledge gaps
- 7 TP P 2.1.1** Demonstrate accountability to patients, society, and the profession by recognizing and responding to societal expectations of the profession
- 8 TP P 4.1.1** Exhibit self-awareness and effectively manage influences on personal well-being and professional performance
- 9 TP P 4.1.2** Develop a personal plan for managing stress and maintaining physical and mental well-being during independent practice
- 10 TP P 4.2.1** Develop a strategy to manage personal and professional demands for a sustainable independent practice