

Otolaryngology – Head and Neck Surgery: Foundation EPA #6

Assessing and providing initial management for patients with nasal obstruction

Key Features:

- This EPA includes performing a flexible nasopharyngolaryngoscopy and may include rigid sino-nasal endoscopy and/or foreign body removal
- This EPA does not include surgical management

Assessment plan:

Supervisor does assessment based on direct observation

Use Form 1. Form collects information on:

- Case complexity: low; medium; high
- Diagnosis: rhinosinusitis; deviated nasal septum; foreign body; septal hematoma; other

Collect 4 observations of achievement

- At least 1 rhinosinusitis
- At least 1 deviated nasal septum

Relevant milestones

- 1 F ME 1.4.1** Apply knowledge of clinical and biomedical sciences as relevant to Otolaryngology Head and Neck Surgery
- 2 F ME 1.4.7** Apply knowledge of medication dosing in pediatric patients
- 3 F ME 1.4.10** Apply clinical and biomedical sciences to manage patient presentations in Otolaryngology – Head and Neck Surgery
- 4 F ME 2.2.7** Identify and differentiate normal and abnormal findings in history and physical exam
- 5 F ME 2.2.13 Perform and interpret findings of office-based exams**
 - **Flexible nasopharyngolaryngoscopy with or without topical anesthesia**
- 6 F ME 2.2.14** Develop a specific differential diagnosis relevant to the patient's presentation, for common Oto-HNS presentations
- 7 F ME 2.2.15 Select and interpret appropriate investigations for common Otolaryngology-Head and Neck Surgery presentations, based on a differential diagnosis**
- 8 F ME 2.3.1** Work with patients and their families to understand relevant options for care
- 9 F ME 2.4.1 Develop, implement and document initial management plans for common problems in Otolaryngology – Head and Neck Surgery**
- 10 F ME 2.4.3** Ensure that the patient and family are informed about the risks and benefits of each treatment option in the context of best evidence and guidelines
- 11 F ME 3.1.1** Describe the indications, contraindications, risks, and/or alternatives for a given procedure or therapy
- 12 F ME 3.1.5** Describe to patients common procedures or therapies for common conditions in their discipline
- 13 F ME 3.2.1** Obtain informed consent for commonly performed medical and surgical procedures and therapies, under supervision
- 14 F ME 3.2.2** Document the consent discussion accurately

- 15 **F ME 3.4.7 Perform common Oto- HNS procedures in a skillful, fluid, and safe manner with minimal assistance**
- 16 **F ME 3.4.10** Establish and implement a plan for post-procedure care of the listed procedures
- 17 **F ME 4.1.1** Ensure follow-up on results of investigation and response to treatment
- 18 **F COM 2.1.1** Conduct a patient-centred interview, gathering all relevant biomedical and psychosocial information for any clinical presentation
- 19 **F COM 2.1.2** Demonstrate knowledge of techniques for eliciting health information from children and their families
- 20 **F COM 2.2.1** Conduct a focused and efficient patient interview, managing the flow of the encounter while being attentive to the patient's cues and responses
- 21 **F COM 2.3.1** Seek and synthesize relevant information from other sources, including the patient's family, with the patient's consent
- 22 **F COM 4.3.1** Answer questions from the patient and family about next steps
- 23 **F COM 5.1.2** Document information about patients and their medical conditions in a manner that enhances intra-and interprofessional care
- 24 **F COM 5.1.3 Document clinical encounters to adequately convey clinical reasoning and the rationale for decisions**
- 25 **F COL 1.1.3 Receive and appropriately respond to input from other health care professionals**
- 26 **F COL 1.3.2 Integrate the patient's perspective and context into the collaborative care plan**
- 27 **F HA 1.2.1 Select patient education resources related to Oto - HNS**
- 28 **F HA 1.3.1 Work with the patient and family to identify opportunities for disease prevention, health promotion, and health protection**