

Otolaryngology – Head and Neck Surgery: Core EPA #20

Assessing and managing patients with disorders of the thyroid glands (JC) a. Providing surgical management of uncomplicated patients requiring a thyroidectomy (SC)

Key Features:

- The observation of this EPA is divided into three parts: patient assessment; performing procedures (thyroidectomy, hemithyroidectomy) and providing follow-up of patients with thyroid cancer
- The patient assessment aspects of this EPA may include biopsy and thyroid ultrasound

Assessment plan:

Part A: Patient Assessment

Supervisor does assessment based on direct or indirect observation

Use Form 1. Form collects information on:

- Type of problem: nodule; malignancy; other

Collect 4 observations of achievement

- At least 2 nodules
- At least one malignancy
- At least 2 different assessors

Part B: Procedure – Senior Core

Supervisor does assessment based on direct observation

Use Form 2. (O-score criteria) Form collects information on:

- type of procedure: thyroidectomy; hemithyroidectomy
- etiology: known cancer; suspected cancer; other

Collect 4 observations of achievement

- at least one known or suspected cancer

Part C: Follow-up

Supervisor does assessment based on direct or indirect observation

Use Form 1. Form collects information on:

- location: clinic; tumour board

Collect 3 observations of achievement

Relevant milestones (Part A)

- 1 C ME 1.4.1** Apply a broad base and depth of knowledge in the basic and clinical sciences relevant to Oto-HNS
 - Endocrinologic and metabolic pathophysiology
 - Pharmacology pertaining to management of head and neck neoplasia and endocrinologic/metabolic disorders
- 2 C ME 1.4.2** Apply a broad base and depth of knowledge in clinical and biomedical sciences to

- the medical and surgical management of the breadth of patient presentations in Oto - HNS
- 3 **F ME 1.4.9** Apply the principles of diagnostic imaging
 - 4 **C ME 1.5.1** Perform clinical assessments that address the breadth and depth of issues in each case
 - 5 **C ME 1.7.1** Adapt care as the complexity, uncertainty, and ambiguity of the patient's clinical situation evolves
 - 6 **C ME 2.2.1** Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion
 - 7 **C ME 2.2.9 Select and interpret appropriate investigations for any Oto-HNS presentation based on a differential diagnosis**
 - 8 **C ME 2.3.2** Address the impact of the medical condition on the patient's ability to pursue life goals and purposes
 - 9 **C ME 3.1.2 Integrate all sources of information to develop a procedural or therapeutic plan that is safe, patient-centred, and considers the risks and benefits of all approaches**
 - 10 **C ME 3.1.3** Integrate planned procedures or therapies into global assessment and management plans
 - 11 **C ME 3.2.1 Obtain informed consent for complex medical and surgical procedures and therapies**
 - 12 **C ME 3.2.2** Use shared decision-making in the consent process, taking risk and uncertainty into consideration
 - 13 **C ME 3.3.1 Triage a procedure or therapy, taking into account clinical urgency, potential for deterioration, and available resources**
 - 14 **C COM 2.1.1** Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information
 - 15 **C COM 2.1.2** Integrate, summarize, and present the biopsychosocial information obtained from a patient-centred interview
 - 16 **C COM 2.1.3** Actively listen and respond to patient cues
 - 17 **C COM 3.1.1 Provide information on diagnosis and prognosis in a clear, compassionate, respectful, and objective manner**
 - 18 **C COM 3.1.2** Convey information related to the patient's health status, care, and needs in a timely, honest, and transparent manner
 - 19 **C COM 4.1.1** Facilitate discussions with the patient and family in a way that is respectful, non-judgmental, and culturally safe
 - 20 **C COM 4.3.1 Use communication skills and strategies that help the patient and family make informed decisions regarding their health**
 - 21 **C COM 5.2.2** Communicate effectively using a written health record, electronic medical record, or other digital technology
 - 22 **F COL 1.2.3** Consult as needed with other health care professionals, including but not limited to other physicians or surgeons
 - 23 **C P 1.1.3** Exhibit appropriate professional behaviours and relationships in all aspects of practice, reflecting honesty, integrity, humility, commitment, compassion, respect, altruism, respect for diversity, and maintenance of confidentiality
 - 24 **C P 1.2.1** Demonstrate a commitment to excellence in all aspects of practice

Relevant milestones (Part C)

- 1 **C ME 1.4.2** Apply a broad base and depth of knowledge in clinical and biomedical sciences to the medical and surgical management of the breadth of patient presentations in Oto - HNS
- 2 **C ME 2.3.1 Establish goals of care, which may include achieving cure, improving function, slowing disease progression, treating symptoms, and palliation, in collaboration with patients and their families**
- 3 **C ME 2.4.1** Develop , implement, and document management plans that consider all of the patient's health problems and context in collaboration with patients and their families and, when appropriate, the interprofessional team

- 4 **C ME 2.4.5** Provide timely and adequate responses to complications and undesired side effects of treatment
- 5 **C ME 4.1.2 Establish plans for ongoing care**
- 6 **C ME 4.1.3 Accurately identify situations that necessitate consultation of other health professionals to assist in the management of disorders encountered in Oto - HNS**
- 7 **C COM 2.1.3** Actively listen and respond to patient cues
- 8 **C COM 3.1.1** Provide information on diagnosis and prognosis in a clear, compassionate, respectful, and objective manner
- 9 **C COM 3.1.2 Convey information related to the patient's health status, care, and needs in a timely, honest, and transparent manner**
- 10 **C COM 4.3.1** Use communication skills and strategies that help the patient and family make informed decisions regarding their health
- 11 **F COL 1.2.3 Consult as needed with other health care professionals, including but not limited to other physicians or surgeons**
- 12 **C COL 1.2.1** Recognize, value, and utilize the expertise of interprofessional team members
- 13 **C COL 1.2.2** Liaise with intersecting health professions
- 14 **C COL 1.3.1 Provide timely and necessary information to colleagues to enable effective relationship-centered care**
- 15 **F COL 1.3.3** Communicate effectively with physicians and other colleagues in the health care professions