Otolaryngology – Head and Neck Surgery: Core EPA #20

Assessing and managing patients with disorders of the thyroid glands (JC)
a. Providing surgical management of uncomplicated patients requiring a thyroidectomy (SC)

Key Features:
- The observation of this EPA is divided into three parts: patient assessment; performing procedures (thyroidectomy, hemithyroidectomy) and providing follow-up of patients with thyroid cancer
- The patient assessment aspects of this EPA may include biopsy and thyroid ultrasound

Assessment plan:

Part A: Patient Assessment
Supervisor does assessment based on direct or indirect observation

Use Form 1. Form collects information on:
- Type of problem: nodule; malignancy; other

Collect 4 observations of achievement
- At least 2 nodules
- At least one malignancy
- At least 2 different assessors

Part B: Procedure – Senior Core
Supervisor does assessment based on direct observation

Use Form 2. (O-score criteria) Form collects information on:
- type of procedure: thyroidectomy; hemithyroidectomy
- etiology: known cancer; suspected cancer; other

Collect 4 observations of achievement
- at least one known or suspected cancer

Part C: Follow-up
Supervisor does assessment based on direct or indirect observation

Use Form 1. Form collects information on:
- location: clinic; tumour board

Collect 3 observations of achievement

Relevant milestones (Part A)

1. **C ME 1.4.1** Apply a broad base and depth of knowledge in the basic and clinical sciences relevant to Oto-HNS
   - Endocrinologic and metabolic pathophysiology
   - Pharmacology pertaining to management of head and neck neoplasia and endocrinologic/metabolic disorders

2. **C ME 1.4.2** Apply a broad base and depth of knowledge in clinical and biomedical sciences to
the medical and surgical management of the breadth of patient presentations in Oto - HNS

F ME 1.4.9 Apply the principles of diagnostic imaging
C ME 1.5.1 Perform clinical assessments that address the breadth and depth of issues in each case
C ME 1.7.1 Adapt care as the complexity, uncertainty, and ambiguity of the patient's clinical situation evolves
C ME 2.2.1 Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results for the purpose of diagnosis and management, disease prevention, and health promotion
C ME 2.2.9 Select and interpret appropriate investigations for any Oto-HNS presentation based on a differential diagnosis
C ME 2.3.2 Address the impact of the medical condition on the patient's ability to pursue life goals and purposes
C ME 3.1.2 Integrate all sources of information to develop a procedural or therapeutic plan that is safe, patient-centred, and considers the risks and benefits of all approaches
C ME 3.1.3 Integrate planned procedures or therapies into global assessment and management plans
C ME 3.2.1 Obtain informed consent for complex medical and surgical procedures and therapies
C ME 3.2.2 Use shared decision-making in the consent process, taking risk and uncertainty into consideration
C ME 3.3.1 Triage a procedure or therapy, taking into account clinical urgency, potential for deterioration, and available resources
C COM 2.1.1 Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information
C COM 2.1.2 Integrate, summarize, and present the biopsychosocial information obtained from a patient-centred interview
C COM 2.1.3 Actively listen and respond to patient cues
C COM 3.1.1 Provide information on diagnosis and prognosis in a clear, compassionate, respectful, and objective manner
C COM 3.1.2 Convey information related to the patient’s health status, care, and needs in a timely, honest, and transparent manner
C COM 4.1.1 Facilitate discussions with the patient and family in a way that is respectful, non-judgmental, and culturally safe
C COM 4.3.1 Use communication skills and strategies that help the patient and family make informed decisions regarding their health
C COM 5.2.2 Communicate effectively using a written health record, electronic medical record, or other digital technology
F COL 1.2.3 Consult as needed with other health care professionals, including but not limited to other physicians or surgeons
C P 1.1.3 Exhibit appropriate professional behaviours and relationships in all aspects of practice, reflecting honesty, integrity, humility, commitment, compassion, respect, altruism, respect for diversity, and maintenance of confidentiality
C P 1.2.1 Demonstrate a commitment to excellence in all aspects of practice

Relevant milestones (Part C)

C ME 1.4.2 Apply a broad base and depth of knowledge in clinical and biomedical sciences to the medical and surgical management of the breadth of patient presentations in Oto - HNS
C ME 2.3.1 Establish goals of care, which may include achieving cure, improving function, slowing disease progression, treating symptoms, and palliation, in collaboration with patients and their families
C ME 2.4.1 Develop, implement, and document management plans that consider all of the patient's health problems and context in collaboration with patients and their families and, when appropriate, the interprofessional team
C ME 2.4.5 Provide timely and adequate responses to complications and undesired side effects of treatment

C ME 4.1.2 Establish plans for ongoing care

C ME 4.1.3 Accurately identify situations that necessitate consultation of other health professionals to assist in the management of disorders encountered in Oto-HNS

C COM 2.1.3 Actively listen and respond to patient cues

C COM 3.1.1 Provide information on diagnosis and prognosis in a clear, compassionate, respectful, and objective manner

C COM 3.1.2 Convey information related to the patient’s health status, care, and needs in a timely, honest, and transparent manner

C COM 4.3.1 Use communication skills and strategies that help the patient and family make informed decisions regarding their health

F COL 1.2.3 Consult as needed with other health care professionals, including but not limited to other physicians or surgeons

C COL 1.2.1 Recognize, value, and utilize the expertise of interprofessional team members

C COL 1.2.2 Liaise with intersecting health professions

C COL 1.3.1 Provide timely and necessary information to colleagues to enable effective relationship-centered care

F COL 1.3.3 Communicate effectively with physicians and other colleagues in the health care professions