

Otolaryngology – Head and Neck Surgery: Core EPA #6

Assessing and managing adult and pediatric patients with sleep disordered breathing

Key Features:

- This EPA includes gathering a history, performing a relevant physical examination, interpreting the results of investigations and developing a plan for further investigation and/or management.
- This includes assessing the risk of the impact of sleep disordered breathing on the patient and activities potentially affected by OSA, including working and driving.

Assessment Plan:

Direct observation and/or case review by supervisor

Use Form 1.

Collect 2 observations of achievement

CanMEDS Milestones:

- 1 ME 1.4** Apply a broad base and depth of knowledge in clinical and biomedical sciences to the medical and surgical management of the breadth of patient presentations in Oto - HNS
- 2 ME 2.2 Elicit a history, perform a physical exam, select appropriate investigations, and interpret their results**
- 3 ME 2.3 Address the impact of the medical condition on the patient's ability to pursue life goals and purposes**
- 4 ME 2.4 Develop, implement, and document a management plan**
- 5 ME 3.1** Integrate planned procedures or therapies into global assessment and management plans
- 6 ME 3.2 Use shared decision-making in the consent process, taking risk and uncertainty into consideration**
- 7 ME 4.1** Coordinate investigation, treatment, and follow-up plans when multiple physicians and healthcare professionals are involved
- 8 ME 4.1 Establish plans for ongoing care**
- 9 COM 2.1** Use patient-centred interviewing skills to effectively gather relevant biomedical and psychosocial information
- 10 COM 3.1** Convey information related to the patient's health status, care, and needs in a timely, honest, and transparent manner
- 11 COM 4.3 Use communication skills and strategies that help the patient and family make informed decisions regarding their health**