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1431 Oxford St W,
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52nd Anniversary of Residents' Research Day

In the Department of Otolaryngology –
Head and Neck Surgery
Friday, May 22, 2026



www.schulich.uwo.ca/otolaryngology/cme/researchday/2026.html

**Distinguished Visiting Professor:
Dr. Yuri Agrawal, MD, MPH, FACS**

Department Chair –
Otolaryngology – Head & Neck Surgery
University of Colorado Anschutz



"Vestibular Loss and Cognition in Aging Adults"

By the end of this session, participants will be able to:

1. Assess the link between vestibular and cognitive function
2. Review current clinical trials in patients with Alzheimer's disease
3. Discuss the career journey of an academic otolaryngologist

**Distinguished Guest Alumnus:
Dr. Brandon Wickens, MD, FRCS**

Head of Service,
Otolaryngology–Head and Neck Surgery
Niagara Health System



**"Building a Sustainable Career in
Otolaryngology: Lessons Learned in the First
Decade of Practice"**

By the end of this session, participants will be able to:

1. Recognize key drivers of stress and burnout in early independent practice
2. Apply a practical framework to build a more sustainable and fulfilling career
3. Identify actionable changes in clinical work, schedule, and personal life that support long-term well-being and performance

Overall Learning Objectives

By the end of this program, participants will be able to:

1. Critically appraise the scientific presentations with respect to methodology and clinical applicability pertaining to Otolaryngology – Head and Neck Surgery
2. Discuss the scientific presentations and reflect on their potential implications for patient care.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 4.25 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

08:00 – 08:25	Coffee in Exhibitor Area	12:50 – 13:10	Welcome Back and Call to Order
08:25 – 08:35	Welcome	13:10 – 13:20	Dr. Keshi Kirubalingam (Supervisor: Dr. Sumit Agrawal) Evaluating the Safety and Efficacy of Robot-Assisted Cochlear Implant Electrode Array Insertion
08:35 – 08:50	Educational Objectives and Call to Order	13:20 – 13:25	Interactive Discussion
08:50 – 09:00	Dr. Andrew Kokavec (Supervisor: Dr. Leigh Sowerby) Stellate Ganglion Block with Lidocaine for the Treatment of COVID-19-Induced Parosmia: Double-Blinded, Placebo-Controlled Randomized Clinical Trial (STELLA)	13:25 – 13:35	Dr. Olivia Ginty (Supervisor: Dr. Julie Strychowsky) Challenging the Norm: Reevaluating Post-Tonsillectomy Monitoring Practices
09:00 – 09:05	Interactive Discussion	13:35 – 13:40	Interactive Discussion
09:05 – 09:15	Dr. Ayushi Bhatt (Supervisor: Dr. Julie Strychowsky) Triple Scopes, Triple Bottom Line: Efficiency, Care, and Carbon Savings in Pediatric Aerodigestive Practice	13:40 – 13:50	Dr. Emily Aleksa (Supervisor: Dr. Corey Moore) Addressing Tension of Paramedian Forehead Flap Donor Site Closure: A Two-Part Study
09:15 – 09:20	Interactive Discussion	13:50 – 13:55	Interactive Discussion
09:20 – 09:30	Dr. Jamila Skinner (Supervisors: Drs. Adrian Mendez and Danielle MacNeil) Brief Electrical Stimulation of the Spinal Accessory Nerve to Prevent Shoulder Dysfunction Post-Neck Dissection: A Randomized Controlled Trial	13:55 – 14:05	Dr. Karan Gandhi (Supervisor: Dr. Peng You) Adopting Pediatric Intracapsular Coblation Tonsillectomy to Reduce Post-Tonsillectomy Hemorrhage Through a Quality Improvement Framework
09:30 – 09:35	Interactive Discussion	14:05 – 14:10	Interactive Discussion
09:35 – 10:05	Intermission: Coffee with Exhibitors	14:10 – 14:40	Intermission: Coffee with Exhibitors
10:05 – 10:10	Call to Order	14:40 – 14:45	Call to Order
10:10 – 10:20	Dr. Jess Rhee (Supervisor: Dr. Brian Rotenberg) Breaking Social Media Fads and Uncovering the Safety and Efficacy of Mouth Taping in Patients with Mouth Breathing, Sleep Disordered Breathing, or Obstructive Sleep Apnea: A Systematic Review	14:45 – 14:55	Dr. Zaid Almubarak (Supervisor: Dr. Danielle MacNeil) Optimizing Postoperative Recovery in Head and Neck Free Flap Patients: A Quality Improvement Initiative
10:20 – 10:25	Interactive Discussion	14:55 – 15:00	Interactive Discussion
10:25 – 10:35	Dr. Justin Shapiro (Supervisor: Dr. Brian Rotenberg) The Role of Nasal Filler in Managing Cocaine-Induced Saddle Nose Deformity	15:00 – 15:05	Introduction of Dr. Brandon Wickens, Distinguished Guest Alumnus
10:35 – 10:40	Interactive Discussion	15:05 – 15:50	Building a Sustainable Career in Otolaryngology: Lessons Learned in the First Decade of Practice
10:40 – 10:45	Introduction of Dr. Yuri Agrawal, Distinguished Visiting Professor	15:50 – 16:05	Interactive Discussion
10:45 – 11:30	Vestibular Loss and Cognition in Aging Adults	16:05 – 16:10	Residents Day Attendee Draw
11:30 – 11:45	Interactive Discussion	16:10 – 16:15	Simon Kirby Most Caring Resident Award
11:45 – 12:50	Group Photo in ballroom followed by lunch	16:15 – 16:20	Evaluation Form Completion
		16:20 – 16:25	Closing Educational Remarks

This program has received an education grant or in-kind support from:

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