“Epidemiology and prevention of cardiometabolic disease in the era of multimorbidity: a global perspective.”

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Objectives:
- To review & interpret epidemiological trends in the burden of cardiometabolic disease globally
- To understand the role of traditional and emerging risk factors for cardiometabolic disease, with focus on nutrition and sleep patterns.
- To discuss current and future public health challenges to tackle the burden of cardiometabolic disease in the context of multimorbidity and aging.

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