33rd Annual Southwestern Ontario Obstetrics & Gynaecology Update Day
"H.H. Allen Day"
Friday, November 6, 7:45 – 16:00
Best Western – Lamplighter Inn
591 Wellington Road South, London, ON

Schulich MEDICINE & DENTISTRY

Western

***** *A minimum of 25% of this program is dedicated to participant interaction* *****

Learning Objectives

By the end of this program, participants will be able to:

- Describe current and optimal reproductive health care information
- Incorporate and apply up-to-date knowledge on new treatments and practices through collaborative teaching and discussions between experts in the field, bringing closer the gap between community and academic practice patterns and optimizing management and referral patterns in Southwestern Ontario
- Reflect on presentations and consider applying and integrating recommendations into their clinical practices to enhance patient care

Agenda Overview	
07:45 – 08:15	**Registration**
08:15 – 08:30	**Dr. Carol King** (Continuing Medical Education Director - OB/GYN, Western University)
08:30 – 09:20 (9:08 – 9:20 Q&A)	**Dr. Katrina Fenicky** (Reproductive Psychiatry, STEGH) "Perinatal Mental Health: Updates and Clinical Pearls" Objectives: • Identify the most common mood, anxiety, and psychotic disorders occurring during the perinatal period • Describe best-practice, evidence-based approaches to the treatment of perinatal mood and anxiety disorders • Discuss innovations and advancements in the treatment of perinatal mood disorders and their potential application in clinical practice
09:20 – 10:10 (9:58 – 10:10 Q&A)	**Dr. Taylor Roebotham** (OB/GYN, Western University) "Beyond desire: Evaluation of female sexual arousal disorders" Objectives: • Describe the physiology of female sexual arousal • Distinguish between sexual desire and arousal concerns • Recognize the different presentations of arousal disorders • Describe an approach to the evaluation and treatment of arousal disorders
10:10 – 10:30	**Nutritional Break**
10:30 – 11:20 (11:08 – 11:20 Q&A)	**Dr. Sari Kives** (OB/GYN, Western University) "MIS Myomectomy: From Patient Selection to Surgical Technique" Objectives: • Review consent and ethical considerations, including declining surgery • Identify indications and patient selection for MIS myomectomy • Discuss preoperative workup and preparation • Review strategies to reduce intraoperative blood loss • Discuss key technical aspects of laparoscopic and robotic myomectomy
11:20 – 12:10 (11:58 – 12:10 Q&A)	**Dr. Alicia Tuccinardi** (PGY-5 Resident, Western University) "Menopausal Hormone Therapy in Gynecologic Cancer" Objectives: • Recognize the impact of menopause on patients with gynecologic cancer • Identify patients with gynecologic cancer who may safely benefit from menopausal hormone therapy • Identify patients with gynecologic cancer in whom menopausal hormone therapy is not recommended
12:10 - 13:00	**Lunch Break**

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	Breakout Sessions
13:00 – 13:45 (13:33 – 13:45 Q&A)	**1st Session (*Hosts remain in rooms for both sessions*)**
Breakout Group #1A	**Dr. Stephanie Black** (OB/GYN, Western University) "LARC Insertion in 2026: Tips and Tricks for a Smooth Insertion" Objectives: • List contraindications to LARC insertion • Discuss evidence-based pain relief options for LARC insertion • Develop a starting framework for counseling and/or referral for LARC insertion and troubleshooting locally
Breakout Group #1B	**Dr. Barbra de Vrijer** (MFM, Western University) "Non-Invasive Fetal Blood Group Genotyping: Precision Care for Pregnancies in Ontario" Objectives: • Explain the clinical significance of the new non-invasive fetal blood group genotyping tests and how implementation will enhance and influence current practice • Describe when to order fetal blood group genotyping and how precision medicine can help guide more targeted and equitable access to pregnancy care • Identify reliable sources for additional information, guidance, and clinical resources related to the new non-invasive fetal blood group genotyping tests
Breakout Group #1C	**Dr. Yvonne Leong** (Urogynaecology, Western University) "Management of Obstetric Anal Sphincter Injuries (OASIS)" Objectives: • Identify risk factors for developing OASIS • Identify and repair OASIS • Review management options for long-term OASIS
13:45 – 13:50	**5 Minute break – please move rooms**
13:50 – 14:35 (14:23 – 14:35 Q&A)	**2nd Session (*Hosts remain in rooms for both sessions*)**
Breakout Group #2A	**Dr. Stephanie Black** (OB/GYN, Western University) "LARC Insertion in 2026: Tips and Tricks for a Smooth Insertion" Objectives: • List contraindications to LARC insertion • Discuss evidence-based pain relief options for LARC insertion • Develop a starting framework for counseling and/or referral for LARC insertion and troubleshooting locally

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Breakout Group #2B	**Dr. Barbra de Vrijer** (MFM, Western University) "Non-Invasive Fetal Blood Group Genotyping: Precision Care for Pregnancies in Ontario" Objectives: • Explain the clinical significance of the new non-invasive fetal blood group genotyping tests and how implementation will enhance and influence current practice • Describe when to order fetal blood group genotyping and how precision medicine can help guide more targeted and equitable access to pregnancy care • Identify reliable sources for additional information, guidance, and clinical resources related to the new non-invasive fetal blood group genotyping tests
Breakout Group #2C	**Dr. Yvonne Leong** (Urogynaecology, Western University) "Management of Obstetric Anal Sphincter Injuries (OASIS)" Objectives: • Identify risk factors for developing OASIS • Identify and repair OASIS • Review management options for long-term OASIS
14:35– 14:50	**Nutritional Break**
14:50 – 15:40 (15:28 – 15:40 Q&A)	**Dr. Jessica Dy** (OB/GYN, University of Ottawa, CMPA) "Artificial Intelligence at the Bedside: Navigating AI Medico-Legal Risks in OB/GYN" Objectives: • Describe emerging applications of AI in Obstetrics and Gynaecology. • Recognize key medicolegal risks when using AI tools in healthcare. • Develop risk mitigation strategies when integrating AI tools to support clinical practice
15:40 - 16:00	**Closing Remarks**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 5.75 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that they actually spent participating in the educational program.

This program has received an educational grant from:

