



**33rd Annual Southwestern Ontario Obstetrics
& Gynaecology Update Day
“H.H. Allen Day”
Friday, November 6, 2026, 7:45 – 16:00
Best Western – Lamplighter Inn
591 Wellington Road South, London, ON**



* A minimum of 25% of this program is dedicated to participant interaction *

Learning Objectives

By the end of this program, participants will be able to:

- Describe current and optimal reproductive health care information
- Reflect on presentation materials and consider applying and integrating recommendations into their clinical practices to enhance patient care
- Incorporate and apply up-to-date knowledge on new treatments and practices through collaborative teaching and discussions between experts in the field, bringing closer the gap between community and academic practice patterns and optimizing management and referral patterns in Southwestern Ontario

Agenda Overview

07:45 – 08:15	Registration	
08:15 – 08:30	Dr. Carol King (Continuing Medical Education Director - OB/GYN, Western University)	Opening Remarks
08:30 – 09:20	Dr. Katrina Fenicky (Reproductive Psychiatry, STEGH)	Topic – Perinatal mood and anxiety disorders
09:20 – 10:10	Dr. Taylor Roebottom (OB/GYN, Western University)	Topic – Management of female sexual arousal disorders
10:10 – 10:30	Nutritional Break	
10:30 – 11:20	Dr. Sari Kives (OBGYN, University of Toronto)	Topic – Surgical considerations for fibroid management
11:20 – 12:10	TEW Lectureship - TBD	Topic – TBD
12:10 - 13:00 p.m.	Lunch Break	
13:00 – 13:45	1st Session (Hosts remain in rooms for both sessions)	Breakout Group #1
Breakout Group #1	Dr. Stephanie Black (OB/GYN, Western University)	Topic – LARC insertions in 2026
Breakout Group #1	Dr. Barbra de Vrijer (MFM, Western University)	Topic – Rh Genotyping
Breakout Group #1	Dr. Yvonne Leong (Urogynecology, Western University)	Topic – OASIS tear repair and best practices
13:45 – 14:30	2nd Session (Hosts remain in rooms for both sessions)	Breakout Group #2
Breakout Group #2	Dr. Stephanie Black (OB/GYN, Western University)	Topic – LARC insertions in 2026
Breakout Group #2	Dr. Barbra de Vrijer (MFM, Western University)	Topic – Rh Genotyping
Breakout Group #2	Dr. Yvonne Leong (Urogynaecology, Western University)	Topic – OASIS tear repair and best practices
14:30 – 14:45	Nutritional Break	
14:45 – 15:30	Dr. Jessica Dy (OB/GYN, University of Ottawa, CMPA)	Topic – AI in Healthcare, CMPA Perspective
15:35 - 16:00	Closing Remarks	