



# 32<sup>nd</sup> Annual Southwestern Ontario Obstetrics & Gynaecology Update Day “H.H. Allen Day”

Friday, November 7, 7:45 – 16:00  
Four Points – By Sheraton

1150 Wellington Road South, London, ON



*\* A minimum of 25% of this program is dedicated to participant interaction \**

## Learning Objectives

By the end of this program, participants will be able to:

- Describe current and optimal reproductive health care information
- Incorporate and apply up-to-date knowledge on new treatments and practices through collaborative teaching and discussions between experts in the field, bringing closer the gap between community and academic practice patterns and optimizing management and referral patterns in Southwestern Ontario
- Reflect on presentations and consider applying and integrating recommendations into their clinical practices to enhance patient care

## Agenda Overview

07:45 – 08:15	<b>Registration</b>
08:15 – 08:30	<b>Dr. Carol King</b> (Continuing Medical Education Director - OB/GYN, Western University)
08:30 – 09:20	<b>Dr. Erin Lovett</b> (OB/GYN, Western University) <b>Dr. Stephanie Black</b> (OB/GYN, Western University) “Medication Abortion: An Overview of Current Practices”  Objectives: <ul style="list-style-type: none"> <li>• List contraindications to a medication abortion</li> <li>• Apply best practice recommendations when prescribing mifegymiso for medication abortion</li> <li>• Develop a starting framework for counseling and/or referral for medication abortion locally</li> <li>• Outline options for follow up after medication abortion and when patients should be advised to seek additional care</li> </ul>
09:20 – 10:10	<b>Dr. Alicia Tuccinardi</b> (PGY4 Resident - OB/GYN, Western University) “Redefining Endometrial Cancer Care: Integrating Molecular Testing into Management Guidelines”  Objectives: <ul style="list-style-type: none"> <li>• Reflect on the impact of endometrial cancer in Canada</li> <li>• Describe the current molecular testing recommendations</li> <li>• Discuss new referral pathways and treatment guidelines</li> </ul>
10:10 – 10:30	<b>Nutritional Break</b>
10:30 – 11:20	<b>Dr. Sony Singh (University of Ottawa)</b> “Endometriosis 2025 - How things have changed!”  Objectives: <ul style="list-style-type: none"> <li>• Describe the major changes in endometriosis diagnosis and care over the past 25 years</li> <li>• Summarize the current approach to management of endometriosis associated pain</li> <li>• Identify the major advancements in the surgical management of deep endometriosis</li> </ul>
11:20 – 12:10	<b>Dr. Nan Okun (University of Toronto)</b> “Prenatal Screening in Ontario: What Clinicians should know in 2025”  Objectives: <ul style="list-style-type: none"> <li>• Describe evidence-informed prenatal screening options for aneuploidy.</li> <li>• Explain and counsel pregnant people regarding “soft markers” on ultrasound.</li> <li>• Identify prenatal screening options related to the use of low-dose aspirin in practice.</li> <li>• Summarize emerging prenatal screening options currently under consideration in Ontario.</li> </ul>
12:10 - 13:00 p.m.	<b>Lunch Break</b>



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13:00 – 13:45	<b>1st Session (Hosts remain in rooms for both sessions)</b>
Breakout Group #1	<p><b>Dr. Cynthia Chan</b> (OB/GYN, Western University) “Iron Deficiency in Pregnancy”</p> <p>Objectives:</p> <ul style="list-style-type: none"> <li>Summarize the physiology of iron deficiency (IDA) in pregnancy and postpartum.</li> <li>Describe the presentation and impact of IDA in obstetrical patients.</li> <li>Review treatment optimization including implementation of IV iron infusions in pregnancy.</li> </ul>
Breakout Group #2	<p><b>Dr. Krista Cameron</b> (REI, Western University) “Recurrent Loss, Recurrent Questions: Are We Getting Anywhere?”</p> <p>Objectives:</p> <ul style="list-style-type: none"> <li>Define recurrent pregnancy loss and review current diagnostic criteria.</li> <li>Outline the major etiologies (genetic, anatomic, endocrine, immunologic, unexplained).</li> <li>Review the recommended evaluation and when to initiate a workup.</li> <li>Summarize evidence-based management options for common causes of RPL.</li> <li>Highlight counseling strategies to support patients and discuss prognosis.</li> </ul>
Breakout Group #3	<p><b>Dr. Robert DiCecco</b> (OB/GYN, Western University) “Insights in the new HPV screening Protocol”</p> <p>Objectives:</p> <ul style="list-style-type: none"> <li>Appraise recent updates to the Ontario Cervical Screening Program and their implications for clinical practice.</li> <li>Analyze and address emerging concerns related to the implementation of the new system and guidelines.</li> </ul>
13:45 – 13:50	<b>5 Minute break – please move rooms</b>
13:50 – 14:35	<b>2nd Session (Hosts remain in rooms for both sessions)</b>
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14:35 – 14:50	<b>Nutritional Break</b>
14:50 – 15:35	<p><b>Dr. Tamara Kuzma</b> (OB/GYN, Western University) “Culture Change &amp; Wellness in Medicine: Moving Beyond Measurement to Meaningful Action”</p> <p>Objectives:</p> <ul style="list-style-type: none"> <li>• Recognize burnout as a system-level problem requiring organizational solutions, not individual resilience fixes</li> <li>• Explain the role of mindful self-compassion as both an individual practice and cultural shift in medicine</li> <li>• Identify specific, evidence-based interventions that can be implemented at the departmental level</li> <li>• Commit to at least one personal action and advocate for one systemic change to improve physician wellness</li> </ul>
15:35 - 16:00	<b>Closing Remarks</b>

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 5.75 hours (credits are automatically calculated).



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