

FAMILY MEDICINE

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Office Location: The Western Centre for Public Health and Family Medicine, 1st floor, Western

Family Medicine Elective Website:

http://www.schulich.uwo.ca/familymedicine/undergraduate/year_4/index.html

Electives in Family Medicine can be two to four weeks long, and take place in London or one of the surrounding communities.

The request period opens on April 1, 2019 at 12:00am

Electives can be arranged for London or surrounding rural sites. Travel and accommodation expenses will be reimbursed for travel outside of London (see the expenses page for more information). Our Department is independent from electives through the Distributed Education program.

AVAILABLE ELECTIVES: Please see below for a list of available clinical electives in Family Medicine. Link to our community site page: http://www.schulich.uwo.ca/familymedicine/undergraduate/community_sites.html. Students can arrange their own electives with other family physicians not listed below, but are required to send the Program Coordinator the preceptor name, location and electives dates.

- **ACADEMIC TEACHING CENTRES**
 - Byron Family Medical Centre, St. Josephs Family Medical Centre, Victoria Family Medical Centre, Southwest Middlesex Health Centre - Mount Brydges, Middlesex Centre Family Medicine Clinic - Ilderton
- **LONDON CLINICS**
- **RURAL COMMUNITIES**
 - Ailsa Craig, Aylmer, Bayfield, Blenheim, Cambridge, Chatham, Clinton, Dorchester, Exeter, Flesherton, Goderich, Guelph, Hanover, Harrow, Ingersoll, Kincardine, Kitchener, Leamington, Lions Head, Listowel, Newbury, Owen Sound, Petrolia, Sarnia, Seaforth, Shedden, Southampton, St. Marys, St. Thomas, Stratford, Strathroy, Tavistock, Thorndale, Tillsonburg, Walkerton, Wallaceburg, West Lorne, Wiarton, Wingham, and Woodstock.

After you review the Community Sites that are available, please complete the online request form indicating your top three choices are (dates, location, and preceptor). Your request will be sent to the physician, and once confirmed, the Program Coordinator will contact you by email.

Please consider your schedule when requesting Family Medicine Electives. Our department has a large number of electives to offer in all blocks, 1-8.

If, after you fill out your request form, your schedule has changed, please email mvande72@uwo.ca, to let the program coordinator know. Electives can be confirmed any time up to 8 weeks in advance of the elective start date.

LEARNING OBJECTIVES

The central goal of the Family Medicine clerkship is to help you to enhance your skills in applying the Patient-Centred Clinical Method to understand the patient's personal experience of their illness and find common ground regarding management decisions. This includes:

Becoming effective in interviewing patients

Conducting a skilled and sensitive physical assessment

Enhancing your clinical reasoning skills

Finding and using the best evidence available

Applying the principles of prevention whenever possible

Understanding each patient in the context of the "big picture" – the patient as a person, their family and community and their ecosystem

Demonstrating professional behaviour when interacting with patients, colleagues and staff.

OBJECTIVES:

1. Present a pertinent history and conduct a relevant physical exam, under supervision, on an adult or elderly patients presenting with the following complaints:
 - a. new or chronic cough
 - b. fatigue
 - c. low back pain
 - d. fever
 - e. shortness of breath
 - f. abdominal or pelvic pain
 - g. headache
 - h. dizziness
 - i. chest pain
 - j. lower leg swelling

2. Present a relevant and focused differential diagnosis to your supervisor, on an adult or elderly patient presenting with the following complaints:
 - a. new or chronic cough
 - b. fatigue
 - c. low back pain
 - d. fever
 - e. shortness of breath
 - f. abdominal or pelvic pain
 - g. headache
 - h. dizziness
 - i. chest pain
 - j. lower leg swelling

3. Describe (to your supervisor and/or the patient) an approach to the management of the following presenting complaints in an adult or elderly patient:
 - a. new or chronic cough
 - b. fatigue
 - c. low back pain
 - d. fever
 - e. shortness of breath
 - f. abdominal or pelvic pain
 - g. headache

- h. dizziness
 - i. chest pain
 - j. lower leg swelling
4. The student will conduct (under supervision) a relevant history and physical exam for an adult or elderly patient with established diabetes presenting to the out-patient family medicine clinic for a diabetic check-up.
 5. The student will manage (under supervision) an adult or elderly patient with established diabetes presenting to the out-patient family medicine clinic for a diabetic check-up. The student should also list the pertinent screening procedures done for a patient with diabetes.
 6. The student will manage (under supervision) an adult or elderly patient presenting to the out-patient family medicine clinic with either established hypertension or established dyslipidemia. The management should include a discussion with the patient and/or supervisor of the appropriate medications, their common side effects and alternative treatments.
 7. The student will participate in the care of an elderly patient, either in a long-term care facility, the acute care setting (i.e., the emergency department) or the out-patient family medicine clinic under the direction of their supervisor.
 8. The student will demonstrate a prenatal exam (under supervision) on a female adult patient (as measured by completion of appropriate procedures and examination as directed by the antenatal flow sheets).
 9. Given an infant, child or adult presenting to the out-patient family medicine clinic, the student will administer an intramuscular or subcutaneous immunization under supervision.
 10. Given an infant presenting to the out-patient family medicine clinic, the student will demonstrate a well-baby exam under supervision.
 11. Given an adult female patient presenting to the family medicine out-patient clinic, the student will perform a pap smear where appropriate.
 12. Given an adult between the ages of 50-70 presenting to the out-patient family medicine clinic, the student will demonstrate a periodic health exam under supervision and will list to the supervisor relevant screening procedures appropriate for the patient in question.
 13. Given a patient of any age presenting to the out-patient family medicine clinic or acute care setting (i.e., the emergency department), the student will demonstrate skill in finding common ground when differences of opinion exist.
 14. Conduct patient-centered interviews that explore the patient's feelings, ideas, impact on function, and expectations.

EVALUATION

To be discussed with your preceptor.

ON-CALL

To be discussed with your preceptor.