

FAMILY MEDICINE

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FAMILY MEDICINE ELECTIVES IN WINDSOR:

LEARNING OBJECTIVES: The central goal of the Family Medicine clerkship is to help you to enhance your skills in applying the Patient-Centred Clinical Method to understand the patient's personal experience of their illness and find common ground regarding management decisions. This includes:

- Becoming effective in interviewing patients
- Conducting a skilled and sensitive physical assessment
- Enhancing your clinical reasoning skills
- Finding and using the best evidence available
- Applying the principles of prevention whenever possible
- Understanding each patient in the context of the "big picture" – the patient as a person, their family and community and their ecosystem
- Demonstrating professional behaviour when interacting with patients, colleagues and staff.

OBJECTIVES:

- 1) Present a pertinent history and conduct a relevant physical exam, under supervision, on an adult or elderly patients presenting with the following complaints:
 - i. new or chronic cough
 - ii. fatigue
 - iii. low back pain
 - iv. fever
 - v. shortness of breath
 - vi. abdominal or pelvic pain
 - vii. headache
 - viii. dizziness
 - ix. chest pain
 - x. lower leg swelling
- 2) Present a relevant and focused differential diagnosis to your supervisor, on an adult or elderly patient presenting with the following complaints:
 - i. new or chronic cough
 - ii. fatigue
 - iii. low back pain
 - iv. fever
 - v. shortness of breath
 - vi. abdominal or pelvic pain
 - vii. headache

- viii. dizziness
- ix. chest pain
- x. lower leg swelling

- 3) Describe (to your supervisor and/or the patient) an approach to the management of the following presenting complaints in an adult or elderly patient:
 - i. new or chronic cough
 - ii. fatigue
 - iii. low back pain
 - iv. fever
 - v. shortness of breath
 - vi. abdominal or pelvic pain
 - vii. headache
 - viii. dizziness
 - ix. chest pain
 - x. lower leg swelling
- 4) The student will conduct (under supervision) a relevant history and physical exam for an adult or elderly patient with established diabetes presenting to the out-patient family medicine clinic for a diabetic check-up.
- 5) The student will manage (under supervision) an adult or elderly patient with established diabetes presenting to the out-patient family medicine clinic for a diabetic check-up. The student should also list the pertinent screening procedures done for a patient with diabetes.
- 6) The student will manage (under supervision) an adult or elderly patient presenting to the out-patient family medicine clinic with either established hypertension or established dyslipidemia. The management should include a discussion with the patient and/or supervisor of the appropriate medications, their common side effects and alternative treatments.
- 7) The student will participate in the care of an elderly patient, either in a long-term care facility, the acute care setting (i.e., the emergency department) or the out-patient family medicine clinic under the direction of their supervisor.
- 8) The student will demonstrate a prenatal exam (under supervision) on a female adult patient (as measured by completion of appropriate procedures and examination as directed by the antenatal flow sheets).
- 9) Given an infant, child or adult presenting to the out-patient family medicine clinic, the student will administer an intramuscular or subcutaneous immunization under supervision.
- 10) Given an infant presenting to the out-patient family medicine clinic, the student will demonstrate a well-baby exam under supervision.
- 11) Given an adult female patient presenting to the family medicine out-patient clinic, the student will perform a pap smear where appropriate.
- 12) Given an adult between the ages of 50-70 presenting to the out-patient family medicine clinic, the

student will demonstrate a periodic health exam under supervision and will list to the supervisor relevant screening procedures appropriate for the patient in question.

- 13) Given a patient of any age presenting to the out-patient family medicine clinic or acute care setting (i.e., the emergency department), the student will demonstrate skill in finding common ground when differences of opinion exist.
- 14) Conduct patient-centered interviews that explore the patient's feelings, ideas, impact on function, and expectations.

EVALUATION:

Summative Clinical Elective Assessment Form - to be completed by your primary preceptor.

ON-CALL:

To be discussed with your preceptor.

LOTTERY:

Family Medicine electives are **ONLY** available via the On-line Electives Lottery – 3 students in Block 1, 2, 3, 4 & 5 AND 2 students in Block 6, 7 & 8