West China Hospital

- Located in Sichuan Province
  - Also receive patients from adjacent provinces
- Ranked 2\textsuperscript{nd} in China
- Many international students from South Asia
- Language:
  - Mandarin Chinese
  - Sichuanese
  - English
Program

2-week University Immersion Program (UIP)

- Orientation and cultural activities
- Visited different departments in the hospital
  - ER, OR, Traditional Chinese Medicine, Family Medicine
  - Kitchen

2-week observership (optional)

- Psychiatry
- ENT – Head and Neck Surgery
TCM

- Herbal medicine
- Acupuncture
- Cupping
Test Kitchen

Learned how to prepare Sichuan cuisine
Giant Panda Breeding Research Base
Giant Panda Breeding Research Base
Observerships
Daily Routine

0800 – 0900  Morning rounds
0900 – 1200  Clinical activities
1200 – 1400  Lunch and nap
1400 – ?     Clinical activities
1630 ish     Evening rounds
Psychiatry

Spent 1 week in a teaching team

- In-patient
- Out-patient clinic
- ECT
- Group Therapy
- Aversion Therapy
- Lectures with local students
- Grand rounds

华西医院心理卫生中心
ENT-Head & Neck Surgery

Spent 1 week in a teaching team

- OR
- Out-patient clinic
- Laryngoscopy suite
- Otoscopy suite

耳鼻咽喉-头颈外科
Logistics

• Arrangement differs from year to year
• Hotel room arranged by the local school
  • 400m from school
  • Local school covers first two weeks
• Meals in first two weeks covered by the local school
• Transportation
  • Walking, shared-bicycle, taxi, and public transit
Food

- Yum! (expect weight gain)
- Kung Pao chicken (not from Panda Express)
- Mostly spicy, some non-spicy option
- Hotpot as well as coldpot
- Street food
Challenges

• Hospital very crowded
• Can easily get lost around the hospital
• Language barrier
  • Patient care mostly in Sichuanese
  • All charts in Chinese
  • Most younger doctors speak some English
  • Locals don’t speak English
  • Need to find a translator

• Foreigners hard to set up bank card and mobile payment
• The Great Firewall of China (no Google, no Facebook)
Leisure

Mahjong

Time travel

Night life

Shopping
Weekend Trips

Dujiangyan Irrigation System

Qingcheng Mountain (Kungfu Panda)

Le Shan Buddha