The Second Military Medical University (SMMU) Exchange
Shanghai, China 2017

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Why SMMU in Shanghai, China?

- Shanghai is the third largest city in the world (23 million people) and is the financial hub of China
- Learn about Chinese culture and their healthcare system
- Deep history, vast landscape, and direct (but friendly) people
Second Military Medical University

• One of the oldest military medical universities in Shanghai

• Accommodations
  • Off-campus dorm with security
  • Self arranged

• Rotations are at Changhai hospital
Chinese Health Care System

- Public and private healthcare, most citizens have basic coverage (about 2/3 the cost)

- Best public hospitals are in Beijing, Shanghai, and Guangzhou

- Pts would travel across the country to these cities to seek care/second opinion

- China is facing the same public health and financial problems as Canada: obesity, vascular diseases, and limited healthcare budget
Changhai Hospital

- The largest public tertiary care center in Shanghai
- Multiple buildings, large hospital grounds
- Services over 10,000 patients per day
Ophthalmology

- Experience is preceptor dependent
- Lots of opportunities to practice basic clinical skills
- Surgery observerships (no hands on components)
- Great exposure to a variety of eye diseases
Ophthalmology
Interventional Surgery

- Total of three weeks at Changhai Hospital at three different departments
  - Vascular surgery, neurosurgery, and interventional radiology (1 week each)
- Mostly observing because I couldn't communicate with the patients
- Preceptors were great, learn a lot about medicine and the Chinese healthcare system
Interventional Surgery
Planned Activities

- Orientation Day
- Lecture on Chinese healthcare
- Tour of hospital and campus
- Boat/ferry ride
- Tour of Shanghai
- Dinner at the Oriental Pearl Tower
Personal Trips

- We used our weekends off to plan our own trips
- Disneyland, Shanghai
- YuYuan Garden
- Beijing, China
Overall

- Great learning opportunity
- Variety of trips and sightseeing available
- Experience a unique culture
China Travel Tips

- Download Chinese phone apps – wechat, English translation app, and baidu
- Bring your passport with you to most tourist attractions as it is often needed
- Bring enough cash to exchange, as most stores do not accept credit card/debit
- Prepare yourself for the language barrier and cultural shock
Any questions?

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