Welcome to the second issue of the Global MINDS Annual Newsletter! We would also like to wish you a happy New Year from our Global MINDS team. 2018 was an incredible year for our Global MINDS family, as we journeyed together to expand our network, accelerate our innovations, scale our impact and grow our momentum and aspirations.

In this newsletter, we are excited to share and celebrate our many milestones, accomplishments and learnings from the previous year. This issue will provide you with an overview of Global MINDS, including our history, pedagogy and philosophy. We also have an update on the 2017-18 Fellowship Program, introduce the 2018-19 Fellows and Fellowship Program and share our vision for the 2019-20 Fellowship Program. You will also find information about our graduate seminar course currently underway, and an announcement about the (big!) future ahead for Global MINDS.

I would also like to take this opportunity to deeply thank all of the faculty, staff, volunteers, Community Coaches, Fellows as Mentors (FAMs) and organizations that have contributed to Global MINDS over the past year (or years, as is the case for many of you). We are so fortunate to be surrounded by so many dedicated people that believe in and growing the work and impact of Global MINDS – thank you for all that you do.

A special thank you to the Africa Mental Health Research and Training Foundation, Mindfulness Without Borders, and the MaRS Solutions Lab for your continued support, expertise, and partnership. Thank you also to all faculty who participated on Committees, taught sessions during the Summer Institute, and joined the Fellowship Program as Academic Coaches - we sincerely appreciate how you have so generously shared with us your time and expertise. To Ruth Ruhara (Kenya Program Coordinator), Kait Saxton (Western University Program Coordinator), and Raksha Sule (Curriculum Officer) – thank you for all that you do to make Global MINDS what it has become.

As our Global MINDS family continues to grow and evolve, I look forward to the year ahead with enthusiasm and anticipation for all that we can achieve together. This year will be monumental for so many reasons, including the continued progress of the Fellowship Program innovations both in London and Kenya, the second offering of our graduate seminar course, and perhaps most exciting, the realization of the next chapter for Global MINDS – the launch of The Global MINDS Collective not for profit. With the momentum, partners and expertise we have cultivated throughout our journey thus far, I am more sure than ever that with your continued support, Global MINDS will continue to improve the mental health and well-being of individuals and communities around the world.

My sincere wishes to you all for a peaceful, healthy and joyous 2019,

Arlene MacDougall, MD, MSc, FRCPC
Assistant Professor, Departments of Psychiatry and Epidemiology & Biostatistics
Schulich School of Medicine & Dentistry
Western University
About

Mental health and substance use disorders are the leading causes of disability worldwide, and their burden is increasing. There is a large gap between needing and getting treatment, especially in low- and middle-income countries (LMICs) and among marginalized groups in higher income settings. Up to 85 per cent of people with mental illness in LMICs who need treatment do not get it, in part because current approaches to prevent, identify and treat mental disorders are inadequate and out dated. The lack of integration between health and other sectors further compounds the problem. The impacts of, and ultimately pathways to, recovery from mental illness also cut across sectors, and include education, employment/income support, labour and business, legal/justice responses, and human rights.

A new paradigm of thought and training is urgently needed to shift the growing burden of mental ill-health and substance use disorder.

Global Mental Health INcubator for Disruptive Solutions (Global MINDS) pioneers mindful social innovation practices to catalyze the development, implementation, mobilization and evaluation of disruptive solutions for the wicked problem of reducing the global burden of mental and substance use disorders and related issues. Global MINDS is focused on innovating with and for low resource settings in low- and middle-income countries and with and for local communities facing marginalization, including mental health inequities. Through transdisciplinary collaboration, inspired community partnerships, and innovative pedagogy, we support building a network of system leaders capable of making a lasting impact starting now.

Our History

Global MINDS was first established in 2016 through the support of Western University’s Interdisciplinary Development Initiative Program, which provides seed funding for initiatives that further Western’s research and teaching mission, attract scholars and graduate students to the University, involve the participation and collaboration of individuals across disciplinary boundaries, and bring prestige to Western.

The host faculty of the IDI is the Schulich School of Medicine & Dentistry (Schulich), and participating faculties include Health Sciences, Education, Information and Media Studies, Richard Ivey School of Business, Brescia University College, Social Sciences, School of Graduate Studies and Postdoctoral Studies. In addition to these Western partners, the Africa Mental Health Research and Training Foundation (AMHRTF; formerly known as the Africa Mental Health Foundation) – the leading non-governmental organization dedicated to research and policy development on mental health and substance use disorders in Africa - is the international partner of Global MINDS.

Led by Dr. Arlene MacDougall, this IDI was inspired by Community REcovery Achieved Through Entrepreneurism (CREATE) Kenya, a transdisciplinary, multi-institutional project in Kenya that was seeded by funding from Grand Challenges Canada (Government of Canada). CREATE Kenya is an innovative paradigm of recovery from serious mental illness in low income settings involving the integration of social entrepreneurship and psychosocial rehabilitation best practices.

OUR PHILOSOPHY

OUR GUIDING PRINCIPLES

- Create a Culture of Innovation
- Foster Cultural Humility
- Participate Authentically
- Be Disruptive to Be Innovative
- Build Communities of Practice
Our Guiding Principles are exemplified through our Social Innovation Pillars. These Pillars are grounded in an understanding that social innovation is a process, requiring an equilibrium of growth for the "system" and "self" in order to create long-lasting and impactful change. The four Pillars are constant threads weaved throughout Global MINDS offerings.
The Global MINDS Social Innovation System Cycle engages high-performing teams (students, academic and community coaches, community partner representatives) to critically engage in the process of sense-making, ideating, prototyping, implementation and evaluation, and dissemination activities (Fig 1, 2).

This intentional process welcomes rapid experimentation with iterative feedback cycles, in order to wholly embrace the complex challenge, accelerate collaborative creativity, and enhance impactful and meaningful innovation outcomes.

Being a changemaker is both a deeply personal and highly social undertaking. It requires a belief in oneself to be an agent of change. It entails a deep understanding of what the current state is, but also an unwavering optimism and commitment to imagining and striving to achieve what could be. It involves an intentional practice of being open to learn from multiple perspectives. It necessitates an ability to embrace uncertainty and failure as opportunities for growth. Above all, it demands compassion and authenticity, including a profound acceptance of and connection to the self, to others and to what is ‘bigger than ourselves’.

To foster these in our leadership team, collaborators and partners, students and faculty, and communities, in the collective work we do, we use and integrate components of “self” (see below).

Together, these components support an individual’s transformative self-growth, including a commitment to life-long learning, professionalism, advocacy, scholarly excellence, resilience and collaboration.
The Global MINDS Fellowship Program (GMFP) is a year-long opportunity for highly qualified students with diverse academic backgrounds and skills (undergraduate, graduate and post-graduate students) to collaborate in transdisciplinary teams to catalyze a social innovation to a complex challenge presented by a Community Partner in a local or global setting. The GMFP is carried out through three stages:

a) Pre-Summer Institute Orientation, where Fellows conceptualize the impact(s) being pursued;
b) Summer Institute, where Fellows in high-performing teams over 2 weeks work with community partner representatives and local stakeholders to develop and eventually pitch the solution to receive seed funding, and
c) Post-Summer Institute Activities, where seed funding is provided to teams to rapidly pilot, evaluate and disseminate their solutions over a period of up to 1 year with oversight from faculty and local stakeholders, while also participating in knowledge and professional capacity development activities.

2017-2018 GMFP: Machakos, Kenya

The inaugural GMFP invited 20 Fellows (10 from Kenya and 10 from Western University) to focus on developing solutions for Community Partners in Machakos, Kenya. Teams were provided with up to $5000.00 of seed funding from May 2017 – August 2018 to incubate, implement and evaluate their innovations. See below for details on the innovations:

**Team MJR**

**Innovation:** Sustaining and scaling a social enterprise model co-created by people with severe mental illness.

**Community Partner:** CREATE Kenya

**Coaches:** Ruth Ruhara (Africa Mental Health Research and Training Foundation), Dr. Marlene Janzen Le Ber (Western University)

**Fellows:** Mandela Kibiriti, Erica Robyn Masters*, Jayme Bridge, Michelle Quaye*, Joyce Twiri

**Team Watetezi**

**Innovation:** Creating an “advocacy incubator” by and for people with severe mental illness to build awareness of mental health and address stigma.

**Community Partner:** CREATE Kenya

**Faculty Coaches:** Professor David Ndetei (Africa Mental Health Research and Training Foundation), Dr. Arlene MacDougall (Western University)

**Fellows:** Richelle Bird*, Stephanie Huff*, Alamin Suleiman*, Paula Njoki*, Sharon Siyomit*

**Team VisAbility**

**Innovation:** Creating an NGO ([VisAbility Kenya](http://visabilitykenya.org)) that promotes meaningful social interaction among people with and without mental illness.

**Community Partner:** Users and Survivors of Psychiatry – Kenya

**Coaches:** Michael Njenga (Users and Survivors of Psychiatry – Kenya), Dr. Nadine Wathens (Western University)

**Fellows:** Tanya Benjamin*, Jessica Carswell*, Mumbi Chege*, Brianna Jackson*, Lindah Ngina
Team Tumaini
Innovation: Testing a novel family education and empowerment program to support reintegration of people with severe mental illness back into their community.

Community Partner: Machakos Level 5 Hospital
Coaches: Dr. Victoria Mutiso (Africa Mental Health Research and Training Foundation), Dr. Susan Rodger (Faculty of Education, Western University)
Fellows: Sameera Moha, Gunjan Mhapankar*, Cisse Nakeyar, Sonia Muasa, Maryanne Muniu*

Find our Summer Institute recap video: HERE
Find our Year-End recap video here: HERE

Our Alumni Fellows are the epitome of passionate and dedicated system leaders, who continue to be involved in Global MINDS through a number of avenues, including: sustaining and scaling their innovations; facilitating sessions for the 2018-19 GMFP Summer Institute and 2019 Graduate Seminar Course; participating in conferences and competitions; supporting curriculum evolution and development; and becoming mentors for the GMFP 2018-19 cohort.

2018-2019 GMFP: London, Ontario, Canada

The 2018-19 GMFP was officially launched with the pre-Summer Institute in June 2018, followed by the 2018 Summer Institute, which took place in at Brescia University College at Western University in London, Ontario from July 15 to July 27, 2018.

At the beginning of the Summer Institute, Fellows were placed into four high-performing teams and matched to one of the following four complex challenge topics put forward by our Community Partners (bracketed):

1. Addictions and mental health (Middlesex London Health Unit)
2. Refugee and new immigrant mental health (London InterCommunity Health Centre)
3. Indigenous mental wellness (Biigajiiskaan)
4. Mental health system integration (Canadian Mental Health Association Middlesex and St. Joseph’s Health Care London)

Through consultation with their Community Partners, Faculty and Community Coaches, Fellows As Mentors (FAMs), and stakeholders in the community, including beneficiaries, teams worked to deeply understand and define a complex challenge question and began to develop a solution using social innovation tools taught throughout the Summer Institute.

By the end of the two weeks, a community-oriented and contextualized narrative of the complex challenge had been developed and a disruptive solution was ready to be pitched by each team. On the last day of the Summer Institute, teams pitched their solutions in front of an audience made up of community, academic, and hospital representatives, as well as interested community members, media and beneficiaries. All teams pitched successfully to receive seed funding of $2500 CAD to implement their solutions over the course of the Fellowship Program.

Teams are currently working to further develop and implement their solutions and are supported through the post-Summer Institute curriculum, which includes teaching and learning sessions, as well as professional development opportunities.
Please see below for details on each of the team’s innovations:

**Team Re-Mind London**
Innovation: To offer a suite of innovations that could together improve awareness of available Canadian Mental Health Association programs and supports to clients, families, and staff, as well as build community connections for individuals receiving treatment within St. Joseph’s Health Care London, Mental Health Care.

Community Partners: Canadian Mental Health Association Middlesex & St. Joseph’s Health Care London
Community Coach: Christine Sansom
Faculty Coach: Dr. Marisa Derman (Western University)
FAMs: Jessica Carswell (Western University) & Maryanne Muinu (Kenya)
Fellows: Celina Everling, Nathan Leili, Saba Shahab, & Meagan Weiderman

**Team YOUunify**
Innovation: To offer a group of people who are accessing the temporary overdose prevention site the opportunity to participate in the process of creating participatory videos, facilitated by experts from the community, to allow participants to identify their perspectives, strengths, and interests.

Community Partner: Middlesex-London Health Unit
Community Coaches: Shaya Dhinsa & Marilyn Atkin
Faculty Coach: Dr. Oana Branzei (Western University)
FAMs: Robyn Masters (Western University) & Dr. Mumbi Chege (Kenya)
Fellows: Rachel Denman, Selina Dong, Janhavi Patel, & Zain Raza

**Team SevenGen**
Innovation: To create a self-sustaining, Indigenous-led platform for Indigenous youth and children to connect with their identity, cultures, and traditions using digital literacy.

Community Partner: Biigajiiskaan: Indigenous Pathways to Mental Wellness
Community Coach: Bill Hill & Vanessa Ambtman-Smith
Faculty Coach: Dr. Victoria Smye (Western University)
FAMs: Richelle Bird (Western University) & Sharon Siyomit (Kenya)
Fellows: Madeline Coelho, Hoora Emami, & Gaya Sivakumar

**Team Hamou**
Innovation: To create a Healing Basket (advocacy, empowerment, coping and honour) as a culturally-sensitive approach to facilitate the healing process of the Yazidi women living in London, Ontario.

Community Partner: London InterCommunity Health Centre
Community Coaches: Shelly Happy & Anthoula Doumkomou
Faculty Coach: Dr. Javeed Sukhera (Western University)
FAMs: Gunjan Mhapankar (Western University) & Paula Njoki (Kenya)
Fellows: Nada Aildarous, Sogand Kashefi, Dr. Arash Dhaliwal, & Ming Xu
A Day in the Life of a Summer Institute Fellow (2018-19 GMFP Cohort)

Each morning from 8:00 – 9:00am was dedicated to the Mindfulness Ambassador Program, facilitated by Dr. Arlene MacDougall and Kait Saxton. In this way, each day of the Summer Institute began in an intentional, mindful, and reflective manner that deepened the connection amongst Fellows, faculty and staff.

Pictures (L-R): Jessica Carswell, Dr. Mumbi Chege, Paula Njoki, and Sharon Siyomit (FAMs), co-facilitating a session during the Summer Institute; Fellows, faculty, Community Partners, and staff at mid-Summer Institute potluck; teams work during at Brescia University College.

Following Council, Fellows engaged in lively lectures and activities on various content topics related to social innovation and mental health. Fellows also participated in professional development sessions focused on topics such as pitching and receiving feedback. Each session was co-facilitated by a combination of faculty, Community Partners and FAMs to ensure transdisciplinary learning from a diverse range of perspectives.

Pictures (L-R): Jerry Koh, Director of Systems Innovation and MaRS Solutions Lab, facilitating a session on social innovation; Fellows, faculty and Coaches participating in Dr. Oana Branzei’s session Impact: Self & Community; Dr. Chantelle Richmond concluding her session Mental Health and the Environment.

Fellows also participated in site visits to each of the four Community Partner sites to develop a deeper sense of the complex challenge and potential leverage points for a solution.

Evening programming included a performance of the Recovery Show by Clara Madrenas, a music jam with Belong to Song, a sweat lodge at Bill Hill’s home, a potluck at Dr. Oana Branzei’s home, and participation in the KAIROS Blanket Exercise. On the weekend, the team spent a day outside together at the Pinery Provincial Park on Lake Huron.

Pictures (L-R): Fellows Nathan Leili, Selina Dong, Zain Raza and Rachel Denman at Dr. Oana Branzei’s potluck; Fellows enjoying the beach at the Pinery Provincial Park; Dr. Arlene MacDougall performing with Belong to Song.
To end each day, the Program Coordinators and FAMs facilitated Reflection Circle with the Fellows for an hour, where the day’s events and learnings were unpacked in a safe, open-minded space.

The Summer Institute came to a close with the Final Disruptive Pitch Event where teams pitched their solutions to their peers, Coaches, Community Partner representatives, beneficiaries and other interested members of the community. Following the successful pitch event, each Fellow received a Certificate of Accomplishment to celebrate their successes. As our 2018-19 GMFP family parted ways, we kept with us the memories we made with one another, and a promise of commitment to continue to build upon the accomplishments of the Summer Institute throughout the year. All left the Summer Institute inspired to continue making positive change in our London-Middlesex community and beyond!

2019-2020 GMFP: Global!

For the third iteration of the GMFP, we welcome team-triads (student, faculty coach and community coach) from across Canada and internationally to apply!

Critical dates:
- Application release: February 8\textsuperscript{th}, 2019 (see website)
- Application deadline: March 17\textsuperscript{th}, 2019
- GMFP Online Orientation: June 18\textsuperscript{th}, 2019
- GMFP Summer Institute: July 15 – 24\textsuperscript{th}, 2019, hosted at Western University

For specific inquiries, please contact Raksha Sule: rsule@uwo.ca

### Graduate Seminar Course

Global MINDS is offering the second iteration of our transdisciplinary graduate seminar course, “GHS9014B: Global Mental Health System Innovation” at Western University.

In this community-based experiential course, students will utilize social innovation approaches to accelerate, sustain and/or scale disruptive solutions to complex mental health system challenges in the Kenyan setting. In teams, students will work with Community Initiative Representatives (Fellows from the 2017-18 GMFP; FAMs from 2018-19) to elevate the innovations from the 2017-18 GMFP. Students will engage in our Social Innovation System Cycle, and in tandem, will participated in targeted sessions and assessments aimed at developing system leadership and professional capacity (e.g. pitching, cultural humility, and collective impact). In addition, students will engage in regular mindfulness practice to foster both: an intentional practice of embracing uncertainty, and understanding failure for growth; and compassion and authenticity, including a profound acceptance of, and connection to, the self, team and community. Ultimately students will recognize their potential as a dynamic agent in a diverse global community, while acknowledging, challenging and changing the limitations of their own worldviews.

Instructors: Dr. Arlene MacDougall (Western University), Raksha Sule (Western University), Ruth Ruhara (Africa Mental Health Research and Training Foundation).

On Thursday, April 4\textsuperscript{th}, 2019 from 9:00am – 12:00pm at UC 3110 Conron Hall, Western University, we will hold the Disruptive Solutions Final Pitch Event, where student teams will pitch their final solution for their Kenyan Community Initiative’s complex challenge. If you are interested in attending, please email Nicole Snake: Nicole.Snake@sjhc.london.on.ca

(Left; Disruptive Solutions Final Pitch Event, 2017)
GMFP Fellows Awards & Honours

1st Place, Western’s World’s Challenge Challenge:

Three Fellows from the 2017-18 GMFP (see left; Erica Robyn Masters, Michelle Quaye & Richelle Bird) competed and won first place in Western’s 2017 World’s Challenge Challenge.

The team received $1,000 to help fund their Global MINDS-related project and had an opportunity to compete in the World’s Challenge Challenge Global Final.

2nd Place, Western’s World’s Challenge Challenge:

Team Hamou from GMFP 2019-20 competed and won second place in Western’s 2019 World’s Challenge Challenge!

Presenters (L to R) included: Nada Aildarous (GMFP 2018-19 Fellow), Gunjan Mhapankar (FAM 2018-19 & GMFP 2017-18 Fellow) and Dr. Arash Dhaliwal (GMFP 2018-19 Fellow).

Congratulations to them!

Queen Elizabeth Awards & Travel Awards (for graduate students from Western International) Schulich Research Opportunities Program: ~$7,000 received for 2017-18 GMFP Fellows to participate in Kenyan-based research and initiatives.

Schulich Research Opportunities Program (for medical students): $5,500 received for a 2017-18 GMFP Fellow to participate in Kenyan-based research and initiatives.

GRANTS

<table>
<thead>
<tr>
<th>Title</th>
<th>Source</th>
<th>Received</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global MINDS: Using videos to teach and ignite student social innovators tackling complex global mental health challenges</td>
<td>Research &amp; Innovation Grant, eCampusOntario (Government of Ontario)</td>
<td>$19,584</td>
</tr>
<tr>
<td>Growing the Global MINDS Fellowship Program: Enhancing intercultural competencies and expanding international learning opportunities</td>
<td>International Curriculum Fund, Western International, Western University</td>
<td>$15,000</td>
</tr>
</tbody>
</table>
PRESENTATIONS

2017-18 and 2018-19 Fellows have presented their social innovations at a number of conferences, including at the Canadian Conference on Global Health (2018), and Africa-Western Collaboration Day (2017 and 2018).

The following list also illustrates presentations by Global MINDS faculty & staff that are specific to the curriculum and programmatic practices and outcomes of Global MINDS:

- Sule, R. Global Mental Health System Innovation. *Family Medicine Teaching Unit, University of Toronto*. (2017; Guest Speaker)
- MacDougall, A., “Reducing the Burden: The Wickedness of the Problem”, Global Health Speaker Series, Universities Allied for Essential Medicines (UAEM) and Student Partners In Health (SPIH), Western University (2017; Guest Speaker)
- MacDougall, A., “Paradigm Shifts: Mental health, illness & mental health care”, People’s Forum on Mental Health, North East Community Conversations, King’s College, Western University (2017; Keynote Speaker)

Initiatives Ignited by and/or Related to Global MINDS

*Mental Health INCubator for Disruptive Solutions (MINDS) of London-Middlesex:*

A social innovation lab tackling the wicked problem of transitional age youth mental health and addictions in London-Middlesex.

*Global MINDS Faculty/Staff Involvement:* Dr. A. MacDougall - Director; K. Saxton - Coordinator; E. Canas - Research Associate/Lead; A. Oudshoorn, K. Anderson - Faculty Investigators

*Funding Source:* St. Joseph’s Health Care Foundation – Request for Foundation Support; Received: $122,483  
*Funding Source:* Ontario Trillium Foundation – Seed Grant; Received: $75,000  
*Funding Source:* AMOSO Opportunities Fund; Received: $146,250

(above: MINDS of London-Middlesex’s Director of Communication, Lisa Bitacola, presenting at the Nov 2018 Covening of the MINDS Collective)

**Global MINDS Faculty/Staff Involvement**: Bill Hill - Project Lead; Vanessa Ambtman-Smith - Research & Evaluation Manager; Dr. A. MacDougall - Project Ally; K. Saxton - Coordinator; R. Sule - Knowledge Mobilization Officer

**Funding Source**: Ministry of Health and Long-Term Care - The Journey Together: Ontario’s Commitment to Reconciliation with Indigenous Peoples – Indigenous Mental Health and Wellness Supports; Received: $2,396,976.80

**Health Equity in Context: Local Solutions for Global Problems**: Established to: 1) develop cross-national education and research opportunities specific to local and global health equity, and pre- and post-migration trauma and health; and 2) global/local knowledge mobilization pathways to ensure that best practices in addressing health inequities are shared bilaterally.

**Global MINDS Faculty/Staff Involvement**: H. Berman – Co-Lead; N. Wathen – Co-Lead; A. MacDougall – Collaborator; M. Janzen Le Ber – Collaborator; J. Sukhera – Collaborator; S. Rodger – Collaborator; L. Wylie – Collaborator

**Funding Source**: Western University - Interdisciplinary Development Initiatives; Received: $293,350

“Surviving Memory in Postwar El Salvador”: A trans-national interdisciplinary initiative funded by the Social Sciences and Humanities Research Council (SSHRC) and Western University. Project led by Dr. Amanda Gryzb, Faculty of Information & Media Studies (FIMS).

**Global MINDS Faculty/Staff/Partners Involvement**: A. MacDougall – Mental health strategy lead and Mindfulness Without Borders

**Other**: Awarded the 2018 Western University Humanitarian Award

---

**The Next Step: The Global MINDS Collective**

Over the past three years, with support of the Western University Interdisciplinary Development Initiative (IDI), Global MINDS has demonstrated proof of concept of its model and curriculum through delivery of both the graduate seminar course and the GMFP in local and international settings.

We are thrilled to share that the next phase of our journey is: **The Global MINDS Collective, a federally-registered not-for-profit!**

The Global MINDS Collective aims to shift the traditional paradigm of thought and training, with a mission to solve the most pressing issues in global mental health in local, international and Indigenous contexts through the use of mindful social innovation approaches - the first of its kind nationally and internationally. The Global MINDS Collective will offer a varied menu of services that can be uniquely tailored to transdisciplinary stakeholders, including academic, private and governmental and non-governmental organizations. Thus, we welcome local and global policy partners (e.g. national and international strategic advisory bodies), practice partners (e.g. hospitals, community organizations, businesses), and academic partners (e.g., universities and colleges).

We are elated to start this journey, and look forward to evolving this vision alongside your partnership and support! We have set up a flex desk space at Innovation Works (201 King St, London) - happy to meet you there!

(Right; Dr. Arlene MacDougall and Professor David Ndetei (Founding Director, Africa Mental Health Research and Training Foundation), at the conclusion of the GMFP 2017-18 Summer Institute, Machakos, Kenya)
In Other News...

To stay up to date with our news, check out the News section on our website: [HERE](#).

**Staff Updates**

It is with both a happy and heavy heart that we share the news that Kait Saxton, our Western University Program Coordinator over the last year and a half, has taken on a new position within the Provincial System Support Program at the Centre for Addiction and Mental Health in Toronto. We are thrilled for Kait who will undoubtedly excel in her new role but she will be missed! Kait will always be part of the Global MINDS Family and will continue on into the future as a Global MINDS Faculty member.

(Left; Kait Saxton receiving well-earned recognition and applause at the end of the Summer Institute 2018)

We are happy to inform you that Raksha Sule, Curriculum Officer, will be increasing her time dedicated to Global MINDS as she continues to have an integral part in our knowledge and operational development moving forward – we are lucky to have you, Raksha!

We are also excited to welcome Nicole Snake to our Global MINDS family! Nicole will be joining our team as the Administrative Assistant. She completed her Human Resources Management Diploma (2014) and Human Resources Diploma (2013) at Fanshawe College and is well-versed in the areas of administration, health & safety, human resources and customer service. Welcome to the team, Nicole!

We are also thrilled to welcome Dr. Candace Gibson, Acting Vice Dean, Basic Medical Sciences at Schulich School of Medicine & Dentistry as our new Global MINDS IDI Steering Committee Chair. Candace took over the role from Dr. Doug Jones. Thank you very much, Doug, for all your support and contributions in helping to establish Global MINDS! Welcome, Candace, to the family!

**YouTube Videos/In the News**

1. "10 Things We Wish We Knew Before We Become Social Innovators" YouTube Video by GMFP 2017-18 Fellows Erica Robyn Masters and Michelle Quaye: [HERE](#).

2. "Team VisAbility Case Exemplar: Social Innovation Journey" YouTube Video by GMFP 2017-18 Fellows Jessica Carswell and Tanya Benjamin: [HERE](#).

3. In August 2018, Global MINDS Director Dr. Arlene MacDougall and GMFP 2017-18 Fellow and GMF 2018-19 Fellow As Mentor, Dr. Mumbi Chege, sat down with CBC’s Julianne Hazelwood to discuss the GMFP. You can hear the full interview: [HERE](#).

4. We were LIVE for a special edition of the SchulichMedDent Live series in recognition of #BellLetsTalk Day. Hear Dr. Arlene MacDougall and Raksha Sule talk about Global MINDS; and Amanda Kennedy (GMFP Community Coach & C.E.O./Founder of Yotuni) and Team Hamou talk about their social innovation in collaboration with Yotuni, a First Nation, grassroots Enterprise to empower at-risk Indigenous children and youth. You can hear the full talk: [HERE](#).
We believe that everyone has a role to play in shaping the movement for improved and equitable global mental health and wellbeing. Join us as a volunteer, partner or sponsor:

**Volunteer**

*Students*: If you are an undergraduate, graduate or professional student looking to volunteer, we are in our seeking a Student Engagement Coordinator to mobilize and lead local and global chapters for advocacy and fundraising initiatives.

*Professionals*: We are always grateful to the many individuals and organizations who have supported us in-kind. If you have expertise in any area please connect, and we would be happy to chat further about how best to work with your passion and skills. Our current high-priority needs are: programs coordination, fundraising, communications, and marketing & branding.

For all inquiries, please contact Raksha Sule: rsule@uwo.ca

**Partner**

*Curriculum & Training*: If your community organization, institution or corporation is interested in learning more about our curriculum and training opportunities, or in partnering to develop programs in your context, please contact Raksha Sule: rsule@uwo.ca

*Non-Profit Organization*: If your community organization, institution or corporation is interested in partnering as we develop the Global MINDS Collective, please send a detailed email to Dr. Arlene MacDougall outlining how you envision partnership and bi-directional support: Arlene.MacDougall@sjhc.london.on.ca

**Sponsor**

Our work would not be possible without the donations and financial support of our friends and partners. With big dreams ahead for our non-profit organization, we are looking for sponsorship partners who believe in the same impact we envision. If your Community Organization, Institution or Corporation is interested, please contact Dr. Arlene MacDougall: Arlene.MacDougall@sjhc.london.on.ca

**Other Ideas or Inquiries**

If you have other ideas, please contact Raksha Sule: rsule@uwo.ca