

Global MINDS

Summer Institute 2017

Faculty & Student Profiles



GLOBAL MENTAL HEALTH INCUBATOR FOR DISRUPTIVE SOLUTIONS GLOBAL MINDS @ WESTERN

Overview

Global MINDS @ Western is an Interdisciplinary Development Initiative of Western University, Canada with the objective of using social innovation approaches to catalyze the development, implementation, mobilization and evaluation of disruptive solutions for the wicked problem of reducing the global burden of **mental disorders and related issues (e.g., suicide)**. **Global MINDS is focused on innovating for low resource settings in low and middle income countries (LMIC) (e.g., East Africa region) and for marginalized communities within Canada.** Through transdisciplinary collaboration and innovative pedagogy, we empower students and faculty to lead change and make a lasting impact starting *now*.

Through annual Summer Institutes, Global MINDS @ Western brings together Western University students and students from LMIC to form solution-focused teams, under the coaching & mentorship of experienced faculty from both settings. Each student team will be paired with a local community partner who brings a complex mental health system challenge to the students to address. Students are expected to generate disruptive solutions/projects that will be rapidly tested, evaluated and disseminated over a period of up to 1 year. These projects will be eligible to receive seed funding of up to \$5000 CAD and be implemented in their relevant settings with direct oversight of Western University and local faculty and in partnership with local stakeholders.

Summer Institute 2017

The first Summer Institute will take place in Machakos Town, Machakos County, Kenya (May 21-June 3, 2017) and will be focused on developing solutions for the East African context.

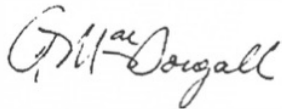
The journey begins with 10 Western students and 10 African students, who will collectively comprise four high-performing student teams. These teams will be tasked to develop a “disruptive solution” for a complex mental health system challenge proposed by one of our Kenyan community partners, totalling four complex challenges. Students will work alongside community partners and learn from local community members and other stakeholders to support the development of their solution. Teams will create system maps, complex challenge questions and briefs, outline their process, develop a budget, and design implementation, evaluation and sustainability strategies. This work will be paralleled by intentional professional capacity building opportunities, including mindfulness and reflection sessions, team-building activities, and focused, interactive learning on topics such as public speaking and leadership.

The 20 students will be supported by faculty and researchers from Western University, the Africa Mental Health Foundation and the African Population Health Research Center. Together, their expertise spans an array of diverse fields of knowledge (including mental health, social innovation, information and media studies, education, business, and population health), demonstrating the need for transdisciplinary collaboration in tackling dynamic and emergent complex challenges.

The Summer Institute will end with the “**Disruptive Solutions Final Pitch Event**” on **Friday, June 2nd from 10:30am – 6:00pm at the St. Joseph’s Pastoral Center, Machakos, Kenya**. To an audience of judges, community partner representatives, Canadian and African faculty and staff, and Kenyan community members, student teams will “pitch” their final solution to the complex challenge, for up to \$5000.00 CAD. During intermission, judges will review proposals, and announcements on funding will then be made.

We are excited for this Inaugural Summer Institute to commemorate a Canadian-Kenyan collaboration, to witness the growth of our students on this journey of innovation, and to celebrate this new generation of change makers!

Thank you!

A handwritten signature in black ink that reads "Arlene MacDougall".

Arlene MacDougall, MD, MSc, FRCPC

Director, Global MINDS

Assistant Professor, Departments of Psychiatry and Epidemiology & Biostatistics

Schulich School of Medicine & Dentistry

Western University

London, Ontario, Canada



Dr. Arlene MacDougall, MD MSc FRCPC
Director, Faculty & Mentor, Global MINDS

Dr. Arlene MacDougall is the Director of Global MINDS @ Western and an Assistant Professor (clinician-researcher) with the Departments of Psychiatry and Epidemiology & Biostatistics, Schulich School of Medicine & Dentistry, Western University in London, Ontario. Dr. MacDougall completed her undergraduate degree in human biology and bioethics at the University of Toronto before obtaining her medical degree at the University of British Columbia. She went on to complete her psychiatry specialty training and master's degree in neuroscience at McMaster University, followed by a one year joint-fellowship in Global Psychiatry and First Episode Psychosis at Dalhousie University.

Dr. MacDougall's main areas of research have been recovery-oriented interventions for people with serious mental illness and global mental health. She is leading the CREATE project in Kenya that involves the use of work integration social enterprises and an accompanying psychosocial rehabilitation toolkit to create meaningful employment, promote social inclusion, and support the overall functioning of people living with serious mental illness in low resource settings. She is also studying the use of mindfulness meditation and participatory video interventions to promote recovery among youth with early psychosis. Dr. MacDougall is the Director of Research and Innovation of Mental Health Care Programs at St. Joseph's Health Care London. She works as psychiatrist within collaborative care model settings.



Ruth Ruhara, MSc
Program Coordinator and Faculty Mentor,
Global MINDS

Ruth Ruhara is the Local/Kenyan Program Coordinator for Global MINDS @ Western and Project Officer for the CREATE Kenya program. She holds an undergraduate degree in Business Information Technology from Strathmore University, and a Masters of Science in Project Management from Jomo Kenyatta University, Kenya. She has received professional training in programme management and compliance.

She has experience in administration and program coordination of various community development initiatives' focusing on social and financial inclusion for marginalized communities in rural and urban informal settlements across several counties in Kenya. She has experience coordinating research projects as a project officer focusing on developing economic empowerment projects for people with psychosocial disabilities through entrepreneurship and social business models.



Raksha Sule, MSc
Western Program Coordinator & Teaching Associate,
Global MINDS

Raksha Sule is the Western Program Coordinator and Teaching Associate for Global MINDS @ Western. She completed her Bachelors of Medical Science at Western University, and recently obtained her Masters of Science in Global Health from McMaster University. Her thesis work involved creating, implementing and evaluating a case-based learning intervention at a medical college in India. Raksha's research and academic passion is capacity building initiatives through the generation of educational best practices for health professionals and allies. She is most interested in the use of innovative and contextualized educational models in low resource settings, reflective practice, the integration of the student and patient/client voice during project design and implementation, and working through a social justice and human rights lens. She also has experience in program coordination at the Canadian university- and national- level through various global health initiatives. Raksha aspires to be a professor, to support students in their self-reflective journeys, and to ignite the flame that will turn passion for global health into action against injustice and inequity.



Dr. Oana Branzei, PhD
Faculty, Global MINDS

Oana Branzei is Donald F. Hunter Professor of International Business and Associate Professor of Strategy at the Richard Ivey School of Business, University of Western Ontario, London, Canada. She is also the Director of the Sustainability Certificate program and the founder, convener and host faculty of the Ivey/ARCS PhD Sustainability Academy, an annual event of the Alliance for Research on Corporate Sustainability. Oana held a 2012/2014 visiting appointment with the Center for Positive Organizational Scholarship and the Erb Institute for Global Sustainable Enterprise at the Ross School of Business, University of Michigan. Oana's research interests, at the intersection of strategy and sustainability, include the pro-social foundations, forms, and functions of business as agents of positive social change and the relational micro-processes of value creation, capture and distribution. She leads major research initiatives on positive social change, social enterprise, sustainable communities, and cross-sector partnerships. At Ivey, Oana has taught in the HBA, MBA, MSc, EMBA and PhD programs. Oana is a field editor for the Journal of Business Venturing and serves on the Editorial Review Boards of the Journal of Management and Academy of Management Learning and Education.



Dr. Marlene Janzen Le Ber, PhD
Faculty & Mentor, Global MINDS

Marlene Janzen Le Ber is Associate Professor and Chair, School of Leadership & Social Change at Canada's only women's university, Brescia University College. She holds two Adjunct Research Professor appointments; one with the Ian O. Ihnatowycz Institute for Leadership at Ivey School of Business and the other with the Arthur Labatt Family School of Nursing, both at Western University in London, Ontario, Canada. Marlene is a founding member of the Centre for Research on Health Equity and Social Inclusion which is an interdisciplinary collaborative Community – University initiative. CRHESI's thematic areas of research focus on: poverty and inequality; discrimination, violence, and marginalization; working conditions/employment security; legacies of colonialism and contemporary realities; and health policy and services. How social systems change is at the core of her program of research; with a particular focus on the processes of social innovation (e.g. changes in decision-making power, resource allocation, organizational routines). A multiple research grant holder in these complex processes of leadership, her current research spans core topics in leadership, i.e. leader character, leader aspirations, and leader identity development in women to policy and social change. Her most recent research grant, a SSHRC Partnership Development Grant, titled "Mobilizing Narratives for Policy and Social Change" builds on an earlier SSHRC Insight Development Grant, titled "From Intractable to Tractable: Transdisciplinary Processes of Innovation." Her teaching is all leadership related: Women and Leadership, Positive Organizational Scholarship, Leader Character, Giving Voice to Values, and Spirituality and Leadership. Prior to her doctoral studies, Marlene was a health care executive within academic health sciences centers, known as a strategic leader who spearheaded numerous health system innovations. Her first career was in Public Health and Mental Health Nursing. Marlene has a PhD (Strategy) from Ivey Business School, MScN (Admin) and BScN from Western University.



**Dr. Christopher Mackie, MD MHS
CCFP FRCPC**
Faculty, Global MINDS

As the Medical Officer of Health and CEO of Canada's largest independent local public health agency, Dr. Christopher Mackie leads a dynamic organization that is influential in public policy and a leader in transparency and accountability. Chris recently chaired the Mayor of London, Ontario's advisory panel on poverty, which engaged citizens in generating recommendations on how to address poverty. The panel's report is here: <https://www.london.ca/city-hall/mayors-office/Documents/London-for-All-final-report.pdf>

As a champion of harm reduction, Chris established support among citizens and policy-makers for London's award-winning and life-saving Naloxone Program. This partnership distributes kits containing naloxone, the antidote to opioid overdose. Distributing kits for use by opioid users is a radical but effective departure from the traditional models of both medicine and law enforcement. More about the program: <https://www.healthunit.com/naloxone>

Dr. Mackie also serves on the fundraising cabinet for the United Way of London and Middlesex, and on the Board for Youth Opportunities Unlimited, a social enterprise in London.



Dr. Victoria Mutiso, PhD
Faculty & Mentor, Global MINDS

Dr. Mutiso is the Director of Research, Administration and Finance at Africa Mental Health Foundation. She holds a PhD and Masters in Clinical Psychology from the University of Nairobi. She is in charge of research in addition to overseeing the overall administration of the Foundation. She has been the Principal Investigator for two projects run by the Foundation on innovative integration of mental health services in primary health care through task-shifting to include both formal and informal health care systems.

She has a strong interest in mental health-related research and emerging trends. She also has a strong bias to child psychology, parent-child relationships and developmental issues. She is a co-author in a manual on psycho-trauma, has contributed book chapters and published several articles in peer-reviewed journals. She has been in charge of the various projects that AMHF has undertaken for the past 5 years.

She was the PI for two studies in the areas of task-sharing for mental health and using a multi-stakeholder approach to address the treatment gap in mental health in Kenya thus has vast experience in stakeholder engagement and the development of a scale-up models that can be incorporated sustainably in policy and practice.



Prof. David Musyimi Ndeti, MB.Ch.B (Nairobi), **DPM** (London), **MRC.Psych., FRCPsych.(UK), M.D** (Nairobi), **DSc.** (Nairobi), **Certificate in Psychotherapy** (London)
Faculty & Mentor, Global MINDS

Prof. David M. Ndeti is Professor of Psychiatry at the University of Nairobi, Kenya and the Founding Director of the Africa Mental Health Foundation – a Non-Governmental Organization (NGO) dedicated to research for evidence-based policy and practice in mental health, and promotion of neurological health and healthy behaviour. His passion is research to generate evidence for policy and best practice in the provision of affordable, appropriate, available and accessible mental health services for all.

He is the current Chair of the Africa Division of the Royal College of Psychiatrists (UK) and Zone 14 (East, Central and South Africa) representative of the World Psychiatric Association (WPA). He is also a member of the World Mental Health Federation, the Kenya Psychiatric Association (KPA) and a member of the Kenya Medical Research Institute, National Ethical Research Committee. He has served as the Principal Investigator (PI) for nearly all Kenyan published clinical and community epidemiological studies on mental health, authored six books and 21 monographs, and over 300 publications in peer reviewed journals.



Dr. Susan Rodger, PhD

Faculty, Curriculum Lead & Mentor, Global MINDS

Susan Rodger is a Psychologist and Associate Professor at the Faculty of Education at Western University and a Research Associate at both the Centre for Research and Education on Violence Against Women and Children and the Centre for School-Based Mental Health. She works within the education and child welfare systems to enhance awareness and capacity with respect to both adult and child mental health. Her research interests include barriers to mental health treatment, mental health literacy for teachers, teacher candidates and foster care providers, and the influence of exposure to violence on learning. She is currently working on two national projects developing resources for teacher education and wellness and supporting child and youth mental health in schools.



Dr. Nadine Wathen, PhD

Faculty & Mentor, Global MINDS

Nadine Wathen has been a family violence researcher for over 15 years. She is Full Professor in the Faculty of Information & Media Studies, a Research Scholar at the Centre for Research and Education on Violence Against Women and Children, both at Western University, Canada, and a Member of the College of the Royal Society of Canada. Motivated by principles of social justice, Nadine works to develop research evidence to support better responses to women and children exposed to violence, and to address the systemic and social structures that perpetuate violence.

Nadine is strongly committed to the science and conduct of knowledge mobilization (KMob) so that research evidence can be used to inform policy and practice. Her research is aligned to the health sector primarily as it is a key place where women and children can seek help. She also believes that the workplace is an important venue to disrupt the patterns of violence that have an impact for workers in terms of stress, productivity and economic impact.

Nadine leads or co-leads the following projects:

- Preventing Violence Across the Lifespan (PreVAiL) Research Network (www.prevailresearch.ca) – an international network of violence researchers and knowledge user partners.
- Violence, Evidence, Guidance, Action (VEGA) Project (www.projectVEGA.ca), which is developing evidence-based family violence guidance and curriculum for health and social service providers.
- EQUIP Healthcare: Research to Equip Primary Health Care for Equity (<http://equiphealthcare.ca/>), which developed and tested an intervention, and related tools, focused on trauma and violence-informed, culturally safe care to enhance health equity among marginalized populations.
- DV@Work Network (www.DVatWorkNet.org), an international network developing and mobilizing evidence to support better workplace responses to domestic violence.

Student Profiles



Jayme Leigh Bridge

Bachelors of Arts, Honours Specialization in Media Information and Technology, Minor in Sociology
Western University



Tanya Elizabeth Benjamin

PhD in Health and Rehabilitation Sciences, Occupational Science
Western University



Richelle Bird

PhD in Education, School and Applied Child Psychology
Western University



Jessica Carswell

Bachelor of Arts, Honours Specialization in Psychology
Western University



Dr. Mumbi Chege, MBChB
Masters in Psychiatry
University of Nairobi



Joyce Gatwiri Kithinji
Masters of Science in Epidemiology
Jomo Kenyatta University



Stephanie Huff
PhD in Health and Rehabilitation Sciences, Occupational Science
Western University



Mandela Kibiriti
Bachelor of Medicine and Bachelor of Surgery
University of Nairobi



Brianna Jackson
MSc in Nursing
Western University



E. (Erica) Robyn Masters
PhD in Education, School and Child Psychology
Western University



Gunjan Mhapankar
Doctor of Medicine
Western University



Sameera Mohammed
Bachelor of Arts, Major in Psychology
Moi University



Sonia Muasa
Masters of Arts, African Studies
St. Mary's University Minnesota



Maryanne Muniu, Dip Addictions Counselling
Masters of Science, Project Planning and Management
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Cisse Nakeyar
Bachelor of Arts, Major in Psychology
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Lindah Ngina
Bachelor of Law
University of Nairobi



Paula Njeru
Bachelor of Medicine and Bachelor of Surgery
Kenyatta University School of Medicine



Michelle Amonimaa Quaye
Doctor of Medicine
Western University



Sharon Lanoy Siyomi
Bachelor of Arts, Psychology
Daystar University



Dr. Alamin Suleiman, MBChB
Masters in Family Medicine
Aga Khan University