31st Annual Geriatric Medicine Refresher Day

Current and Practical Knowledge to Inspire and Advance Care

Wednesday, May 3, 2017
7:30 a.m. - 4 p.m.
London Convention Centre, London, Ontario

LEGEND - WORKSHOP SUITED FOR: (A) - Allied Health, (N) - Nurses, PSWs, (P) - Physicians, Pharmacists

7:30 - 8:20 a.m. - REGISTRATION, DISPLAYS & REFRESHMENTS

8:20 - 8:30 a.m. - WELCOMING REMARKS
Laura Diachun, MD, Conference Chair, Division of Geriatric Medicine, St. Joseph's Health Care London

8:30 - 9:50 a.m. - PLENARY SESSION
Monster in the Mind
Monster in the Mind is a feature length documentary that investigates the untold truth behind the world's most feared disease - Alzheimer's Disease. Featuring interviews with leading researchers, *Monster in the Mind* offers an unprecedented look at the truth and fiction of Alzheimer's, its origins, the failed searches for a solution and a surprisingly upbeat vision for saving yourself and the world from dementia.

A moderated panel discussion with Alzheimer's experts will follow film
- Ian Gillespie (moderator), Columnist, *London Free Press*
- Jennie Wells, MD, St. Joseph's Health Care London
- David F. Tang-Wai, MDCM, University of Toronto

10 - 11 a.m. MORNING CONCURRENT WORKSHOPS I

1. Culture Change in Dementia and Long-term Care: What Is It and How to Start? (A, N, P)
Sherry Dupuis, PhD, University of Waterloo
Carrie McAiney, PhD, McMaster University
- Explore culture change and the process used by the Partnerships in Dementia Care (PiDC) Alliance
- Apply activities used in preparing for and starting a culture change

2. Approach to Diagnosing Uncommon Dementias (N, P)
David F. Tang-Wai, MDCM, University of Toronto
- Discuss the principles of reading CT, MRI, SPECT and PET scans of the brain
- Identify key neuroanatomical structures and determine the key neuroimaging features of dementias

3. Cognitive Enhancers in Dementia: When to Start, Stop and What's New (A, N, P)
Luis Viana, BCGP, University of Waterloo
- Discuss the initiation of therapy, monitoring while on therapy, and consideration for cessation
- Identify pharmacologic therapies being developed to enhance cognition or delaying cognitive changes

4. Energize Your Everyday: Strategies that Cultivate Personal Empowerment (A, N, P)
Cathy Parsons, RN, St. Joseph's Health Care London
- Discuss the research on topics that contribute to mental well-being and enhanced performance
- Explore strategies that increase energy, enhance relationships and cultivate meaning at work and in life

5. Infectious Diseases in the Older Adult (A, N, P)
Michael John, MD, Western University
- Identify two areas where infectious diseases are increasing
- Learn how to discuss vaccination recommendations for your older patients

11 - 11:25 a.m. - REFRESHMENTS, DISPLAYS & NETWORKING

11:30 a.m. - 12:30 p.m. - MORNING CONCURRENT WORKSHOPS II

6. Geriatric Oncology (A, N, P)
Camilla Wong, MD, St. Michael's Hospital, Toronto
- Discuss evidence for comprehensive geriatric assessment and its application in oncology
- Apply evidence-based tools in predicting chemotherapy toxicity in older adults

7. Identifying and Supporting Family Caregivers (A, N, P)
Sheila Schuehlein, Family Caregiver & Consultant for Elder Abuse Ontario
Lori Hale, Executive Lead, The Change Foundation
Paul Cavanagh, Editor, *CaregiverExchange.ca*
- Discuss challenges commonly faced by family caregivers
- Recommend tools and practical resources for family caregivers

8. Top Geriatric Papers of 2016 (A, N, P)
Chris Brymer, MD, St. Joseph's Health Care London
- Apply current literature to primary elder care

9. Patients with Dementia in Rehabilitation: A Focus on Pain Management (A, N, P)
Jennie Wells, MD, St. Joseph's Health Care London
- Assess and identify pain and behaviors in the cognitively impaired
- Tailor drug and non-drug therapies for those with dementia

10. Cognitive Enhancers in Dementia: When to Start, Stop and What's New (A, N, P)
Repeat of Workshop #3
Luis Viana, BCGP, University of Waterloo

12:30 - 1:15 p.m. - Lunch, Displays & Networking

1:15 - 2:15 p.m. - PLENARY SESSION
I Brain: How Does Your Brain Work and How Does Dementia Affect It?
Peter Lin, MD, Director of Primary Care Initiatives, Canadian Heart Research Centre
- Identify basic brain function and the impact of dementia
- Discuss screening and treatment of dementia

2:15 - 2:40 p.m. - AFTERNOON BREAK

2:45 - 3:45 p.m. - AFTERNOON CONCURRENT WORKSHOPS

11. Drug Interactions: How to Make Sense of It All (A,N,P)
Peter Lin, MD, Director of Primary Care Initiatives, Canadian Heart Research Centre
- Describe how drugs are metabolized and strategies for avoiding drug interactions
- Describe the cytochrome P450 system

12. Culture Change in Dementia and Long-term Care: What Is It and How to Start? (A, N, P)
Repeat of Workshop #1
Sherry Dupuis, PhD, University of Waterloo
Carrie McAiney, PhD, McMaster University

13. Top Geriatric Papers of 2016 (A,N,P)
Repeat of Workshop #8
Chris Brymer, MD, St. Joseph's Health Care London

14. The Impact of Wheelchair Seating on Eating, Breathing and Well-being (A,N,P)
Sheila Buck, B.Sc., OT, Therapy NOW! Inc.
- Identify postural tendencies in the geriatric population
- Discuss how seated posture can influence eating habits, breathing and skin integrity

15. Infectious Diseases in the Older Adult (A,N,P)
Repeat of Workshop #5
Michael John, MD, Western University

3:45 - 4 p.m. - EVALUATION

25% of this program is dedicated to participant interaction

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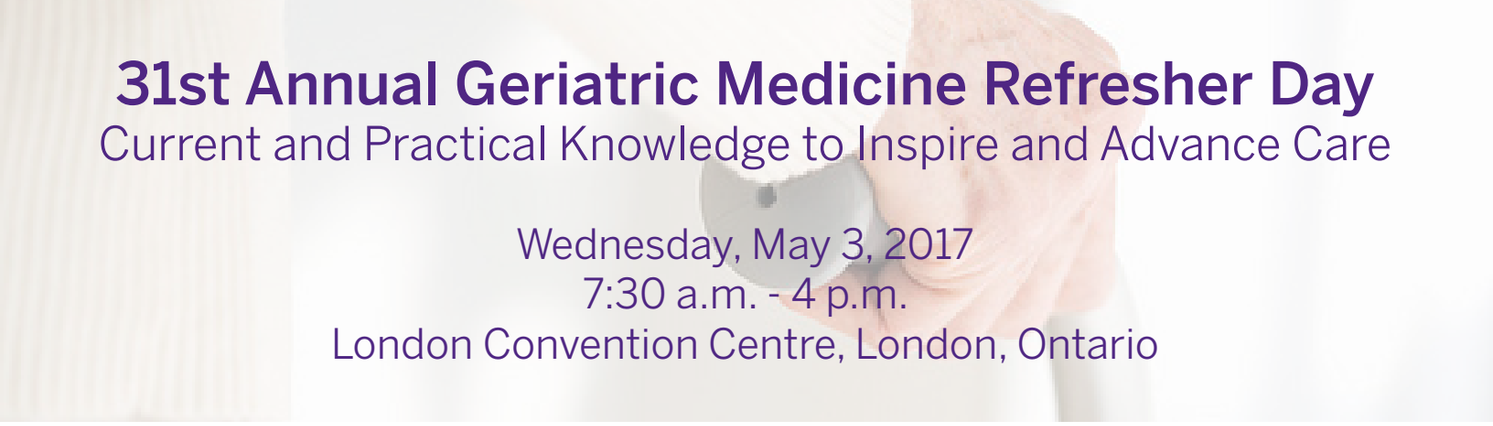

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EVENT DETAILS

Wednesday, May 3, 2017
Registration: 7:30 - 8:20 a.m.
Opening Remarks: 8:20 a.m.
London Convention Centre, 300 York Street, London, ON
$160 per person
$60 per full-time student/volunteer (maximum of 30)

WHO SHOULD ATTEND

Given the interdisciplinary nature of geriatric care and the feedback from the 2016 conference evaluations, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists (OT, PT, SLP, RT), pharmacists, dietitians, psychologists, social workers, researchers, educators and discharge planners, as well as people serving primarily in administrative positions.

ABOUT THE CONFERENCE

We are proud to present and celebrate our 31st annual conference in Geriatric Medicine that provides professionals with the opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care for the older adult. The plenary session encourages interdisciplinary discussion of a subject common to all, while concurrent sessions provide medical updates and review of best practices of topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. We encourage you to visit our display area in the Exhibitor Hallway.

STUDY CREDITS

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry for up to 6.0 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (6.0 hours).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

REGISTRATION

All electronic registrations received prior to April 1, 2017 will be entered into our "Early Bird Draw" and are eligible to receive a full refund of the 2017 registration fee. We encourage all to register prior to April 1, 2017. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing after April 27, 2017 will result in a $40 administration fee. Registrations received after April 27, 2017 will be considered only if space permits.

PARKING

Parking is not included in your registration fee. Please be prepared to pay for your own parking. Parking is available at the

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