Wednesday, May 2nd, 2007

Early Bird Deadline April 2, 2007

Geriatric Medicine Refresher Day

SOWING THE SEEDS: KNOWLEDGE TO PRACTICE

London Convention Centre, London, Ontario

7:30 am – 8:20 am Registration, Displays and Refreshments

8:20 am – 8:30 am WELCOMING REMARKS

Laura Driscoll, Conference Chair, Geriatrician, Division of Geriatric Medicine, University of Western Ontario

8:30 am – 9:20 am PLENARY SESSION

Pandemic Preparedness

Bryan Ward, Director, Communicable Disease, Middlesex-London Health Unit, London, Ontario

Learning Objectives:
- Understand current infection prevention strategies
- Learn about the latest pandemic information

9:20 am – 9:30 am Refreshments, Displays and Networking

9:50 am – 11:00 am MORNING CONCURRENT WORKSHOPS

1. National Guidelines for Seniors Mental Health - LTC
   Maggie Gibson, Psychologist, SJHC London
   Learning Objectives:
   - Review recommendations for the management of mood and behaviour symptoms in LTC
   - Discuss access, utilization and outcomes in guidelines

2. Physical Activity and Aging - Best Practice Guidelines for Care Facilities
   Clara Fitzgerald, Program Director, Canadian Centre for Activity and Aging
   Learning Objectives:
   - Understand Best Practice recommendations for physical activity opportunities
   - Discuss models for delivering physical activity programs

3. Driving Dilemmas and the Law
   Anna Byszewski, Geriatrician, The Ottawa Hospital
   Learning Objectives:
   - Recognize ethical and legal issues of driving and cognitive impairment
   - Determine practical methods of addressing the medical issues around fitness to drive

4. Provincal Palliative Care Integration Project (PPCIP)
   Karen Palmer, Regional Improvement Coordinator, PPCIP
   Learning Objectives:
   - Understand the population and program aims
   - Learn to apply the common assessment tools

5. Prevention of Viral and Bacterial Infections in the Elderly
   Bryan Ward, Director, Communicable Disease, Middlesex-London Health Unit, London, Ontario
   Learning Objectives:
   - Review new and existing vaccines
   - Learn about viral and bacterial infection prevention.

11:00 am – 12:20 pm MORNING CONCURRENT WORKSHOPS

6. Continence and Cognition: Managing the Overactive Bladder (OAB) in Seniors
   Gary Kay, Neuropsychologist, Georgetown University School of Medicine, Washington Neuropsychological Institute
   Sue O’Hara, NP/CNS, SJHC London
   Learning Objectives:
   - Discuss the concept of “dying healed”
   - Learn strategies to effectively support our dying patients, their families, and each other

7. Healing, Helping and Hoping: Working More Effectively with People who are Dying
   Michele Chaban, Clinical Thanatologist, University of Toronto, Willed Laurier University, University of Wales
   Learning Objectives:
   - Review the prevalent emotional symptoms of OAB
   - Understand the effects of urinary anticholinergic drugs on cognition

8. Driving Dilemmas and the Law (repeat of #3)

9. Emotional Symptoms in Mild Cognitive Impairment (MCI)
   Amer Burhan, Geriatric & Neuropsychiatrist, RMHC London
   Learning Objectives:
   - Review the association between heart failure and cognitive syndromes
   - Review the management of heart failure as it pertains to function and cognition

12:20 pm – 1:30 pm Lunch, Displays and Networking

1:30 pm – 2:20 pm PLENARY SESSION

The Year in Review: Ten Important Developments in Geriatric Care, Chris Breamer, Geriatrician, SJHC London

Learning Objectives:
- Understand how to critically review the literature
- Become familiar with emerging concepts in Geriatric Care

2:20 pm – 3:30 pm AFTERNOON BREAK

2:30 pm – 4:00 pm AFTERNOON CONCURRENT WORKSHOPS

10. Physical Activity and Aging - Best Practice Guidelines for Care Facilities
    Clara Fitzgerald, (repeat of #2)

11. Heart Failure: A Cardiogeriatric Syndrome
    George Heckman, Geriatrician, McMaster University
    Learning Objectives:
    - Review the prevalence of emotional symptoms of MCI
    - Understand brain correlates of emotions
    - Discuss assessment and management of the emotional symptoms of MCI

12. Preventing Suicide in Late Life
    Manim Heisel, Psychologist, University of Western Ontario
    Learning Objectives:
    - Review evidence on the assessment of suicide risk and prevention
    - Examine the strength of evidence for associated recommendations

13. Continence and Cognition: Managing the Overactive Bladder in Seniors, Gary Kay, Sue O’Hara (repeat of #6)

14. Healing, Helping and Hoping (repeat of #7)

3:45 pm – 4:00 pm ADJOURNMENT AND EVALUATION
Who Should Attend
We invite physicians, managers and staff of care facilities serving elderly persons living at home or in institutions. Recognizing the interdisciplinary nature of geriatric care, and the feedback from last year’s conference evaluation, selected topics are designed for physicians, nurses, therapists, nutritionists, social workers, and discharge planners, as well as people serving primarily in administrative positions.

About the Conference
We are proud to present and celebrate our 21st annual conference, which provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care to the elderly. The plenary sessions encourage cross-disciplinary investigation of subjects common to all, while concurrent sessions provide medical updates and investigation of other topics in geriatric care. All sessions include time for questions from participants. The speakers participate throughout the day and informal discussions are encouraged at the display and book sales areas during breaks and lunch. Information on accessing services in Southwestern Ontario, as well as hard copy material from all sessions, will be available. We look forward to seeing you!

Sponsors
The University of Western Ontario, London, Ontario;
Division of Geriatric Medicine; Schulich School of Medicine and Dentistry; The Ontario Ministry of Health and Long-Term Care; Southwestern Ontario Regional Geriatric Program; St. Joseph’s Health Care, London. This program has been made possible through unrestricted educational grants from Johnson & Johnson; Lundbeck Canada Inc.; MERCK FROST; Novartis Pharmaceuticals Canada Inc.; and Pfizer Canada, Tristion Pharma Inc.

Study Credits
This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 5.5 MAINPRO-M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by Continuing Medical Education from the University of Western Ontario.

Early Bird Fee
The Early Bird fee of $120 is honoured until April 2, 2007. Your registration must be postmarked no later than April 2, 2007 (mail, fax, email). Please complete the registration form included with the flyer.

Fees
The fee of $140 per person ($35 per student/volunteer) includes lunch, refreshments, parking, and conference package. It is due on April 25th, 2007 and is nonrefundable after this date. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing prior to April 25th, 2007 will result in a refund minus $40. Registrations received after April 25th, will be considered only if space permits. Please complete the registration form included with the flyer.

Receipt
Your receipt is valuable. It is an official receipt and is proof of registration. The original receipt must be returned to the Division of Geriatric Medicine in the case of refund. A $5 fee is charged for a replacement receipt.

LONDON CONVENTION CENTRE
York Street, London ON, Canada N6B 1P8
Tel: 519-661-6200
Toll Free: 1-800-201-9992
http://www.londoncc.com

Directions:
The best route is Wellington Road North exit (R186B) off HWY. 401 and remain on Wellington Road to downtown Lon-
don. You will pass under the railway tracks just before York
Street. Turn right (east) off of Wellington on to York Street.
The London Convention Centre is located on the north side of
York Street. The entrance to the underground parking is located
on the east side of the London Convention Centre.

Parking:
Free Parking will be provided for all conference registrants
ONLY at the underground parking facility at the Convention
Centre and Imperial Parking located across the street from the Convention Centre.

ACCOMMODATIONS
Delta London Armouries, 325 Dundas Street London, Ontario
Tel: 519-540-8533, Toll Free: 1-877-877-1575

Hilton London, 300 King Street, London, Canada N6A 3S2
Tel: 416-1664, Toll Free: 1-800-448-8667