



## MOUNT BRYDGES, ONTARIO

### Southwest Middlesex Health Centre

Dr. Julie Copeland is an east coaster who fell in love with life in southwestern Ontario. After growing up in small town New Brunswick, she attended medical school at the University of Toronto and in her fourth year arrived in Strathroy/Mount Brydges for a four-week elective with Schulich School of Medicine & Dentistry. She's yet to leave because she loves it so much.

Dr. Copeland practices comprehensive family medicine, including office-based, inpatient hospital care, emergency department coverage, nursing home care and home visits in the Mount Brydges-Strathroy area. She became Centre Director at Southwest Middlesex Health Centre in 2010 and is currently the Rural-Regional Program Director for Family Medicine at Western. At Strathroy Middlesex General Hospital, she was Head of Emergency Services for three years and brought the department through a very tough time manpower-wise. Dr. Copeland currently sits on the Service of Emergency and Joint Infection Control and Electronic Order Sets committees at the hospital.

Currently enrolled in the Masters of Clinical Science in Family Medicine at Schulich Medicine & Dentistry, Dr. Copeland enjoys reading, watching movies and travelling from coast to coast and continent to continent seeking out new adventures. On the weekend you'll find her at the lake or the park with the family boxer Darcy, playing cards with friends or hosting parties and gatherings for family, friends and colleagues.

Learn more at [www.schulich.uwo.ca/familymedicine](http://www.schulich.uwo.ca/familymedicine)



# Southwest Middlesex Health Care

## A TYPICAL WEEK IN MOUNT BRYDGES

	MON	TUES	WED	THURS	FRI
08:00 10:00	Hospital Rounds	Hospital Rounds	Hospital Rounds	Hospital Rounds	Hospital Rounds
10:00 12:00	Patients	Emergency	Teaching	Patients or Nursing Home	Patients
13:30 17:00	Patients	Emergency	Teaching	Patients or Nursing Home	Patients

## Mount Brydges, Ontario

### Demographics

- Located approximately 30 minutes from the centre of London
- The centre provides care to patients in the surrounding communities of Mount Brydges, Delaware, Komoka and the First Nations communities of Oneida, Muncey and Chippewa

### Practice Experience

- Multidisciplinary clinic which provides services including social work, dietary advice, physiotherapy, dental services and a community pharmacy
- Equipped with casting, x-ray, laboratory and urgent care treatment facilities
- Patients are seen in the office, at Strathroy Middlesex General Hospital, at a nearby nursing home in Komoka and a local rest home
- Patient profile includes: adult medicine, geriatrics, obstetrics/gynaecology, counseling/psychology, paediatrics/well-baby care

### Teaching

- Eight residents per 16-week block
- A strong rural “hands-on” and culturally sensitive flavour to learning opportunities
- Four staff physicians provide coverage
- Opportunity to provide home call for the nursing homes
- Residents do approximately 25-30 hours per month in Strathroy
- Educational sessions every Wednesday morning

Learn more at [www.schulich.uwo.ca/familymedicine](http://www.schulich.uwo.ca/familymedicine)

