Enhanced Skills Program

Application Information Session for Family Medicine Residents

Dr. Kyle Carter, MD, CCFP(EM)  
Enhanced Skills Program Director & Assistant Professor

August 4, 2021
**THE PERFECT RESIDENT**

Does not require sleep

Never has to eat

Never has to pee

Basically homeless

Wow, you just finished assisting on a 12-hour liver transplant, and you didn’t have to scrub out once! How do you do it?

Dunno, discipline, I guess.

You spent the night at the hospital AGAIN? But you weren’t even on call!

What’s your point?

Somewhat creepy attention to detail

Has lost ability to feel pain

If we hand-deliver those blood samples to the lab, it should take them three minutes to register, twenty minutes to run the test... let’s say twenty-two, the machine has been glitchy... and one minute to log the results. So call the lab in twenty-six minutes. Is that a new shirt?

Oh my GOD, is that an AXE sticking out of your head?

Hey, free pizza in the lounge by the way.
Program Contacts

ES Program Director: Dr. Kyle Carter kwcarter519@gmail.com

DFM Program Director: Dr. Julie Copeland jcopela3@uwo.ca

DFM Associate Program Director: Dr. Daniel Grushka dgrushk@uwo.ca

Program Administrator: Mr. Dennis Sue dennis.sue@schulich.uwo.ca

Postgraduate Education Coordinator: Ms. Kelsey Klages kelsey.klages@schulich.uwo.ca

Postgraduate Academic Program Coordinator: Ms. Adrienne Wakabayashi adrienne.wakabayashi@schulich.uwo.ca

Office of Distributed Education: Mrs. Brenda Hennessey distributed.education@schulich.uwo.ca
The current vision of the Enhanced Skills Program is to provide residents with additional training in specialized fields of family medicine for a duration of 6 to 12 months in length.

The aim is to attract exceptional residents who want to be leaders in these sub-specialized fields of family medicine while still adhering to the guiding principles of family medicine.

It is our hope that these residents will then attempt to encompass these new skills within the practice of family medicine.
Why Enhanced Skills?

• Opportunity to become an expert and resource to your community

• Increased job opportunities in varied centres: urban, rural, academic.

• Ability to sub-specialize or develop a focused practice.

• Excellent remuneration and flexible lifestyle options.

• Limited reentry opportunities
Why Western?

• Fully accredited program (2020)

• Long track record of excellence

• Graduates have found employment in all areas: urban, rural, academic

• Third largest program in Canada
12 Month Programs

• Academic Family Medicine
• Care of the Elderly
• Sport & Exercise Medicine
• Primary Care Chronic Disease Program
• Emergency Medicine
• Individualized Program
• Palliative Care
• Primary Care Rheumatology
6-Block Programs

- Women’s Health & Obstetrics
- Individualized Program
- Child Health
- Windsor Hospitalist Program
Types of Programs

- **Category 1 programs**
  - Programs that adhere to an agreed upon set of national guidelines, objectives and evaluations
  - ER, COE, Palliative Care, SEM
  - Cannot deviate from the program objectives

- **Category 2 programs**
  - Programs that have been designed at the university level that adhere to the guiding principles of Enhanced Skills training in the CFPC red book, but do not have a nationally agreed upon set of guidelines, objectives and evaluations
  - More internal flexibility with regards to training
• Care of the Elderly
• Emergency Medicine
• Sport & Exercise Medicine
• Palliative Care
CATEGORY 2 Programs

- Academic Family Medicine
- Child Health
- Chronic Diseases Management
- Enhanced Skills - Individualized Program
- Hospitalist
- Obstetrics & Women's Health
- Family Medicine Oncology
- Primary Care Rheumatology
Care of the Elderly

- Program Director:
  - Dr. Corrine Coulter
  - Corrine.coulter@lhsc.on.ca

- Number of residents
  - 1-2 residents/year
Care of the Elderly

• The program includes a combination of block rotations with selected horizontal continuing clinical experiences. Experience in the following clinical settings is usually provided in block rotations:

• Acute Care Ward Consultation
• Geriatric Rehabilitation Unit
• Outreach
• Geriatric Psychiatry
• Geriatrics and Family Medicine
• Electives
• Ambulatory clinics
Emergency Medicine

- Program Director:
  - Dr. Munsif Bhimani
  munsif.bhimani@lhsc.on.ca

- Number of residents
  - 8 residents/year
  - 2 RoS residents/year
    - For 2020-2021: RoS is Windsor and Chatham
Positions Nationally

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Western has the largest Ontario based CFPC-EM program
Emergency Medicine

- **Academic ER – LHSC** – 2 blocks
- **Community ER** – 1 block (Goderich, Chatam, Strathroy, Leamington, Owen Sound, Sarnia, St. Thomas, Stratford, Windsor)
- **Community ER/Anesthesia** – 1 block
- **Plastics/HULC** – 1 block
- **Ortho-Hybrid** – 1 block
- **Peds-ER** – 2 blocks (can be split between HSK or PCCU)
- **CCTC** – 2 blocks
- **CCU** – 1 block
- **POCUS** – 1 block
- **Elective** – 1 block
• Program Director:
  – Dr. Graham Briscoe –
    [email: graham.a.briscoe@gmail.com]

• Number of residents
  – 2-3 residents/year
Sport & Exercise Medicine

- The Resident will spend time at:
  - FKSMC in direct patient care
  - Fanshawe Clinic providing general medical care in a student health setting.
  - With Orthopaedic Surgeons and other designated Specialists as well as allied Health Professionals including physiotherapists, pedorthists, and bracing specialists at FKSMC.

- Other activities include:
  - Varsity athletics and participate in community event coverage.
  - Teaching of family medicine residents and Kinesiology MSc. Students
  - Research opportunities in the form of projects or pursuing a Master’s degree
Palliative Care

• Program Director:
  – Dr. Anita Singh – anita.singh@lhsc.on.ca
  – Dr. Trish Valcke – pvalcke@thehospice.ca

• Number of residents
  – 1-2 residents/year
Palliative Care

- **2 Streams**

**London Stream:**

- 4 blocks LHSC (Victoria campus),
- 1 block LHSC (University campus),
- 2 blocks Windsor hospice,
- 1 block Windsor oncology,
- 2 blocks Sarnia,
- 3 blocks elective
Palliative Care

Windsor Stream:
- 2 blocks LHSC (Victoria campus),
- 1 block LHSC (University campus),
- 2 blocks WRH consult service (Metropolitan campus, and HDGH PCU),
- 2 blocks Windsor hospice,
- 1 block Windsor oncology,
- 2 blocks Sarnia,
- 3 blocks elective
Palliative Care

• Rotations
  • Electives
    • 3 blocks

• Horizontal experience during the year
  • Psychosocial oncology at LRCP when in London
  • Pain clinic at LRCP when in London
  • Foundations of palliative care online course
CATEGORY 2 Programs

- Academic FM Program
- Windsor Hospitalist
- OB and Women’s Health
- Child Health

- Primary Care Chronic Disease Program
- Primary Care Rheumatology
- FM-Oncology
- Individualized Program
Academic Family Medicine

- Program Director:
  - Dr. Christina Cookson
ccookson2012@gmail.com

- Number of residents
  - 1-2 residents/year
Academic Family Medicine

- Joint program between the departments of Family Medicine and Graduate Studies
- Goal of the program is to train academic clinicians with an interest in teaching and research
- Two tracts
  - Thesis & course work
  - Non thesis/major essay & course work
Windsor Hospitalist Program

- Program Director
- Dr. Danielle Soulliere – Danielle.Soulliere@wrh.on.ca

- Number of residents
  - 1-2 resident/year
The training would take place at the Hotel Dieu Grace Hospital and Windsor Regional Hospital and is proposed as follows:

- 2 blocks CTU at Hotel Dieu Hospital
- 1 block hospitalist Windsor Regional Hospital
- 1 block ICU with rapid response team at Hotel Dieu
- 1 block RCU/ICU at Windsor Regional Hospital
- 2 week elective infectious disease
- 2 weeks to be divided up as electives chosen from the following areas of specialty: cardiology, nephrology, neurology, endocrinology, GI, Oncology, palliative-inpatient care, radiology, neonatal ICU, chronic care
Obstetrics & Women’s Health

- Program Directors:
  - Dr. Andrea Alarie (Kitchener) – andrea.alarie@icloud.com
  - Dr. Paige Hacking (London) – paige.hacking@gmail.com

- Number of residents
  - 1-4 residents/year
Obstetrics & Women’s Health

• Goal is to offer residents a chance to increase their knowledge, experience and procedural base in Women’s Health

• 6 block program where the resident will be assigned to 1 of 2 home sites

• Kitchener – high volume OB + clinics (many learners)
• London – high volume FM/OB + clinics
Horizontal Women’s Health Electives

• **Primary Care Women’s Health**
  - Women’s Health Clinic at Victoria Hospital
  - Family Practice with strong OB and Women’s Health
  - Diabetes Family Planning Clinic at MLHU

• **Psychiatry**
  - Eating Disorders clinic
  - PTSD Clinic
  - First Episode Mood Disorder
  - Post Partum Mood Disorder Clinic

• **Community Based Women’s Health**
  - Violence and Sexual Assault Team

• **Medicine Based Women’s Health**
  - Sexually Transmitted Infection Clinic
  - Genetics Clinic
  - Endocrinology Clinic

• **Surgical Based Women’s Health**
  - Breast Clinic
  - Gynecology
  - Urogynecology Clinic
  - Fertility Clinic
  - Gynecology Clinic
Child Health

- Program Director
  - Dr. Loretta Seevaratnam
  - lseevartnam@rogers.com

- Number of Residents
  - 1 resident/year
Child Health

- Rotations
- Rural general paediatrics (Sarnia and other sites) - 2 blocks
- Tertiary inpatient paediatrics (London) - 1 block
- Emergency & Airway (London) - 2 blocks
- Electives (Varied Sites) - 2 blocks
Primary Care Chronic Disease Management Program

- Program Director
  - Dr. Sonja Reichert
  - sreiche2@uwo.ca

- Number of residents
  - 1-3 residents/year
Primary Care Chronic Disease Management Program

- 12 month program that focuses on the management of patients with chronic diseases
- Longitudinal rotations allow for flexibility regarding developing interests in specific fields
- Rotations include outpatient clinics in:
  - Diabetes
  - Cardiovascular health
  - Nephrology
  - Neurology
  - COPD
  - Wound care
  - Rheumatologic diseases
- Electives based on resident’s educational objectives
Primary Care Rheumatology

- Program Director
  - Dr. Gina Rohekar
  - gina.rohekar@sjhc.london.on.ca

- Number of residents
  - 1 resident/year
Primary Care Rheumatology

- 1 year program based out of the St. Joe’s rheumatology clinic focusing on primary care based rheumatological conditions

- Areas of focus:
  - OA
  - Inflammatory arthritis
  - Fibromyalgia
  - Tendonitis
  - Mechanical Back Pain
  - Connective Tissue Diseases
  - PMR
Family Med-Oncology

- Program Director
  - Dr. Ted Vandenberg
  - ted.vandenberg@lhsc.on.ca

- Number of residents
  - 1 resident/year
Family Med-Oncology

- London: Inpatient medical oncology (1 block)
- London: Rotations in lung, breast, GI, melanoma, head/neck, GU (5 blocks)
- London: Hematology/Oncology (1 block)
- London: Gyn/Onc (1 block)
- London: Palliative Care/Pain Clinic (1 block)
- Windsor: Inpatient Hospitalist-Oncology (1 block)
- London or Windsor: Radiation-Oncology (1 block)
- Windsor: General medical oncology clinic (1 block)
- London/Windsor/Community: Elective – choice of community ICU, palliative care/hospice, research/admin, family medicine (1 block)
Individualized Program

- Program Director
  - Dr. Kyle Carter
  - kcarte@uwo.ca

- Number of residents
  - 1-3 residents/year
  - 6-12 months programs available
  - Preference given to established programs over individualized program, with the exception of a well thought out program with objectives and a clinical supervisor.

- Cannot design a program similar to one that is already offered
- Cannot design a program that is an extension of residency
- Cannot offer program in Pain Medicine currently
- Resident is responsible for setting up rotations and getting a supervisor
Required documentation:

- Application form on myFM / CaRMS application
- 4 reference letters
  - 1 letter from PD
  - 1 letter from primary FM supervisor
  - 2 letters from ES related physicians
- Letter of intent
- CV
Eligibility

Current resident in Family Medicine Training Program (residents >12 months out of residency must apply to a reentry funded position – not offered at Western)

Successful completion of a Family Medicine Resident Training Program in Canada prior to starting the ES program

*As per the Postgraduate Education Office, IMG's who entered the postgraduate system through CaRMS in Ontario are eligible to be considered for Family Medicine PGY3 MOHLTC funded positions. IMG's from other provinces are eligible but would have to complete a ROS in Ontario prior to ROS in their original province of study.*

Must hold CPSO, CMPA

Must pass prior to entering program:
  - LMCC I
The Family Medicine/Enhanced Skills Match (FM/ES match) is for applicants who are completing or have completed postgraduate training in Family Medicine in Canada and want to pursue enhanced skills training.

Prior to the 2021 match cycle, the FM/ES match was called the Family Medicine / Emergency Medicine (FM/EM) match. It was renamed to reflect the participation of all Category One enhanced skills programs for the 2021 match cycle.

On-line Application

Category 1 Enhanced Skills Programs

https://www.carms.ca/match/family-medicine-enhanced-skills-match/
Enhanced Skills Application

Welcome to the Family Medicine Enhanced Skills online application at Schulich School of Medicine and Dentistry. Before starting the application form, please ensure you have prepared all of the following required information. Once each step is completed, you will not be able to go back and edit your submission.

1. Application Requirements

• Contact Information

• Program Applying for
   For residents applying to an individualized program, please contact Dr. Kyle Carter ASAP prior to submitting your application to determine the feasibility of your program. If approved, it will be the resident's responsibility to describe the goals of the program as well as the medical expert objectives and to secure preceptors and rotations. This will need to be submitted with your letter of intent.

• Education

• Postgraduate Training

• Licence Information

• Written Examinations

• Languages

On-line Application

myFM

Category 2 Enhanced Skills Programs

– https://fm.schulich.uwo.ca/MyFM/es_application/
CaRMS Timeline

Program Descriptions: 3 Aug. 2021
Application opens: 1 Sept 2021
Application closes: 15 Sep. 2021
Category 1 CaRMS Match Date: 25/26 Nov 2021
Category 1 CaRMS Match Date: 15 Dec. 2021
Start Date: 1 July 2022
End Date: 30 June 2022

Category 2 Timeline

Application Opens: 3 Aug. 2021
Rolling interviews and offers: Oct 15 - Dec 14
Start Date: 1 July 2022
End Date: 30 June 2022
How to prepare

- Gain experience in your area of interest
  - Electives, horizontal electives, research, academic pursuits
- Go beyond your training
  - Courses, conferences, certifications, etc
- Demonstrate roundedness to your area
  - Understand the breadth of required training
- Get facetime with those that may train you
What Were Looking For

• What you plan to do with the training

• A longitudinal preparedness for the year

• Strong letters of reference from those within the field

• Clear goals to achieve with the additional training

• Demonstration of qualities that are important for your field
Resources


- Please refer to website regarding updates from the department and the new Enhanced Skills Program website

- Please refer to the [orientation manual](#) for all policies

- *All policies that govern PGY-1 & PGY-2 apply to PGY-3 residents*