

Enhanced Skills Program

Application Information Session for Family Medicine Residents

Dr. Kyle Carter, MD, CCFP(EM)

Enhanced Skills Program Director & Assistant Professor

August 4, 2021

THE PERFECT RESIDENT

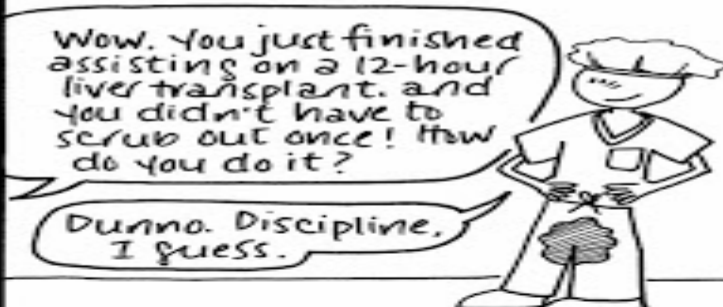
Does not require sleep



Never has to eat



Never has to pee



Basically homeless



Somewhat creepy
attention to detail



Has lost ability to feel pain



A black stethoscope with a circular chest piece and two earpieces is positioned diagonally across a white computer keyboard. The keyboard features standard keys with black lettering, including 'S', 'D', 'F', 'G', 'H', 'J', 'K', 'L', 'P', 'O', 'I', 'U', 'Y', 'T', 'V', 'B', 'N', 'M', 'X', 'C', 'V', 'B', 'N', 'M', 'command', 'option', and 'arrow' keys. The stethoscope's tubing is black, and its metal components are polished and reflective. The background is a plain, light-colored surface.

Office of Distributed Education: Mrs. Brenda Hennessey
distributed.education@schulich.uwo.ca

Program Vision

- The current vision of the Enhanced Skills Program is to provide residents with additional training in specialized fields of family medicine for a duration of 6 to 12 months in length.
- The aim is to attract **exceptional residents** who want to be leaders in these sub-specialized fields of family medicine while still adhering to the guiding principles of family medicine.
- It is our hope that these residents will then attempt to encompass these new skills within the practice of family medicine





Why Enhanced Skills?

- Opportunity to become an expert and resource to your community
- Increased job opportunities in varied centres: urban, rural, academic.
- Ability to sub-specialize or develop a focused practice.
- Excellent remuneration and flexible lifestyle options.
- Limited reentry opportunities

Why Western?

- Fully accredited program (2020)
- Long track record of excellence
- Graduates have found employment in all areas: urban, rural, academic
- Third largest program in Canada



12 Month Programs

- Academic Family Medicine
- Care of the Elderly
- Sport & Exercise Medicine
- Primary Care Chronic Disease Program
- Emergency Medicine
- Individualized Program
- Palliative Care
- Primary Care Rheumatology

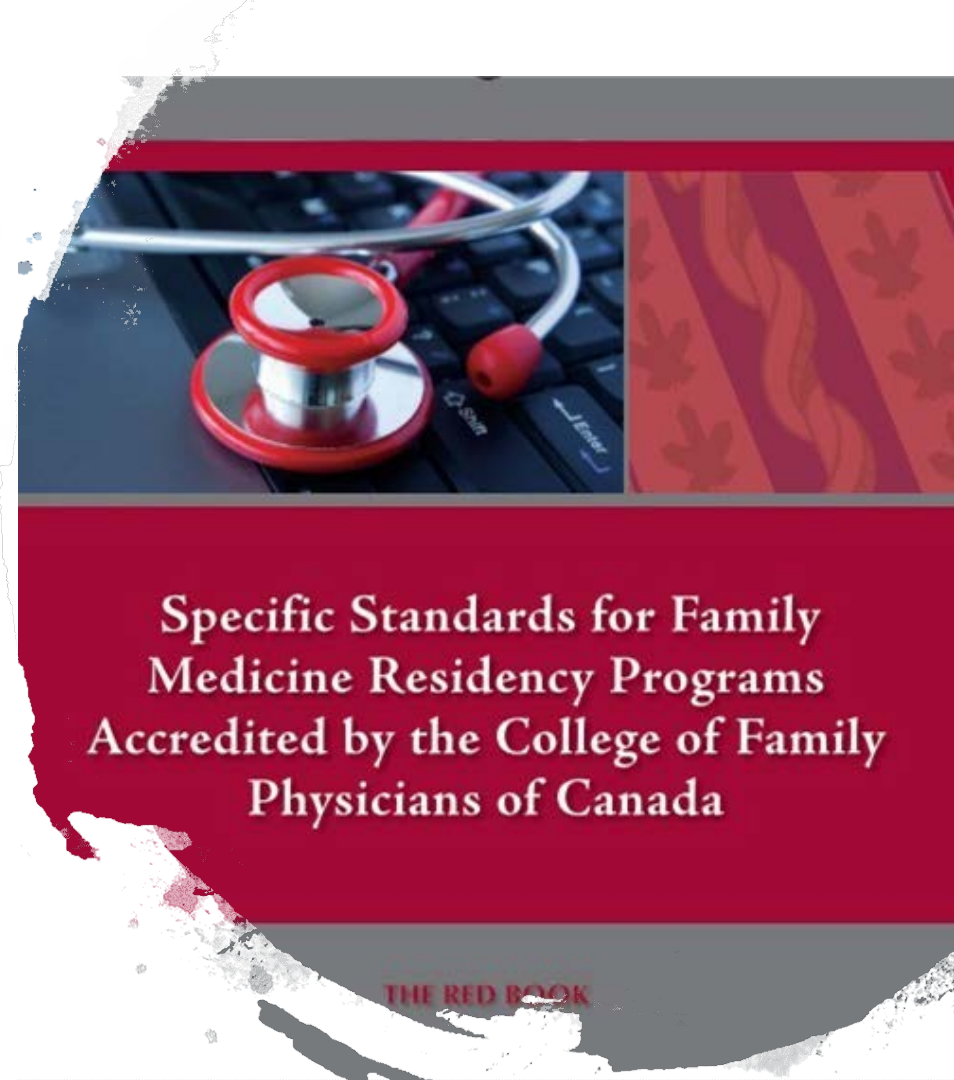
6-Block Programs

- Women's Health & Obstetrics
- Individualized Program
- Child Health
- Windsor Hospitalist Program



Types of Programs

- **Category 1 programs**
 - Programs that adhere to an agreed upon set of national guidelines, objectives and evaluations
 - ER, COE, Palliative Care, SEM
 - Cannot deviate from the program objectives
- **Category 2 programs**
 - Programs that have been designed at the university level that adhere to the guiding principles of Enhanced Skills training in the CFPC red book, but do not have a nationally agreed upon set of guidelines, objectives and evaluations
 - More internal flexibility with regards to training





CATEGORY 1 Programs

- Care of the Elderly
- Emergency Medicine
- Sport & Exercise Medicine
- Palliative Care



CATEGORY 2 Programs

- Academic Family Medicine
- Child Health
- Chronic Diseases Management
- Enhanced Skills - Individualized Program
- Hospitalist
- Obstetrics & Women's Health
- Family Medicine Oncology
- Primary Care Rheumatology

Care of the Elderly

- Program Director:
 - Dr. Corrine Coulter
 - Corrine.coulter@lhsc.on.ca
- Number of residents
 - 1-2 residents/year



Care of the Elderly

- The program includes a combination of block rotations with selected horizontal continuing clinical experiences. Experience in the following clinical settings is usually provided in block rotations:
 - Acute Care Ward Consultation
 - Geriatric Rehabilitation Unit
 - Outreach
 - Geriatric Psychiatry
 - Geriatrics and Family Medicine
 - Electives
 - Ambulatory clinics





Emergency Medicine

- Program Director:
 - Dr. Munsif Bhimani
munsif.bhimani@lhsc.on.ca
- Number of residents
 - 8 residents/year
 - 2 RoS residents/year
 - For 2020-2021: RoS is Windsor and Chatham

Positions Nationally

University	Positions
Memorial	4
Dalhousie	4
Laval	11
Sherbrooke	6
Montreal	10
McGill	12
Ottawa	5
NOSM	7
Queen's	8

University	Positions
Toronto	7
McMaster	4
Western	10
Manitoba	6
Saskatchewan	8
Alberta	7
Calgary	8
UBC	9

Western has the largest Ontario based CFPC-EM program

Emergency Medicine

- **Academic ER – LHSC – 2 blocks**
- **Community ER – 1 block** (Goderich, Chatam, Strathroy, Leamington, Owen Sound, Sarnia, St. Thomas, Stratford, Windsor)
- **Community ER/Anesthesia – 1 block**
- **Plastics/HULC – 1 block**
- **Ortho-Hybrid – 1 block**
- **Peds-ER – 2 blocks** (can be split between HSK or PCCU)
- **CCTC – 2 blocks**
- **CCU – 1 block**
- **POCUS – 1 block**
- **Elective – 1 block**



Sport & Exercise Medicine

- Program Director:
 - Dr. Graham Briscoe –
graham.a.briscoe@gmail.com
- Number of residents
 - 2-3 residents/year





Sport & Exercise Medicine

- The Resident will spend time at:
 - FKSMC in direct patient care
 - Fanshawe Clinic providing general medical care in a student health setting.
 - With Orthopaedic Surgeons and other designated Specialists as well as allied Health Professionals including physiotherapists, podiatrists, and bracing specialists at FKSMC.
- Other activities include:
 - Varsity athletics and participate in community event coverage.
 - Teaching of family medicine residents and Kinesiology MSc. Students
 - Research opportunities in the form of projects or pursuing a Master's degree



Palliative Care

- Program Director:
 - Dr. Anita Singh – anita.singh@lhsc.on.ca
 - Dr. Trish Valcke – pvalcke@thehospice.ca
- Number of residents
 - 1-2 residents/year



Palliative Care

- 2 Streams

London Stream:

- 4 blocks LHSC (Victoria campus),
- 1 block LHSC (University campus),
- 2 blocks Windsor hospice,
- 1 block Windsor oncology,
- 2 blocks Sarnia,
- 3 blocks elective



Palliative Care

Windsor Stream:

- 2 blocks LHSC (Victoria campus),
- 1 block LHSC (University campus),
- 2 blocks WRH consult service (Metropolitan campus, and HDGH PCU),
- 2 blocks Windsor hospice,
- 1 block Windsor oncology,
- 2 blocks Sarnia,
- 3 blocks elective



Palliative Care

- **Rotations**
 - Electives
 - 3 blocks
- Horizontal experience during the year
 - Psychosocial oncology at LRCP when in London
 - Pain clinic at LRCP when in London
 - Foundations of palliative care online course



CATEGORY 2 Programs

- Academic FM Program
- Windsor Hospitalist
- OB and Women's Health
- Child Health
- Primary Care Chronic Disease Program
- Primary Care Rheumatology
- FM-Oncology
- Individualized Program

Academic Family Medicine

- Program Director:
 - Dr. Christina Cookson
ccookson2012@gmail.com
- Number of residents
 - 1-2 residents/year





Academic Family Medicine

- Joint program between the departments of Family Medicine and Graduate Studies
- Goal of the program is to train academic clinicians with an interest in teaching and research
- Two tracts
 - Thesis & course work
 - Non thesis/major essay & course work

Windsor Hospitalist Program

- Program Director
- Dr. Danielle Soulliere –
Danielle.Soulliere@wrh.on.ca
- Number of residents
 - 1-2 resident/year



Windsor Hospitalist Program

- The training would take place at the Hotel Dieu Grace Hospital and Windsor Regional Hospital and is proposed as follows:
 - 2 blocks CTU at Hotel Dieu Hospital
 - 1 block hospitalist Windsor Regional Hospital
 - 1 block ICU with rapid response team at Hotel Dieu
 - 1 block RCU/ICU at Windsor Regional Hospital
 - 2 week elective infectious disease
 - 2 weeks to be divided up as electives chosen from the following areas of specialty: cardiology, nephrology, neurology, endocrinology, GI, Oncology, palliative-inpatient care, radiology, neonatal ICU, chronic care

Obstetrics & Women's Health



- Program Directors:
 - Dr. Andrea Alarie (Kitchener) – andrea.alarie@icloud.com
 - Dr. Paige Hacking (London) – paige.hacking@gmail.com
- Number of residents
 - 1-4 residents/year



Obstetrics & Women's Health

- Goal is to offer residents a chance to increase their knowledge, experience and procedural base in Women's Health
- 6 block program where the resident will be assigned to 1 of 2 home sites
- Kitchener – high volume OB + clinics (many learners)
- London – high volume FM/OB + clinics

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- ***Primary Care Women's Health***
 - Women's Health Clinic at Victoria Hospital
 - Family Practice with strong OB and Women's Health
 - Diabetes Family Planning Clinic at MLHU
- ***Psychiatry***
 - Eating Disorders clinic
 - PTSD Clinic
 - First Episode Mood Disorder
 - Post Partum Mood Disorder Clinic
- ***Community Based Women's Health***
 - Violence and Sexual Assault Team
- ***Medicine Based Women's Health***
 - Sexually Transmitted Infection Clinic
 - Genetics Clinic
 - Endocrinology Clinic
- ***Surgical Based Women's Health***
 - Breast Clinic
 - Gynecology
 - Urogynecology Clinic
 - Fertility Clinic
 - Gynecology Clinic



Child Health

- Program Director
 - Dr. Loretta Seevaratnam
 - lseevartnam@rogers.com
- Number of Residents
 - 1 resident/year

Child Health


- **Rotations**
- Rural general paediatrics (Sarnia and other sites) - 2 blocks
- Tertiary inpatient paediatrics (London) - 1 block
- Emergency & Airway (London) - 2 blocks
- Electives (Varied Sites) - 2 blocks





Primary Care Chronic Disease Management Program

- Program Director
 - Dr. Sonja Reichert
 - sreiche2@uwo.ca
- Number of residents
 - 1-3 residents/year



Primary Care Chronic Disease Management Program

- 12 month program that focuses on the management of patients with chronic diseases
- Longitudinal rotations allow for flexibility regarding developing interests in specific fields
- Rotations include outpatient clinics in:
 - Diabetes
 - Cardiovascular health
 - Nephrology
 - Neurology
 - COPD
 - Wound care
 - Rheumatologic diseases
 - Electives based on resident's educational objectives



Primary Care Rheumatology

- Program Director
 - Dr. Gina Rohekar
 - gina.rohekar@sjhc.london.on.ca
- Number of residents
 - 1 resident/year

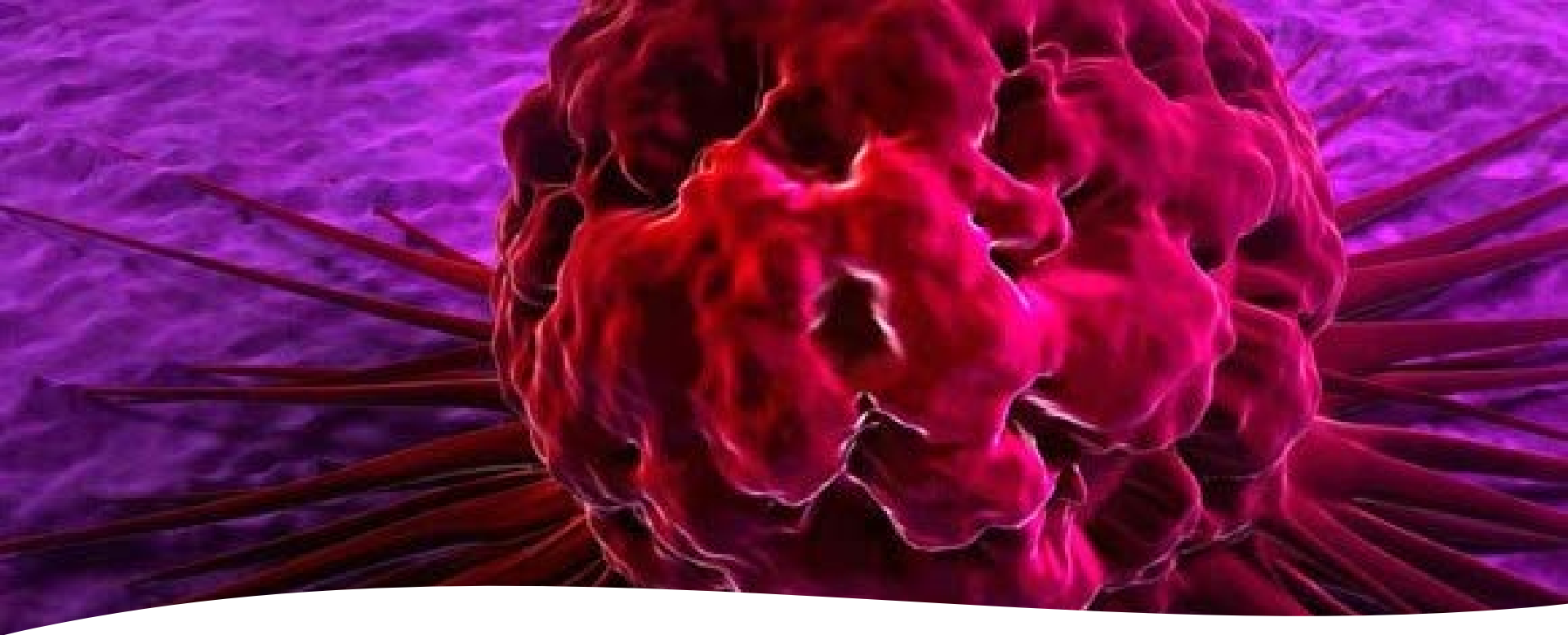


Primary Care Rheumatology

- 1 year program based out of the St. Joe's rheumatology clinic focusing on primary care based rheumatological conditions
- Areas of focus:
 - OA
 - Inflammatory arthritis
 - Fibromyalgia
 - Tendonitis
 - Mechanical Back Pain
 - Connective Tissue Diseases
 - PMR


Family Med-Oncology

- Program Director
 - Dr. Ted Vandenberg
 - ted.vandenberg@lhsc.on.ca
- Number of residents
 - 1 resident/year



Family Med- Oncology

- London: Inpatient medical oncology (1 block)
- London: Rotations in lung, breast, GI, melanoma, head/neck, GU (5 blocks)
- London: Hematology/Oncology (1 block)
- London: Gyn/Onc (1 block)
- London: Palliative Care/Pain Clinic (1 block)
- Windsor: Inpatient Hospitalist-Oncology (1 block)
- London or Windsor: Radiation-Oncology (1 block)
- Windsor: General medical oncology clinic (1 block)
- London/Windsor/Community: Elective – choice of community ICU, palliative care/hospice, research/admin, family medicine (1 block)



Individualized Program

- Program Director
 - Dr. Kyle Carter
 - kcarte@uwo.ca
- Number of residents
 - 1-3 residents/year
 - 6-12 months programs available
 - Preference given to established programs over individualized program, with the exception of a well thought out program with objectives and a clinical supervisor.
- Cannot design a program similar to one that is already offered
- Cannot design a program that is an extension of residency
- Cannot offer program in Pain Medicine currently
- Resident is responsible for setting up rotations and getting a supervisor

Application Process

Required documentation:

- Application form on myFM / CaRMS application
- 4 reference letters
 - 1 letter from PD
 - 1 letter from primary FM supervisor
 - 2 letters from ES related physicians
- Letter of intent
- CV

Eligibility

Current resident in Family Medicine Training Program
(residents >12 months out of residency must apply to a
reentry funded position – not offered at Western)

Successful completion of a Family Medicine Resident
Training Program in Canada prior to starting the ES program

As per the Postgraduate Education Office, IMG's who entered the postgraduate system through CaRMS in Ontario are eligible to be considered for Family Medicine PGY3 MOHLTC funded positions. IMG's from other provinces are eligible but would have to complete a ROS in Ontario prior to ROS in their original province of study.

Must hold CPSO, CMPA

Must pass prior to entering program:

- LMCC I

Family Medicine / Enhanced Skills Match



The Family Medicine/Enhanced Skills Match (FM/ES match) is for applicants who are completing or have completed postgraduate training in Family Medicine in Canada and want to pursue enhanced skills training

Prior to the 2021 match cycle, the FM/ES match was called the Family Medicine / Emergency Medicine (FM/EM) match. It was renamed to reflect the participation of all Category One enhanced skills programs for the 2021 match cycle.

On-line

- Category 1 Enhanced Skills Programs

Enhanced Skills Application

Welcome to the Family Medicine Enhanced Skills online application at Schulich School of Medicine and Dentistry. Before starting the application form, please ensure you have prepared **all** of the following required information. Once each step is completed, you will not be able to go back and edit your submission.

✓ 1. Application Requirements

- **Contact Information**

- **Program Applying for**

For residents applying to an individualized program, please contact [Dr. Kyle Carter](#) ASAP prior to submitting your application to determine the feasibility of your program. If approved, it will be the resident's responsibility to describe the goals of the program as well as the medical expert objectives and to secure preceptors and rotations. This will need to be submitted with your letter of intent.

- **Education**

- **Postgraduate Training**

- **Licence Information**

- **Written Examinations**

- **Languages**



On-line Application



Category 2 Enhanced Skills Programs

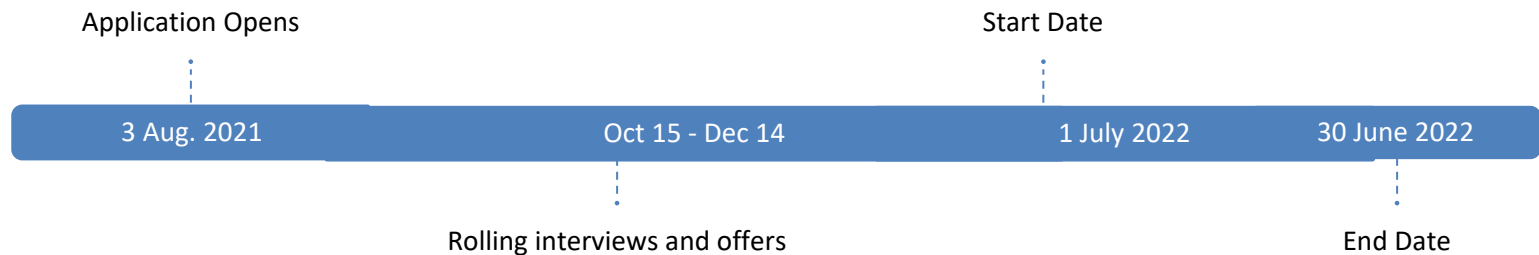
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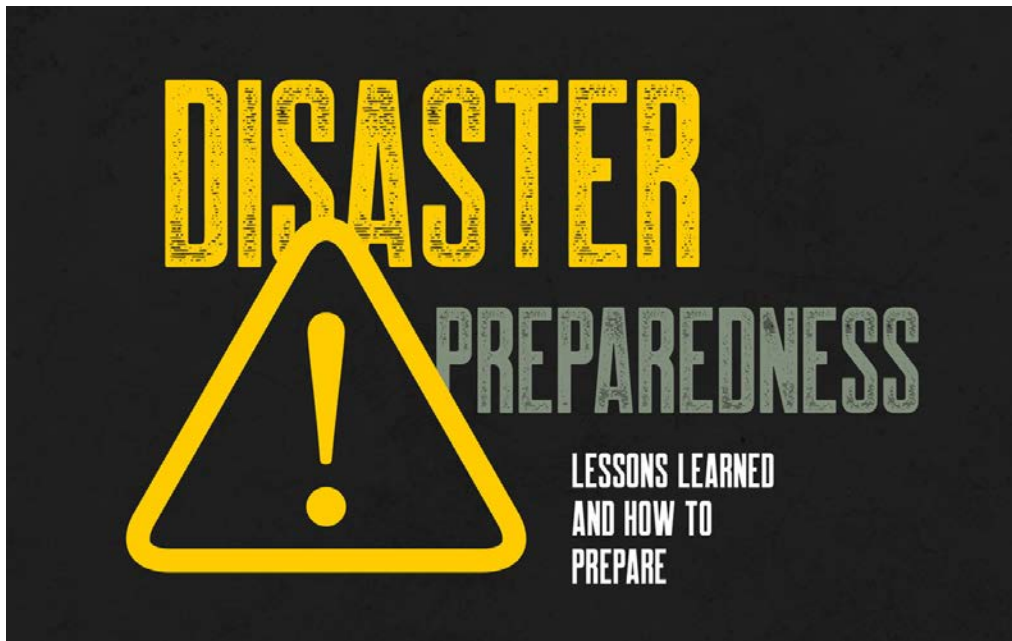


CaRMS Timeline



Category 2 Timeline





How to prepare

- Gain experience in your area of interest
 - Electives, horizontal electives, research, academic pursuits
- Go beyond your training
 - Courses, conferences, certifications, etc
- Demonstrate roundedness to your area
 - Understand the breadth of required training
- Get facetime with those that may train you

What Were Looking For



- What you plan to do with the training
- A longitudinal preparedness for the year
- Strong letters of reference from those within the field
- Clear goals to achieve with the additional training
- Demonstration of qualities that are important for your field

Resources

- Family Medicine website:
<http://www.schulich.uwo.ca/familymedicine/>
- Please refer to website regarding updates from the department and the new Enhanced Skills Program website
- Please refer to the **orientation manual** for all policies
- ***All policies that govern PGY-1 & PGY-2 apply to PGY-3 residents***



Questions??

