

Land Acknowledgement

We acknowledge that Western University is located on the traditional lands of the Anishinaabek, Haudenosaunee, Lūnaapéewak and Attawandaron peoples, on lands connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum. This land continues to be home to diverse Indigenous peoples (e.g. First Nations, Métis and Inuit) whom we recognize as contemporary stewards of the land and vital contributors of our society.





Resident Orientation

Dr. Daniel Grushka, Postgraduate Program Director
Dr. Christina Cookson, Associate Postgraduate Program Director
Ms. Liz McInnis, Postgraduate Education Manager



Dr. Daniel Grushka



Dr. Christina Cookson





Objectives

By the end of the presentation, you will be familiar with the major components of the 2 years ahead







Important Contacts

General Inquiries:

- fmpgc@schulich.uwo.ca
- **•** 519-661-2037

Administrative Contacts:

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Academic and Research Project Coordinator
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Important Contacts

Chief Residents (2025/26):

Dr. Naushin Chowdhury

Dr. Nida Fatima

Dr. Michael Qaqish

Dr. Joseph Herbert

London Urban Program

Regional/Rural Program

Windsor Program

PGY3 Program





Important Contacts

Faculty contacts:

Dr. Scott McKay

Dr. Daniel Grushka

Dr. Christina Cookson

Dr. Helena Hamdan

Dr. Tatiana Jevremovic

Dr. Jay Taylor

Dr. Phil Vandewalle

Family Medicine - Chair/Chief

Postgraduate Program Director

Associate Postgraduate Program Director

Windsor Program Director

Enhanced Skills Program Director

Academic Program & QI/Research

Coordinator

Resident Competency & Assessment

Director

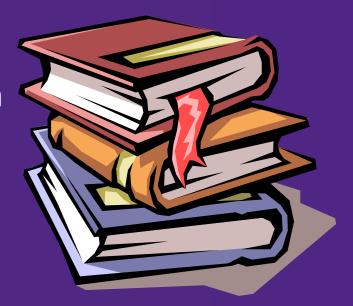




Email

Very important to regularly check both of these email addresses:

- @uwo.ca (regularly check spam) or @meds.uwo.ca
- @londonhospitals.ca



We only communicate via your official Western email





College of Family Physicians (CFPC)

CFPC Membership:

- CFPC offers complimentary membership for first year PGY1 residents. PGY2 and PGY3 residents receive discounted rates.
- Western Family Medicine will provide the CFPC with personal information (e.g. name, address, email) to facilitate automatic registration
- If you have any concerns, please contact us at fmpgc@schulich.uwo.ca







Family Medicine Longitudinal Survey

- As part of our on-going curriculum evaluation, you will be asked to complete the CFPC Family Medicine Longitudinal Survey (FMLS)
- It's an online survey used to evaluate the effectiveness of the Triple C competency curriculum
- Allows for the evaluation of educational experiences at three stages: on program entry, program exit and at 3-5 years into practice
- Incoming PGY1s will receive an email invite this week
 - Please ensure you complete the survey







Family Medicine Website

- Great resource for all inquiries related to the program
 https://www.schulich.uwo.ca/familymedicine/postgraduate/index.html
- Facebook:

https://www.facebook.com/westernuFamMed/

Popular links

- MyFM Log procedures, field notes, academic credits and OB experiences
- Elentra Rotation Schedule and evaluations, Service Contact List for requests for leaves
- Microsoft Teams Course content for academic events
- Western Libraries access to many resources





Teaching Undergraduate Students

- All residents play a vital role in teaching clinical clerks that rotate through the Academic Family Medical Centres.
- All clinical clerks have a set of objectives (available online) that inform their learning experience.
- You will be asked to provide feedback on the clerk's performance
- If you are uncomfortable supervising clinical clerks, please let your supervisor know.





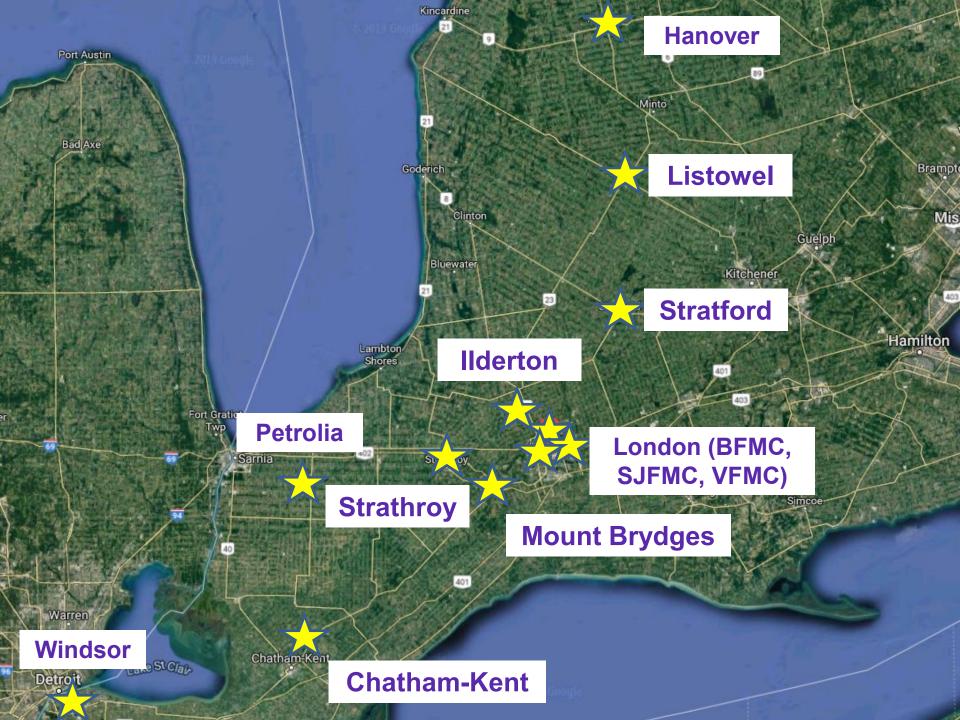


Program Overview









Mandatory Requirements

To access the list of curriculum requirements for each year of training visit the Family Medicine website as follows:

Family Medicine Website > Postgraduate > Current Residents > <u>Curriculum</u>







FM Website

https://www.schulich.uwo.ca/familymedicine/index.html



Family Medicine

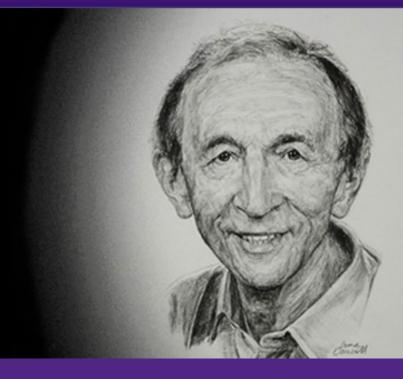
UNDERGRADUATE ▼ POSTGRADUATE ▼ GRADUATE ▼ RESEARCH ▼

ABOUT US ▼

FACULTY *

Dr. Ian McWhinney Lecture Series

September 17, 2025







By End of PGY1

- Clinical rotations (successful completion)
- Faculty Advisor Program (three meetings per year)
- Field Notes (Log 3/week during FM Rotations via MyFM)
- Procedures and Obs Log (log required experiences via MyFM)
- Rotation evaluations (complete for each rotation via one45)
- Resident evaluations (ensure preceptor has completed before end of rotation)
- In-Centre Teaching (e.g. <u>Procedures Curriculum</u>, Audit)
- Complete Academic Program
 - Log 150 Academic Credits via MyFM
 - Attend Wed. <u>FM Academic Half Days</u> (All residents- FM Orientation, Obstetrical Skills Day, Resident Project Day; Windsor Residents- Windsor Half-Days; London/Rural/Regional Residents- London Half-Days)
 - Attend Behaviour Medicine Teaching Sessions (in Centre)
 - Attend Ethics Teaching Session
 - QI Curriculum (5 IHI Online Modules -due in Sept.)
 - Submit Resident Project Proposal





By End of PGY2

- Clinical rotations (successful completion)
- Faculty Advisor Program (three meetings per year)
- Field Notes (Log 3/week during FM Rotations via MyFM).
- Procedures and Obs log (log required experiences via MyFM).
- Rotation evaluations (complete for each rotation via one45).
- Resident evaluations (ensure preceptor has completed before end of rotation).
- In-Centre Teaching (e.g. <u>Procedures Curriculum</u>, Audit)
- Complete Academic Program
 - Log 150 Academic Credits via MyFM
 - Attend Wed. <u>FM Academic Half Days</u> (All residents- FM Orientation, Obstetrical Skills Day, Resident Project Day; Windsor Residents- Windsor Half-Days; London/Rural/Regional Residents- London Half-Days)
 - Attend <u>Behaviour Medicine Teaching Sessions</u> (in Centre)
 - Attend Ethics Teaching Session
 - Submit and present completed Resident Project





Clinical Rotations

Schedule:

- 13 blocks per year; 26 blocks in your entire residency
- Each block is 4 weeks (exception: core/rural FM rotations)
- Changeover Day = Tuesday
- Depending on your core teaching site, you will have specific clinical curriculum









Tips to optimize your learning!

- 1. Advocate for your learning needs
- 2. Let all team members know that you're **there and** ready to get involved
- 3. Remember to have your preceptor **complete your assessment** before you finish the rotation
- **4. Learning objectives** for each rotation are on the FM website
- **5. Communicate!** Ensure that you discuss how to contact your team members and vice versa





Rotation Requirements

Different requirements per rotation:

- Contact the rotation lead at least 1 month in advance of the rotation. Contact information can be found in Elentra, in the Family Medicine Resources community page.
- Hospital Forms
 - It is essential you complete and submit required Hospital Forms in a timely manner.
 - If your rotation is through a hospital affiliated with another university, you must be credentialled with them and complete all requested documentation from them. Note that in some instances you must complete/submit hospital forms 1-2 months prior to your rotation, i.e. Obstetrics in Kitchener.
 - Some rotations will cancel the rotation if documentation is not completed two weeks prior to the start date.
- Power Chart electronic order entry training is mandatory for residents.











Rotation Evaluation

- Elentra is now used to manage rotation schedules and evaluations
- Complete / distribute all evaluations sent to you as soon as possible.
 - Complete rotation and/or faculty evaluations in a timely manner
 - Some assessments of your performance will go directly to your preceptor; other assessments you will need to distribute directly to a preceptor to complete.





Obstetrics Rotation Daily Evaluation

- It is the resident's responsibility to have various preceptors on OBS-LHSC complete daily evaluations (distributed by Obstetrics).
- If these daily evaluations are not completed, the primary preceptor is not able to complete the Family Medicine ITER to evaluate your performance on the rotation.
- Your rotation could be evaluated as "Below Expected Benchmarks" and "Incomplete" if the daily evaluations have not been completed to inform the final ITER





Reminder...

- It is your responsibility to ensure that your preceptor has completed your assessment before the end of the rotation using **Elentra** (approach them 1 week prior to the end of the rotation)
- Rotation assessments must be completed to successfully complete the program
- PGY2s download copies of your ITERs / PRFs in One45 before September 2025 – these will not be available to you after this time and will not transition to Elentra.





Elentra

Elentra Login: https://elentra.schulich.uwo.ca/
PGME Elentra User Guide
Elentra - Resident Modules

When logging into Elentra, you will notice two or three icons in the top right corner of the page, depending on your user permissions. Below gives a brief overview of what these three icons contain. This manual will refer to these areas often and will explain their functionality in greater detail.

Assessment & Evaluation – outstanding assessment and evaluations are indicated in the green circle on the top right corner of the screen. Clicking on this icon will take you directly to this page.

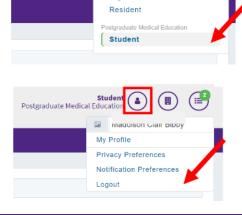


Postgraduate Medical Education

Switch between UME & PGME* – after clicking on the icon indicated, you will then see a drop down where you can choose between UME and PGME. You won't see this unless you are a member of both organizations.

*Note: You will have to switch between organizations to see the corresponding number of outstanding assessment and evaluations.

User Profile – From this menu you can access your user profile as well as a number of different options depending on your role (student, faculty, etc.) This is also where you will find the logout button.



Undergraduate Medical Education





Rotation Outcomes

- Unsatisfactory/Does not meet expectations
 - Unsuccessful rotation triggers formal remediation process
 - Outcome can be appealed per the <u>Schulich Resident</u> Evaluations and Appeals policy
 - Resident and Associate Postgraduate Program Director meet to discuss
 - FM PG Executive Committee involved in process
- Borderline ratings
 - Program notified and evaluation discussed with resident
 - FM PG Executive Committee determines and organizes any educational/remediation plans that may be required
 - Committee decision can be appealed if leads to formal remediation





Core and Core Selective Rotations

- <u>CANNOT</u> be changed once scheduled due to patient care requirements and priorities
- Rotations limited to within Southwestern Ontario













Elective Rotations

- Cannot be changed within 8 weeks of the rotation start date
 - If you wish to change a non-Windsor elective, contact original rotation to get released and new rotation to get accepted. Must advise Family Medicine office of change
 - If wish to change a Windsor elective, contact FMWindsor.Schulich@wrh.on.ca
- Electives can be taken <u>outside of</u> Southwestern Ontario catchment, up to 3 maximum. Residents are fully responsible for arrangements (e.g. Submitting requirements of different universities)
- Elective supervisor must have an academic appointment with an accredited medical school. All communications must be with a university/hospital email address
- Maximum of 3 electives in any one specialty except Family Medicine





Unique Electives

Research Elective

- Proposal must be completed
- Used to work on resident research project (see policy)
- 1 Block Maximum

Vacation Elective

- 1 block maximum
- 7 days of educational leave and floater day remain







Horizontal Electives

- Can only take place during core Family Medicine rotations;
 - PGY2 residents can do up to 6 half days during regular working hours;
 - PGY1 residents are not eligible for horizontal electives during regular working hours due to the importance of focusing on their core Family Medicine competencies in the first year of residency training;
- Horizontal electives outside of regular working hours can only be done during core Family Medicine rotations.
 - Your Faculty Advisor must approve these horizontal electives (can discuss after you have completed at least 1 month of core FM with your Faculty Advisor) and the Family Medicine Postgraduate Office must be notified.





FM Rural Rotation

Occurs in PGY2 for London Urban and Windsor residents

Eligible rotations (consult FM website):

- In Southwestern Ontario catchment area with a clinician with a faculty appointment
- Not in city/town with academic centre/tertiary care hospital
- Preceptor must work in <u>2 or more</u> settings in addition to the office setting: inpatient, ER, OB, surgical assist, GP-anesthesia, nursing home/LTC
 - If your core FM site does not provide FM-OB exposure, you should be trying to ensure you do your FM Rural Rotation in a centre that provides FM-OB exposure











Faculty Advisor Program

What?

- Periodic Review that helps to provide longitudinal mentoring and support
- Help develop individualized learning plans and track progress through residency
- Complete the Periodic Review Form to track progress using Elentra

Who?

- Resident is responsible for arranging meeting with Faculty Advisor (in person, phone or Skype/Facetime/Zoom. Cannot be over email)
- FM preceptor = default Faculty Advisor (FA)

When?

- Resident to arrange to meet with FA three times per year (every 4 months)
- Email reminder will be sent out







Faculty Advisor Program

Prior to the meeting, Residents need to:

- Log into MyFM > click on "Resident Assessment" > download Periodic Review Form and fill in and bring with you to the meeting
- Reflect on learning needs and progress in residency
- Ensure you are keeping your
 MyFM logs updated
- Come prepared to discuss with FA
- FA then completes Periodic Review in Elentra

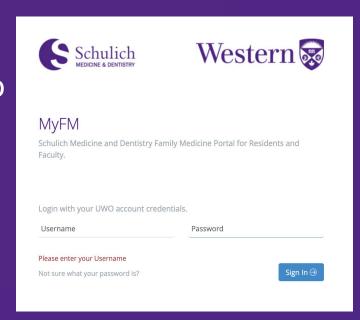






MyFM

- https://fm.schulich.uwo.ca/MyFM
- As soon as possible, please log into MyFM, with your Western login credentials
- Any issues, please contact <u>fmpgc@schulich.uwo.ca</u> after the session







Field Notes

- Logged using MyFM electronic assessment system
- During core FM must complete ~1 field note/day
 - At least 3/wk during core FM time
 - 50 by end of PGY1 year and 100 by end of PGY2 year



- Field Note Information
- Field note demo





Procedures in Family Medicine

- Log procedures completed on all rotations
- Logged via MyFM using a field note
- Must have learned or performed all of the core and enhanced procedures by the end of training

Procedures Curriculum:

- Currently being designed for next year
- There will be academic ½ days focused on procedures: FamPOCUS, Joint injections, etc.









FM Obstetrics Policy

- Log all OB Experiences noting which experiences are FM OB experiences
- Logged via MyFM using a Field Note









Academic Programming











Academic Program Bulletin

- Distributed via email prior to each block
- Highlights upcoming academic events
- ** Please don't unsubscribe from these Department of Family Medicine emails

Also posted on the website







Academic Half-Days

- Protected academic time every Wednesday afternoon from 1:30-5:00 pm
- In-person for those within 35 km radius of the Western Centre for Public Health and Family Medicine. Offered via Zoom for those on rotation outside of the 35 km radius (Rural Sites / Elective Rotations.
- Rotations are notified, but please let your preceptor know so that you can block Wednesday afternoons off from clinical activity
- Mix of mandatory scheduled learning sessions and selfdirected learning time when no session is scheduled
- Windsor Program has separate Academic Half-Day program
- Schedules found in Elentra and on FM website











Academic Credits

- Minimum of 150 hours / 150 credits of eligible educational activities in prescribed criteria per year (total 300 credits by program completion)
- Logged via MyFM
- Must maintain proof of participation in CME events (e.g. certificates)
- Try to complete Credits at least 1 month before program end date







Academic Credits

Eligible activities for academic credits:

- Academic Half Day
- Reading (journals, books, guidelines, McMaster modules, audio/video tapes, CFPC programs)
- Educational sessions organized by residents & staff physicians (during FM block time)
- Accredited conferences/courses/workshops: in person/on-line
- Hospital rounds
- Departmental Grand Rounds (1st Wed of each month 8:30-9:30)
- Research/Publication (excludes residency project)
- ACLS, ATLS, NRP, PALS, ALSO, ALARM, ACORN, etc.
- Practice audits/quality assurance





Transition to Residency (T2R)

- Mandatory educational sessions for PGY1s
- Hosted by the Schulich Postgraduate Medical Education (PGME) Office on Wednesday afternoons through July -September
- Attendance taken
- T2R contact: PGME office: postgraduate.medicine@schulich.uwo.ca.

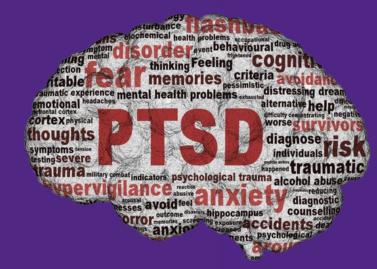






Behavioural Medicine

- London, Regional, and Rural residents:
 - Three 3-hour sessions per core FM block on Wednesday morning
 - Pre-session modules must be completed prior to the session
 - Mandatory attendance during core FM rotation
- Windsor Residents:
 - Behavioural Medicine topics covered during Academic Half Days.
- Topics include: interviewing/communication skills, mood disorders, chronic pain, addiction, chronic mental illness, chronic disease, and behaviour modification to name a few!







Medical Ethics Program

- Mandatory attendance
 - See Elentra calendar for more details







Neonatal Resuscitation Program (NRP)

- London, Regional, Rural Residents:
 - Completed during PGY1 year
 - On-line exam must be completed prior to in person session.
 - One 4-hour session per core Family Medicine block
 - Held in-person at Western Centre for Public Health & Family Medicine
- Windsor & Hanover Residents:
 - Held in-person in Windsor & Hanover
- Mandatory attendance





Quality Improvement Curriculum

- 5 online modules through the Institute for Healthcare Improvement to be completed by end of September – PGY1
- Approximately 5-6 hours to complete
- Residents will receive an email with login instructions and due dates. The email will also contain instructions for how to let us know if you have already completed the modules in medical school.
- Copies of certificates acknowledging completion to be sent to fmpgc@schulich.uwo.ca.







Resident Project

 Choice of Research Project OR Quality Improvement (QI) project







Resident Project

Work in groups (up to 5 residents) typically at home Family Medicine training site

PGY1

Proposal completed by the end of your PGY1 multi-block core FM rotation. Due date is the last day of the block.

PGY2

- Completed 2 weeks after the end of your multi-block core Family Medicine rotation. Exception is for those starting core FM in block 9 or 10 where projects will be due at the end of April. Claudia Jarosz will email you with the exact date.
- Residents are required to give a presentation of their project at Resident Project Day in June.





Policies to review...

Policies



Below are policies as outlined by the Schulich Family Medicine Postgraduate Program.

- > Rotations
- Professional Leaves, Vacation, Religious Holiday
- Accommodation, Travel,
 Conference Expense

- > Evaluation and Appeal
- > Residency Program Transfer
- Assistance for Residents During Residency
- Accommodations for Residents with Unique Needs
- > Resident Safety
- Miscellaneous Western University and London Hospital





LHSC Policy on Use of PHI

- Request for Use of Personal Health Information for Research, Education and Quality Improvement Form (NS5579) must be completed if staff/affiliates are wanting to access PHI in the paper chart for secondary purposes – the form is not required for the EPR.
- Residents should be documenting the reason chart was accessed in the Chart Access LOG (CAL)
- Staff/affiliates are permitted to access a patient record for education purposes, and w/o the patient's expressed consent, 4x w/in a 12-month period after they last provided care to that patient – every new treatment episode with a particular patient resets the timeframe – for example, if you provided care to a patient in December 2024 and then provided care again in May 2025, you are permitted to access the patient's record 4x for education purposes w/o the pt's consent between May 2025 and May 2026





Important Reminder for All Students, Residents, and Fellows

 Following recent updates to OneChart signing authority, it's critical that the Most Responsible Physician (MRP) is added as a co-signer on all clinical notes including progress notes.

To ensure your note is properly routed:

- Add the MRP as a co-sign before completing the note
- Use the 'Submit' button—not 'Save'—when finalizing the note

Why this matters?

 This step ensures MRPs are notified of preliminary reports, maintains accurate documentation, and avoids notes remaining in an 'Unauthorized' status without a co-sign request.





Workflow Videos:

- How to Add the MRP to a Clinical Note How to Add the MRP to a Clinical Note.mp4
- How to Add the MRP to a Dynamic Document How to Add the MRP to a Dynamic Document .mp4
- How to Forward a Document for Co-Signature from a Patient's Chart – How to Forward a Document from a Patient's Chart.mp4
- How to Forward a Saved Document from Message Centre – How to Forward a Saved Document from Message Centre.mp4
- How to Modify a Saved Document How to Modify a Saved Document.mp4





Other Available Resources

- Resident & Fellow Signing Authority Changes Overview <u>Resident</u>
 <u>Signing Authority London and Regional Hospitals EHR Education -</u>
 Cerner Wiki
- LearnNow: Using Dynamic Documentation <u>Dynamic Documentation London and Regional Hospitals EHR Education Cerner Wiki</u>
- LearnNow: Using Clinical Notes <u>Document using Clinical Notes -</u> <u>London and Regional Hospitals EHR Education - Cerner Wiki</u>
- LearnNow: Work With Message Centre Work with Message Center London and Regional Hospitals EHR Education - Cerner Wiki
- FAQ Resident & Fellow Signing Authority Changes <u>FAQS</u> (**Note**: to access this URL, you must do so while connected to a hospital network or using VPN/remote desktop services)
- Dynamic Documentation learning journey. <u>Dynamic Documentation</u>.
 This module is approximately 15 mins in length.





- Our Health Information Management teams will also be continuing to audit notes without co-sign requests and notifying individuals of required corrections as they are identified.
- For IT assistance, or should you encounter any issues as a result of this change, please contact the ITS Help Desk at (519) 685-8500 x4-HELP (44357), email helpdesk@lhsc.on.ca or submit a request through Self Service (https://4help.lhsc.on.ca).





Time Away

- If > 1 week of a 4-week rotation is missed due to any reason (including vacation), this may affect the preceptor's ability to provide an accurate assessment of your abilities. This may result in an incomplete rotation or in remediation in the form of additional time in that particular rotation
- If a significant portion of a 16-week family medicine core rotation is missed due to any reason (including vacation), this may affect the preceptor's ability to provide an accurate assessment of your abilities. This may result in remediation in the form of additional time in family medicine





Time Away

- Residents are required to notify fmpgc@schulich.uwo.ca with ANY time away from the rotation. This includes:
 - Vacation
 - Professional Days
 - Formal Leaves
 - Emergency, Sick or Compassionate Leaves
- It is important to pace your vacation time throughout your PGY1 and PGY2 year. Patient care is a consideration in granting time off and must be taken into account.
- If it is not recorded in Elentra, it is not an approved time away from the program.
- Residents should approach their block preceptor at least 1 month prior to the start of the block with a time away request.
- Service Contact List for requests for leaves can be found in Elentra in the Family Medicine Resources community.





Professional Funding

Funding Policy:

- Eligible activities:
 - Any educational course (within/external to program)
 - Any conference registration fees
- Available Funding:
 - \$400/year
 - Can be carried over
- Conditions of reimbursement:
 - Original receipts submitted within 60 days of the incurrence of the expense
 - Reimbursement occurs only after the course date
 - Funding can ONLY be applied to registration fees





PGME Registration Fee Reimbursements

May be applicable to residents who have taken leaves and are offcycle:

Registration Fee Refund

Registration fee refunds can only be submitted after the last day of training, but no more than 30 days after the last day of training. For example: If training is completed on August 1st, the form must be submitted between August 2nd and August 31st.

Forms submitted after the 30-day time frame will not be accepted.

Registration Fee Refund - Postgraduate Medical Education - Western University





Resident Work-Life Balance

It is important for residents to be aware of the parameters of their obligations and rights so they may achieve work life balance.

- PARO as a resource <u>https://myparo.ca/</u>
- PARO Duty Hours
 https://myparo.ca/top-contract-questions/#duty-hours







Resident Safety

Main Message:

- A resident is excused from duties if in their opinion, their safety is at risk.
- A resident must notify their preceptor and program director immediately in this case.







Resident Safety

Key points:

- Safety risks should be discussed prior to start of clinical/academic/research activity between resident and preceptor
- Weather conditions can make travel unsafe and prevent a resident from attending their duties
- Residents generally should <u>NOT</u> work alone in the ambulatory setting during office hours
- Residents may attend house calls alone but safety must have been determined beforehand
- Fatigue Risk Management & Safe Ride Home Program







Resident Wellness

- You may be stressed....if you find yourself in difficulty:
 - Talk to your family/friends
 - Talk to your supervisor, faculty advisor or chief resident
 - Talk to your family physician
 - Talk to one of your program director(s)
 - Talk to one of our confidential mentors
 - Contact Wellness (LE) Office









Resident Wellness

- If you experience intimidation or harassment, report immediately to:
 - Your Program Director or Postgraduate Director
 - Wellness (LE) Office









Questions?







