### **CLINIC HOURS**

# Monday

12:30 p.m. - 3 p.m.

# Tuesday

8:00 a.m. - 11:00 a.m.

# Wednesday

7:30 a.m. - 10:30 a.m.

#### **CLOSED STATUTORY HOLIDAYS**

\*Drop-ins are welcome \*New clients are encouraged to arrive at the beginning of clinic

### **CONTACT US**

**Phone:** 519-673-3242 ext. 281 **e-mail:** intake@adstv.ca



#### **MAIN OFFICE**

Addiction Services of Thames Valley 200 Queens Ave., Suite 260, London ON N6A 1J3

#### **APPOINTMENTS**

To book an appointment call or email:

**Phone:** 519-673-3242 ext. 281 **Email:** intake@adstv.ca

LIMITLESS POSSIBILITIES THROUGH FREEDOM FROM ADDICTION.

you can start *today* to make a *chauge* 

FOR MORE INFORMATION VISIT adstv.ca





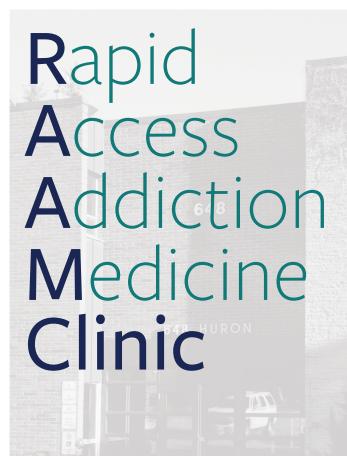




adstv.ca

ADSTV is a community-based service. We operate in cooperation with local addiction, mental health and health care agencies, through the South West Local Health Integration Network (LHIN).

Revised January 2019



648 Huron St. Second Floor (Suite 207)







Association canadienne pour la santé mentale Middlesex La santé mentale pour tous

# Rapid Access Addiction Medicine Clinic

# IS THIS PROGRAM FOR ME?

- Must be 12 years of age or older, and
- Experiencing problematic opioid, alcohol or substance use

## **HOW DO I GET STARTED?**

- Self-refer or drop-in
- Referral from your family doctor, nurse practitioner, counsellor, hospital, or other health care professionals
- Referrals can be faxed to: 519-673-1022

# WHAT TO EXPECT

- Safe, comfortable, accessible meeting space
- Provide a urine sample for drug screening at each clinic visit
- Appointments with medical staff, nurses and addiction counsellors
- Detailed history, explore substance use concerns and recovery
- Regularly scheduled clinic visits based on clinical progress

# **WHAT TO BRING**

- OHIP card
- List of medications, including prescribed and nonprescribed medications.

## **COMMUNITY RESOURCES**

#### Reach Out - 24/7 Crisis Services

1-866-242-3310 (toll-free)

#### First Nation and Inuit: Hope for Wellness

1-855-242-3310 (toll-free) On-line chat: hopeforwellness.ca

#### **Mental Health & Addiction Crisis Centre**

24/7 Walk-in Service 648 Huron St, London

#### Support Line - 24/7 Therapeutic Listening

1-844-360-8055 (toll-free)

# We do not provide primary care or emergency medical services.

# **OUR CLINIC**



# FREQUENTLY ASKED QUESTIONS

#### What is a RAAM clinic?

Community-based, low barrier services for clients seeking treatment for any substance use disorder. The clinic focuses on addiction medicine and offers both medication and psychosocial interventions.

#### Who works at the RAAM clinic?

Physicians, nurse practitioners, registered nurses, addiction counsellors & medical office assistants. Others include pharmacists, medical residents, and other healthcare professionals.

#### What medications are prescribed?

This is dependent on type of substance use. If there is an opioid use disorder (OUD), the treatment of choice is Suboxone. If there is an alcohol use disorder (AUD), anticraving medications will be prescribed such as Naltrexone.

#### What happens if I can't attend?

Please call the RAAM clinic prior to your regular day to book another clinic day.

# What if I miss my appointment?

Please call the RAAM clinic as soon as possible. There is no guarantee that a prescription will be provided. Please note: Clinic doors will be locked promptly at the end of clinic. Please arrive before the designated end time.

# Can I access addiction counsellors at the RAAM clinic?

Yes. Addiction counsellors are available at each clinic for brief counselling interventions. If you need additional counselling services, please let us know and we will assist you in making arrangements.