#### RESEARCH BAZAAR

## MY STORY...

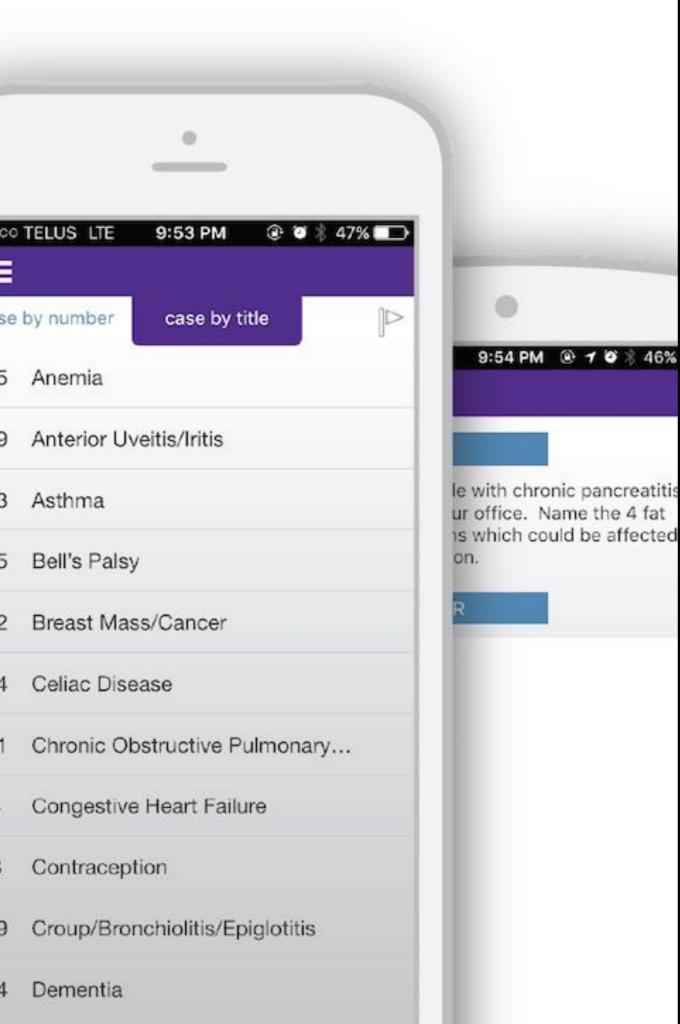


### CHAPTER 1: THE INVITATION

- Symptoms Research Group
- Meetings q 2-3 months (1.5hrs)
- The Brains + Guidance: Moira, Tom, Heather, John, Ian, Julie
- Studying symptoms and the evolution of symptoms over the course of clinical encounters
- Realization: don't need to be an expert, input as a teacher is valuable, clinical realizations of symptom management
- Analyzing Data + Writing Chapters
- Publish Educational Research Booklet







## CHAPTER 2: THE CREATION

- Product Innovation
- 3 steps: The Need, The Research, The Creation...
- 100% Non-Profit
- Over 10,000 copies downloaded & 10,000\$ + donations
- "Start Up" Company/Product
- "Proof of Concept"
- Dr. Roland Grad & Information
   Technology Primary Care Research
   Group @ McGill = partnership,
   educational advancement, 50,000\$ grant



#### - FAMILY MEDICINE STUDY GUIDE -

"Can an app improve the exam scores of Family Medicine residents? A cluster randomized controlled trial"



### CHAPTER 3: THINK OUTSIDE THE BOX

- "Teaching Outside The Box"
- "The Disruptor"
- Gamification, Microburst Teaching Methods, Portable Curriculums
- "Proof of Concept"
- 3 Steps: The Trial, The Errors, The Implementation...
- "SEEQ Questionnaire" = Student Evaluation of Educational Quality



#### - THE EDUCATIONAL MODEL -

"Think Outside the Box" = "Teach Outside the Box" Create, Evaluate, then Initiate SEEQ = "Proof" = Change



### - A LIFE LESSON -



# BABOONS

are dangerous WILD animals

- DO NOT FEED -

Keep Doors Locked and Windows Closed

#### MY RESEARCH LESSONS

- 1) DON'T HAVE TO BE EXPERT...
- 2) DON'T HAVE TO CONFORM...
- 3) PRODUCT DEVELOPMENT
- 4) INITIATE CHANGE
- 5) ALLOWS ACCESS TO OTHER OPPORTUNITIES
- 6) JUST RUN WITH IT...





## THE END SLEEP TIGHT