

Details of Symposium

Overview: There are three main objectives of this Symposium: 1) To discuss progress and findings that have already been achieved in respective jurisdictions and countries of the participating attendees; 2) To facilitate collaboration through group brainstorming and discussion to identify strategies to move multimorbidity research forward; and 3) To create concrete plans to ensure this advancement in multimorbidity research and knowledge can be achieved through cross-national partnership.

Jointly Organized and Hosted By: Department of Epidemiology & Biostatistics and Department of Family Medicine, Schulich School of Medicine & Dentistry, Western University.

Venue: Western Centre for Public Health and Family Medicine, Western University, London, Ontario, Canada.

Date and Time: Friday, November 15th from 8:30am to 4:30pm EST.

Keynote Speakers and Attendee Presentations

- **International Speaker** → Dr. Frances Mair, University of Glasgow
- **National Speaker** → Dr. Lauren Griffith, McMaster University
- Interested attendees will also be provided an opportunity to present their completed or on-going research using a 5-minute and 5-slide structure to facilitate knowledge sharing for those who are attending and to highlight potential areas for collaboration.

Breakout Sessions

- **Multimorbidity and ... Data Sources** → A discussion around available regional or national data sources for exploring multimorbidity in primary care and public health in various settings, as well as a discussion around the use of big data, artificial intelligence and the importance of appropriately defining multimorbidity in these data sources.
- **Multimorbidity and ... Intersection Between Primary Care and Public Health** → A discussion around the multifactorial prevention of multimorbidity at the population level and what we can learn from single disease approaches in clinical care (for example: prevention of dementia and cardiometabolic disease), specifically to manage and reduce the burden that multimorbidity entails for the primary care and public health systems.
- **Multimorbidity and ... Cross-National Settings** → A discussion around the impact of different health systems and public health approaches to the experience, prevention and management of multimorbidity, as well as a discussion around how we can utilize and share the knowledge across settings to improve the understanding and outcomes of multimorbidity.
- **Multimorbidity and ... Life Course Perspective** → A discussion around the study of multimorbidity across the lifespan, from complex children, to adolescents, to young adults (for example: mental health), to middle life and to older age (for example: geriatric syndrome, frailty), as well a discussion around how we can identify key opportunities for intervention and changing the trajectory or progression of multimorbidity over time.
- **Multimorbidity and ... Keeping Healthy** → A discussion around what the key drivers are for lifelong good health trajectories or staying healthy while living with multimorbidity (for example: goal-oriented care, patient-centered care, integrated care, community care), as well as a discussion around how to meaningfully engage patients and caregivers in their own well-being.

**International Multimorbidity Symposium
Advancing Cross-National Planning and Partnership**

Planned Agenda for Symposium

Friday, November 15, 2019

07:30 – 08:30	<i>Breakfast</i>
08:30 – 08:45	Welcome ➤ Chair of the Department of Family Medicine → Dr. Stephen Wetmore ➤ Chair of the Department of Epidemiology & Biostatistics → Dr. Saverio Stranges
08:45 – 09:00	Introduction to Symposium → Dr. Kathryn Nicholson
09:00 – 9:45	International Keynote Speaker → Dr. Frances Mair
09:45 – 10:30	National Keynote Speaker → Dr. Lauren Griffith
10:30 – 11:00	<i>Morning Break</i>
11:00 – 11:30	Special Guest Presentations ➤ PACE in MM (CIHR Signature Initiative) ➤ AGING Initiative and MCC Scholars Program
11:30 – 12:30	Elevator Pitch Presentations
12:30 – 13:30	<i>Lunch</i>
13:30 – 13:45	Introduction to Breakout Sessions on “Moving Multimorbidity Priorities Forward”
13:45 – 15:15	Breakout Sessions
15:15 – 15:45	<i>Afternoon Break</i>
15:45 – 16:15	Summary of Breakout Sessions and Group Discussion
16:15 – 16:20	Journal of Comorbidity Promotion
16:20 – 16:30	Summary of Symposium and Next Steps

