

PRE-CONFERENCE COURSES

THURSDAY OCT 2, 2025

8:00AM - 4:00PM
ELMHURST INN & SPA

CASTED, PRIMARY CARE

Grand Ballroom

CASTED: Primary Care is the 'hands-on' orthopedics course designed specifically for family physicians.

You will learn:

- keys to an efficient orthopedic history
- 'high yield' physical exam tips, including a 'hands-on' exam review
- MSK management principles
- tips to identify 'red flag' patients
- indications for further investigations and referral
- how to perform various joint injections, including 'hands-on' practice with models
- practical, office-based immobilization options

Accredited for 3 credits/hour = 63 Mainpro+ credits.

WESTERN SONO - POINT OF CARE ULTRASOUND DR. FRANK MYSLIK

James Harris Room
Heritage Room

By the end of this program, participants will be able to:

- Demonstrate technical proficiency in handling ultrasound equipment and acquiring standard views for cardiac, lung, abdominal, and vascular applications.
- Interpret normal and abnormal sonographic anatomy for each POCUS application
- Communicate POCUS findings accurately while recognizing its limitations, ethical and legal considerations, and appropriate clinical application.

Accredited for up to 6.75 MOC Section 3 AND Mainpro+ credits

Lunch provided

Preconference Course -
separate registration
required



REGIONAL ACADEMIC SUMMIT

THURSDAY OCT 2, 2025

8:00AM - 4:00PM
ELMHURST INN & SPA

Overall Learning Objectives:

By the end of this program, participants will be able to:

- Apply updated clinical knowledge across a range of specialties to improve care delivery and teaching in community-based settings.
- Integrate innovative educational tools and techniques, including AI and creative engagement strategies, into clinical teaching.
- Describe the challenges and opportunities surrounding medical training and retention in the region.

4:00PM

Networking / h'our devoures

5:00PM

Welcome from Oxford!

5:30PM

LAMONT SPEAKER SERIES

PROF. EMMA WATSON

Executive Medical Director
NHS Education for Scotland

Grand Ballroom

7:00PM

Dinner

REGIONAL ACADEMIC SUMMIT

FRIDAY OCT 3, 2025

8:00AM - 4:00PM
ELMHURST INN & SPA

BREAKFAST - GRAND BALL BROOM

7:30am - 8:00am

8:00 AM

Opening Ceremony

IMDSA Welcome

Indigenous Welcome and Land Acknowledgment

Welcome from Schulich School of Medicine, Dean Yoo

School highlights from the past academic year and a look ahead for the distributed area

Welcome from Distributed Education, Dr. Victor Ng

Regional highlights from the past academic year and a look ahead for distributed medical education

9:00 AM

Update from Regional Academic Directors

9:30AM

Mark Daley

Eight Billion Geniuses, Life in a Post-Anthropocentric Intelligence Paradigm

10:15 AM

Break

10:30 AM

Dr. Tamara Kuzma

Cultivating Self-Compassion in Medicine

11:15 AM

Dr. Lalit Chawla

How to use magic in a clinical setting

12:00 PM

LUNCH & POSTER REVIEW

REGIONAL ACADEMIC SUMMIT

FRIDAY OCT 3, 2025

1:00 PM	Research Oral Presentations Moderated by: Dr. Victor Ng	
	GRAND BALLROOM	JAMES HARRIS ROOM
1:30 PM	Dr. Philippe Violette URO for the Family Doc	Dr. Lawrence Jacobs Acute Care Presentations...When We are to Blame
2:00 PM	Dr. Cindy Hutnik 5 Things to Know about Ophtho for the GP	Dr. Michael Peirce Clinical Pearls on Stroke
2:30 PM	BREAK	
2:45 PM	Dr. George Kim MAID: where did we come from, where are we going?	Dr. Stephanie Lammers Pathology or Physiology? Interpreting Common Gynaecologic Test Results in Clinical Context
3:15 PM	Dr. Tamara Van Hooren Schulich Postgrad Updates	Dr. Jitin Sondhi From Roots to Reach: Evolving Palliative Care in Oxford
3:45 PM	Dr. Victor Ng Highlights & Wrap Up	

REGIONAL ACADEMIC SUMMIT

ELMHURST INN & SPA

CFPC (Mainpro+ Certified Activity)

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 7.75 Mainpro+® Certified Activity credits.

For RCPSC (MOC Section 1)

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 7.75 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that they actually spent participating in the educational program.

Financial Support Statement – This program has received an educational grant from the Craig T. Lamont Fund

25% of this program is dedicated to participant interaction.

The Mainpro+ ID number for this program is 301285-001

REGIONAL ACADEMIC SUMMIT

ELMHURST INN & SPA

Learning Objectives

Prof. Emma Watson, Lamont Speaker Series

Executive Medical Director, NHS Education for Scotland

Participants will explore Scottish innovations in rural health education and identify strategies for their own settings.

Mark Daley, Eight Billion Geniuses, life in a post-anthropocentric intelligence paradigm

Participants will examine the rise of AI and reflect on its impact across thinking, creativity, and society.

Dr. Tamara Kuzma, Cultivating Self-Compassion in Medicine

Participants will explore self-compassion and its role in supporting physician well-being, patient care, and medical practice.

Dr. Lalit Chawla, How To Use Magic in Medicine

Participants will learn how magic principles can enhance rapport, patient engagement, and clinical communication.

Dr. Philippe Violette, URO for the Family Doctor

Participants will review common urological issues in primary care and when to treat or refer.

Dr. Lawrence Jacobs, Acute Care Presentations...When we are to blame

Participants will explore thoughtful approaches to acute care, guideline use, and deprescribing to improve patient outcomes.

Dr. Cindy Hutnik, Five Things to know about Ophtho for the Family Doc

Participants will review key eye conditions, urgent referral signs, and practical management strategies for general practice.

Dr. Michael Peirce, Clinical Pearls on Stroke

Participants will apply clinical pearls to better recognize, manage, and refer stroke patients in primary or emergency care.

REGIONAL ACADEMIC SUMMIT

Learning Objectives

Dr. George Kim, MAiD – Where did we come from, Where are we going?

Participants will explore the history, legal/ethical frameworks, and emerging issues in MAiD practice and policy in Canada.

Dr. Jitin Sondhi, From Roots to Reach: Evolving Palliative Care in Oxford County

Participants will enhance communication in goals-of-care discussions, collaborate on palliative care in rural settings, and advocate for equitable, patient-centered care.

Dr. Tamara Van Hooren, Schulich Medicine Postgraduate Updates

Participants will review recent developments in postgraduate medical education at Schulich and how regional healthcare centers can contribute to residency education.

Dr. Stephanie Lammers, Pathology or Physiology? Interpreting Common Gynaecologic Test Results in Clinical Context

Participants will confidently interpret gynaecologic lab and ultrasound results, distinguish normal from pathological findings, and counsel patients impacted by social media misinformation.

Research Poster Presentations

By the end of this session, participants will be able to assess medical student research posters and offer actionable feedback to support students' academic development and research communication skills.

Regional Academic Director Updates

At the end of this session, participants will be able to identify areas of growth in each of the six academies.