

CONTINUING DENTAL EDUCATION

Schulich School of Medicine & Dentistry, Western University



Moderate Conscious Sedation: Nitrous Oxide and Oral Sedation, includes Medical Emergencies in the Dental Office (Are You Ready?) – 3-Day course

Dr. Peter Nkansah and Dr. Michelle Tang

Category 1 & 2

LECTURES:

Online: November 19, 2026

In-person: November 20, 2026

HANDS-ON/EXAM:

In-person: November 21, 2026

Limited Enrollment

COURSE OUTLINE

There are many stress-reduction techniques in dentistry available to us today. Few, if any, carry the advantages that nitrous oxide and benzodiazepines do. Dentists will leave this course with the knowledge of how to safely and effectively incorporate nitrous oxide and oxygen into their practice, as well as oral benzodiazepines alone or in combination with nitrous oxide. In addition, as a requirement of the RCDSO, participants enrolled in this course must review the more common and the more-dangerous emergencies that we might face. There is a written examination for certification with the RCDSO. This course meets the requirements of the RCDSO ([Standards of Practice – Use of Sedation and General Anesthesia I Dental Practice](#))

LEARNING OBJECTIVES

Course content includes a review of:

- RCDSO standard of practice; patient monitoring requirements; respiratory and cardiovascular system physiology; pharmacology of nitrous oxide and benzodiazepines; conscious sedation armamentarium;
- Oral sedation regimens; nitrous oxide administration; medical emergencies and airway management; incorporation of moderate conscious sedation into your practice;
- Patient health history review;
- The incidence of medical emergencies and how to anticipate and recognize them;
- Emergency airway management;
- Pharmacology and use of medical emergency drugs; Medical emergency kit review;
- How to treat the treatable medical emergencies (scenarios and algorithms), and when to get help;
- How to organize your team and your office to ensure the best possible outcomes.

For more information on obtaining authorization to administer sedation, please see the RCDSO website ([Authorization to Administer Sedation and General Anesthesia](#)).

ABOUT THE SPEAKERS



PETER NKANSAH, BSc (Hon), DDS, MSc, Dip Anes, FADSA, Cert. Specialist in Dental Anesthesia

Dr. Nkansah is a certified specialist in Dental Anesthesia (Ontario) in private practice in Toronto. He teaches at Western University and is an assistant professor at the University of Toronto. He is a Course Director for ACLS at Sunnybrook Health Sciences Centre and on the editorial board of Oral Health. A Fellow of the American Dental Society of Anesthesiology, the Pierre Fauchard Academy, he is also the dental consultant for numerous sports organizations and the RCDSO.



MICHELLE TANG, BSc, DDS, MSc (Dental Anesthesia), Dip ADBA, Dip. NDBA

Dr. Tang is a Board-Certified Specialist in Dental Anesthesia. She is also a diplomat of the American Dental Board of Anesthesiology and the National Dental Board of Anesthesiology. Dr. Tang teaches as a Clinical Instructor in the Discipline of Dental Anesthesia at the University of Toronto, Faculty of Dentistry and also practices as a dentist anesthesiologist in private clinics in Brampton, Mississauga and Oakville, Ontario.

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ONLINE LECTURE:
November 19, 2026

IN PERSON:
November 20 & 21, 2026

Dr. Peter Nkansah and Dr. Michelle Tang

TIMES AND LOCATIONS

Zoom Live Lecture: online webinar is mandatory to continue to the Nitrous in-person sessions.

DAY 1: Medical Emergencies In the Dental Office

Thursday, November 19, 2026

The Zoom link opens: 8:30 am

Lecture: 9:00 am – 4:00 pm

A one-hour lunch break from 12:00 pm to 1:00 pm

The ZOOM link will be provided with your confirmation email 3-5 business days before the course date.

To fulfill the education requirements of this course as mandated by the RCDSO, the Medical Emergencies in the Dental Office webinar will be managed as a Category 1 course. Please view the [Terms and Conditions](#) for information on the management of Category 1 webinars.

IN-PERSON: Moderate Conscious Sedation: Nitrous Oxide and Oral Sedation

DAY 2: Moderate Conscious Sedation Lecture

Friday, November 20, 2026

Registration: 8:00 a.m.

Hands-On: 8:30 a.m. – 4:30 p.m.

Location: Toronto Cricket Skating Club
141 Wilson Ave.,
North York ON M5M 3A3

DAY 3: Moderate Conscious Sedation Hands-on Exam

Saturday, November 21, 2026 Registration:

8:00 a.m.

Hands-On: 8:30 a.m. – 4:30 p.m.

Location: Sleep for Dentistry
4800 Leslie Street, Suite 111
Toronto, ON M2J 2K9

TUITION: \$2,795.00

***Cost includes Medical Emergencies course**

CE CREDITS:

Medical Emergencies; Category 1: 6 CE Points

Moderate Conscious Sedation; Category 2: 14 CE Points

Total: 20 hours

REGISTRATION DEADLINE: November 11, 2026

***Must have a valid RCDSO license to complete the course.**

Read terms & conditions below.

REGISTER ONLINE at
www.schulich.uwo.ca/dentistry/cde



TERMS & CONDITIONS: You must possess a valid RCDSO license at the time of the hands-on portion of this course. If you will be licensed outside Ontario:

- 1) Please refer to the RCDSO Guidelines so that you may apply for a temporary license in order to participate in the hands-on portion of the course, and
- 2) Please refer to the licensing College in your jurisdiction for the transferability of this course. For all participants: If you do not possess a valid RCDSO license at the time of the hands-on portion, it is your responsibility to notify CDE asap. **No refunds will be issued. No date changes are allowed.** By registering for this course, you agree to the terms and conditions.