# 21st Annual Developmental Disabilities Spring CPD

**March 22, 2023**  
1pm – 4:30pm  
Ivey Spencer Leadership Centre or  
Online:

**Overall Learning Objectives:**  
By the end of this program, participants will be able to:  
1. Describe, diagnose, and manage common Movement Disorders.  
2. Describe challenges encountered in transition to adult care and strategies and resources to help ease transition.  
3. Discuss factors contributing to Alzheimer's Disease in persons with Down Syndrome, clinical symptoms, and non-pharmacological treatments.

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00pm</td>
<td>Opening Remarks &amp; Welcome. Dr. Greg Gillis</td>
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| 1:05 – 1:50pm | Movement Disorders Neurology – A Case Based Review, Dr. Mary Jenkins  
  *By the end of this session, participants will be able to:*  
  1. Describe cases of common Movement Disorders.  
  2. Discuss the approach to diagnosing Movement Disorders.  
  3. Explain management of common Movement Disorders. |
| 1:50 – 2:05pm | Question & Answer Period                                                                 |
| 2:05 – 2:15pm | Break                                                                                   |
| 2:15 – 3:10pm | Transition to Adulthood, Dr. Caitlin Cassidy  
  *By the end of this session, participants will be able to:*  
  1. Describe some of the challenges encountered by people with developmental disabilities and their families as they transition from pediatric to adult care.  
  2. Enact strategies in their professional practice to ease transition.  
  3. Identify resources that may help facilitate transition. |
| 3:10 – 3:25pm | Question & Answer Period                                                                 |
| 3:25 – 3:35pm | Break                                                                                   |
| 3:35 – 4:20pm | Update on Diagnosis and Treatment of Alzheimer’s Dementia (AD) in Persons with Down Syndrome, Dr. Jennie Wells  
  *By the end of this session, participants will be able to:*  
  1. List key physiological and environmental contributing factors for AD in persons with Down Syndrome.  
  3. Discuss the non-pharmacological treatments for dementia in persons with Down Syndrome (and have enhanced confidence in diagnosis and initiation of treatment) |
| 4:20 – 4:25pm | Completion of Evaluations                                                                |
| 4:25 – 4:30pm | Closing Remarks, Dr. Greg Gillis                                                        |

25% of this program is dedicated to participant interaction.
CFPC (Mainpro+ Certification)
This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 3 Mainpro+ credits. Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

For RCPSC (MOC Section 1)
This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 3 hours (credits are automatically calculated).

The Developmental Disabilities Program is approved by the Canadian Psychological Association to offer Continuing Education for Psychologists. The Developmental Disabilities Program maintains responsibility for the program.

This program has received no financial support.