

- ## Reflective Exercise for Quality Improvement (QI) Initiatives

4. How do you know the change(s) worked? How effective was the change(s)? Include any quantitative data to support any improvement(s).

5. What do you plan to do next?

6. How much time overall would you estimate you spent on researching, planning, and implementing your activity?
Round to the nearest hour.

To claim MOC Section 3 Assessment credits: complete the reflective form, log in to your MAINPORT eportfolio, enter the activity under Section 3: Practice Assessment.

REFERENCE:

Health Quality Ontario. Quality Improvement Guide, 2012.

<https://www.hqontario.ca/portals/0/documents/qi/qi-quality-improve-guide-2012-en.pdf>

[Essential Guidance for Quality Improvement Royal College of Physicians and Surgeons of Canada](#)