

# Strengthening Patient Pathways: Improving Timeliness of Post-Hospital Discharge Follow-Up.

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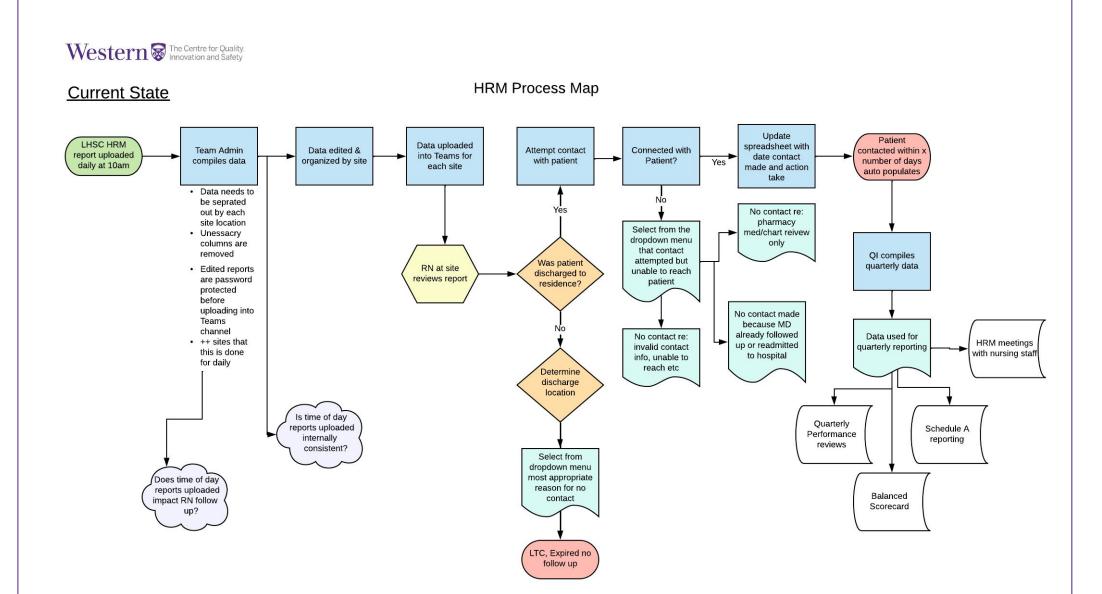


AIM Statement: By March 31, 2025, reduce average number of days for discharge down from 13 days for follow-up to 7 days or less

## PROBLEM DEFINITION

Hospital discharge follow-up delays are contributing to missed patient engagement and potential readmissions. The HRM program has grown over the past 5 years. While this expansion increased reach, inefficiencies surfaced in reporting and follow-up, particularly at larger sites.

# ROOT CAUSE ANALYSIS



#### **Tools Used:**

- Fishbone Diagram
- Process Map
- Direct workflow observation

# **Key Learnings:**

- Complexity of project broader than anticipated
- Manual, inefficient spreadsheets impacted patient facing time
- Inconsistent and outdated workflows
- Variation across sites in resources

This project taught me that sustainable improvement is about more than just the numbers — it's about understanding systems, empowering people, and listening to the stories data can't tell.

#### IMPLEMENTATION

PDSA cycles improved workflow with automated calculations, dropdowns, and streamlined spreadsheets. A working group addressed EMR updates, and regular check-ins boosted engagement.

**Key Insight:** the issue was more systemic than staffing-related, uncovered through frontline input and observation.

# MEASUREMENT & RESULTS

## **Key Measures:**

Days between discharge and follow-up Run & SPC Charts (XBar-S) tracked changes at site level

Results: Documentation time decreased; missing data dropped with auto-calculations and dropdown menu functions.

Current state: Q4 average down to 8 days

## SUSTAINABILITY

<u>Process Owner:</u> Clinical Leads + HRM working group

<u>Monitoring Plan:</u> Ongoing support through quarterly leadership reporting, real-time working group feedback, and audit tools in development.