

Obesity and GLP-1 Use in Multicare Kidney Clinics

Western
The Centre for Quality,
Innovation and Safety

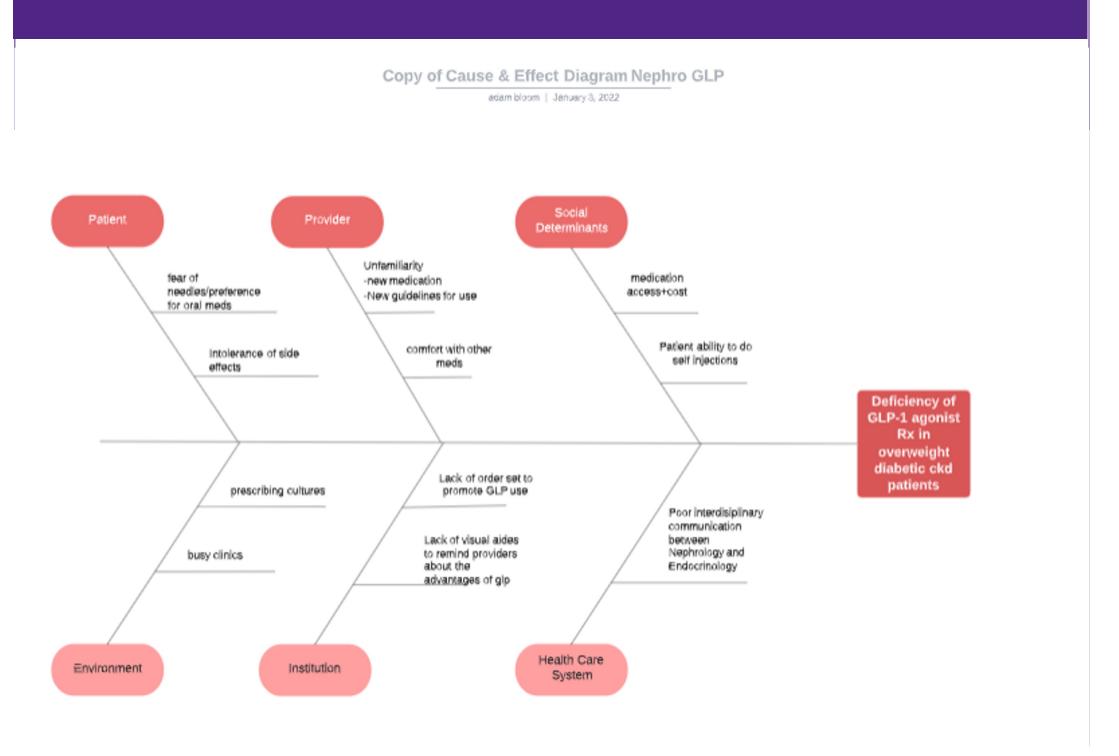
Dr Adam Bloom, Dr Yasaman Torabi, Dr Fawaz Alanazi, Dr Mohammed Bukhari Centre for Quality, Innovation, and Safety, Schulich School of Medicine & Dentistry, Western University, London, ON, Canada

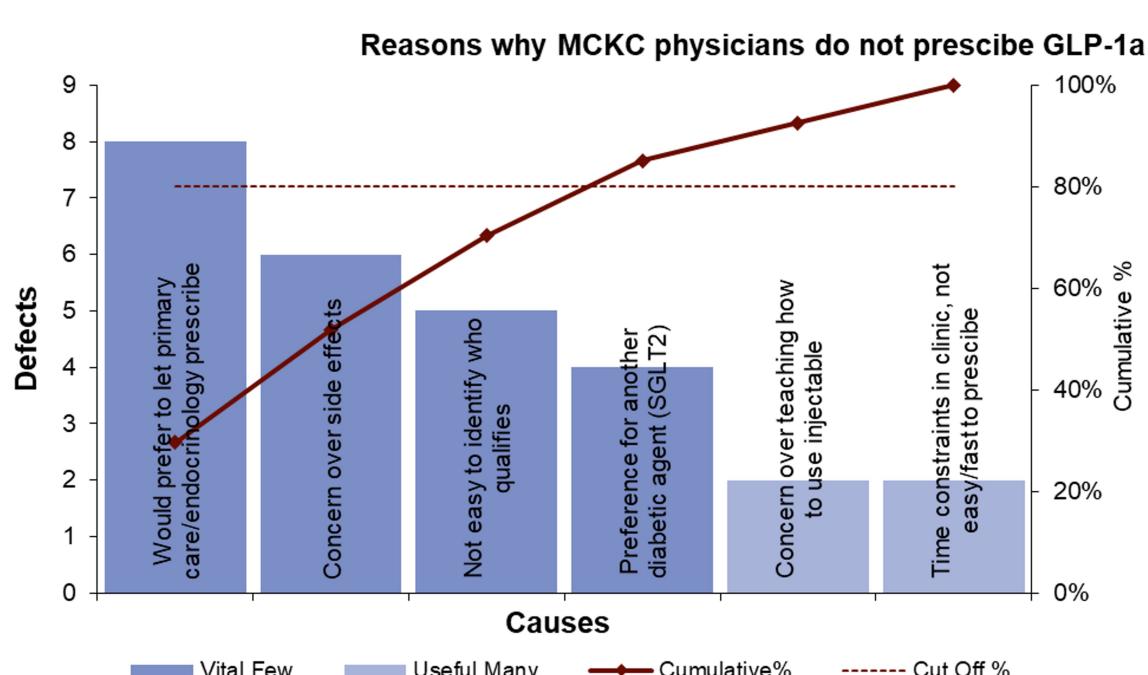
AIM Statement: To increase the prescription rate of GLP-1a in qualifying CKD stage 3-5 patients with diabetes and obesity presenting to the London MultiCare kidney Cinic, by May 2022.

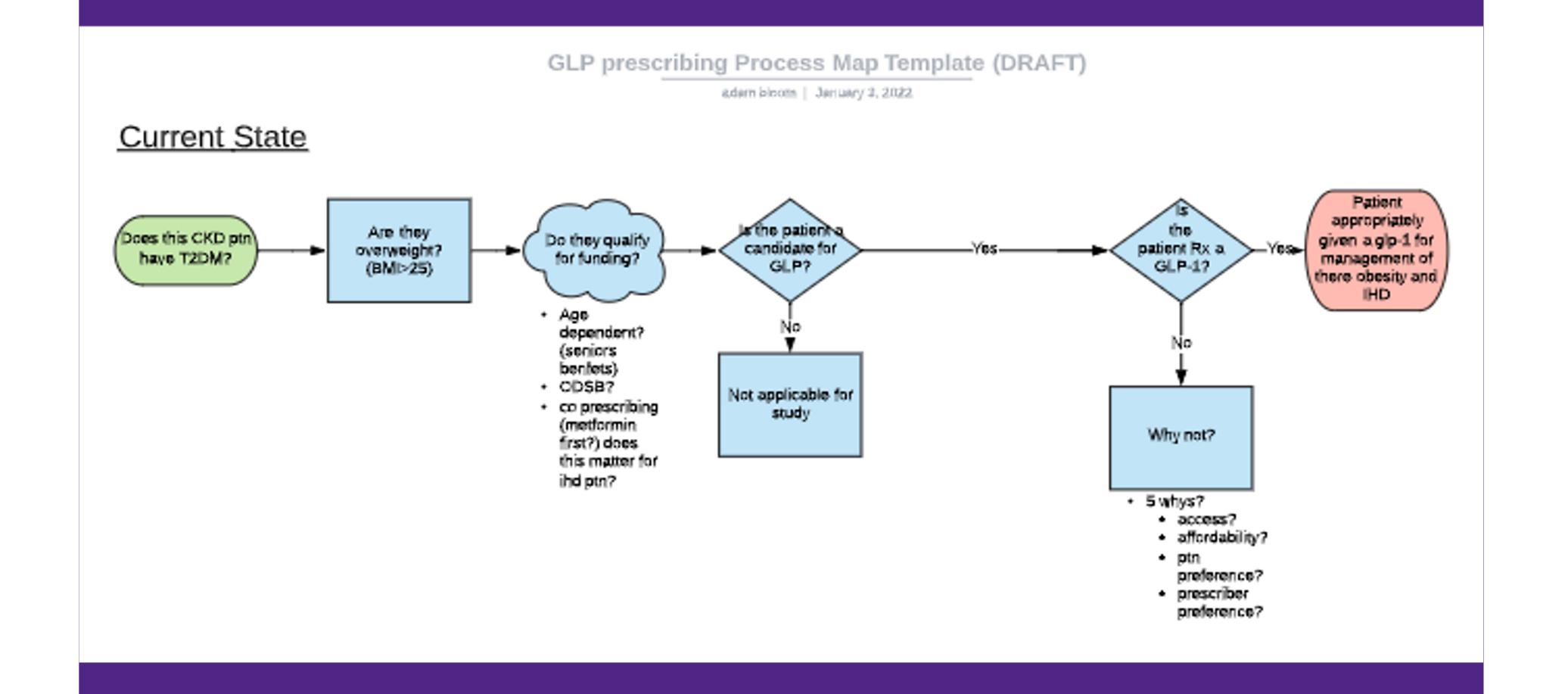
PROBLEM DEFINITION

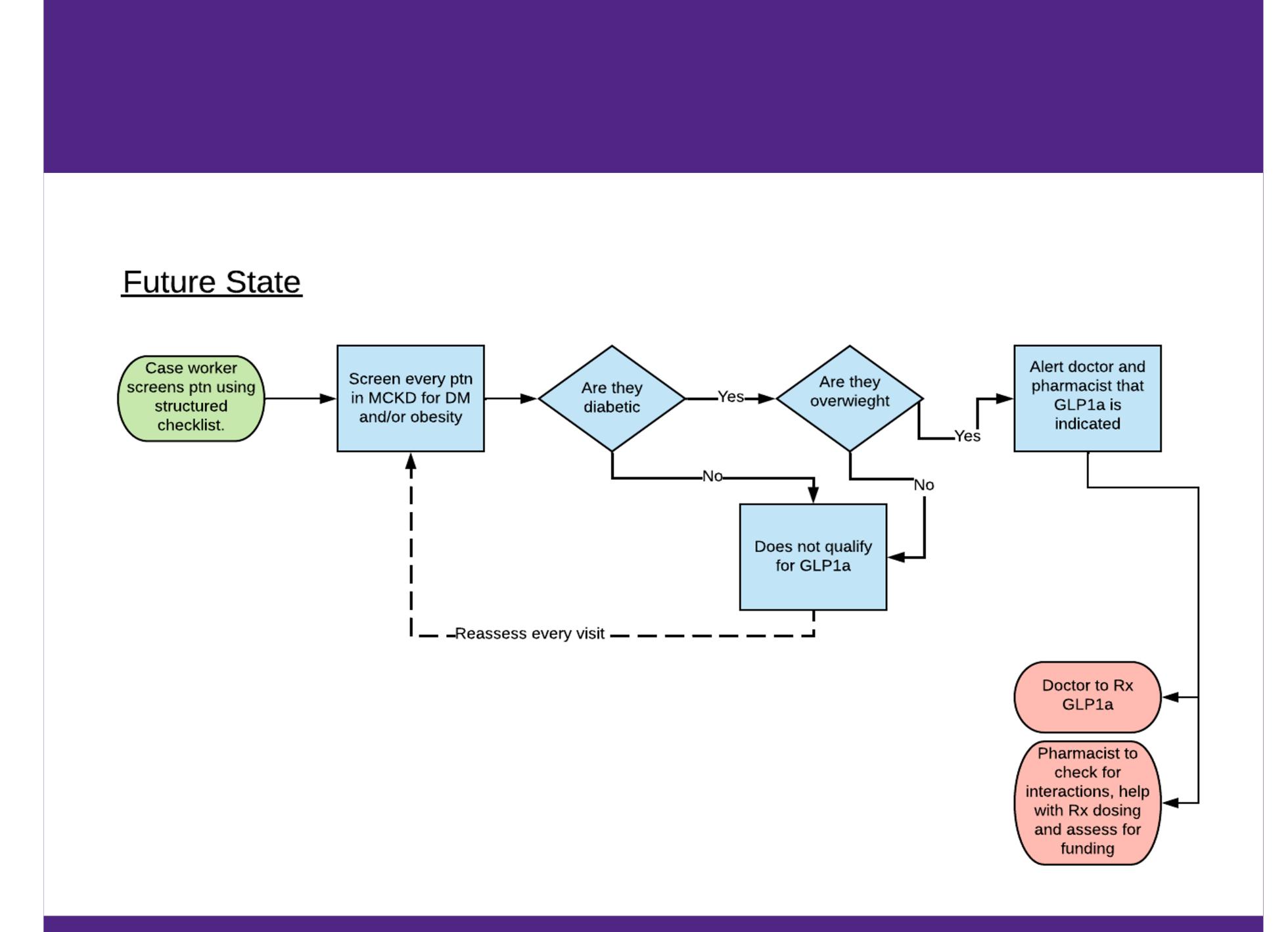
Nearly 25% of all adults in Canada are obese.(1) It has expanded the health burden, with 50% of patients with CKD also suffering from obesity. (2) There is mounting evidence that obesity directly and indirectly contributes to development of end-stage renal disease.(4) Furthermore, it is often a barrier for kidney transplantation since up to 30% of exclusions from kidney transplant are related to obesity.(5) Despite obesity being recognized as a chronic disease, clinical practice has not necessarily changed to improve its management.

ROOT CAUSE ANALYSIS





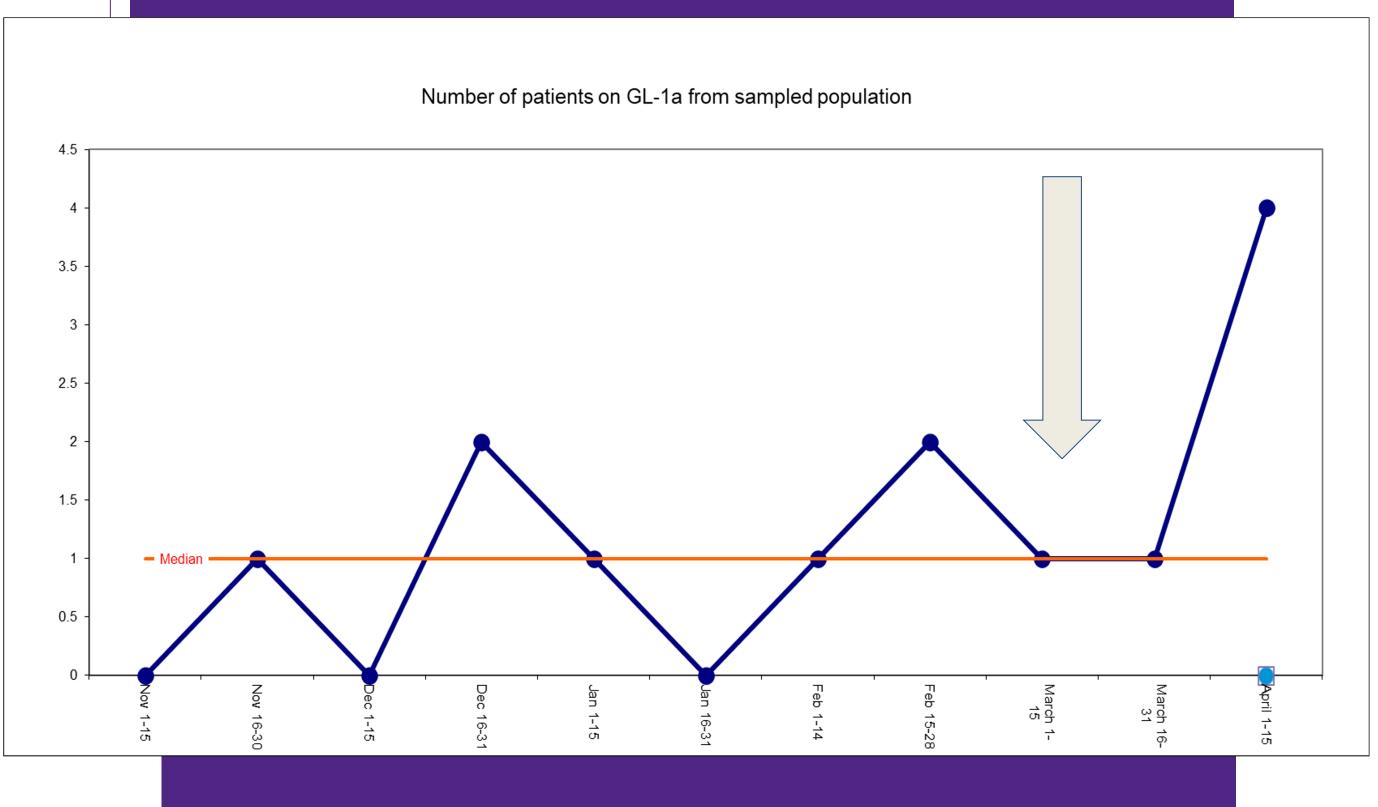




IMPLEMENTATION

- 1) Easily corrected root cause identified as help flagging qualifying patients and recruiting pharmacist help
- 2)Check-list form created, completed by case manager and screens for qualification for GLP1 agonist
- 3) Challenges included flagging reasons why patients were not on GLP1-agonists to aid in tailoring our interventions
- 4) Poor documentation of obesity/BMI

MEASUREMENT & RESULTS



Next Steps

- 1)Continue use of check list for glp1a qualifiers by case workers
- 2) Process owner will be our staff Dr Chiu
- 3) Continue to analyze data over next couple months to look for trends and check for sustainability
- 4) Further steps could look at other identified barriers to Rx (increasing comfort of nephrologist with GLP1a, incorporate endo into follow up in a more structured way)