29th Annual
Southwestern Ontario
Obstetrics & Gynaecology Update -
H.H. Allen Day

Friday, October 21, 2022
Learning Objectives

By the end of this program, participants will be able to:

- Describe current and optimal reproductive health care information
- Reflect on presentation materials and consider applying and integrating recommendations into their clinical practices to enhance patient care
- Engage in discussions and exchange ideas with delegates, colleagues, and experts in the field

0730 Registration and Breakfast

0745-0800 Welcome - Dr. Carol King, (Continuing Medical Education Director)

0800-0855 Medication for Pain Management in Pregnancy – What Options are There?

Dr. Janine Hutson, (Maternal Fetal Medicine, Western University) & Dr. Facundo Garcia-Bournissen, (Pediatric Clinical Pharmacology, Western University)

Discussion

0900-0955 Uterine Artery Dopplers and Future of Preeclampsia Screening

Dr. Stephanie Moltner, (Resident Obstetrics & Gynaecology, Western University)
Recipient of the Tew Award for Best Resident Presentation

Discussion

0955-1015 Nutrition Break

1015-1110 Adenomyosis: A riddle, wrapped in a mystery, inside an enigma

Keynote Speaker: Dr. Malcolm Munro, (Clinical Professor in the Department of Obstetrics and Gynecology of the David Geffen School of Medicine at UCLA)

Discussion

1115-1210 Gynecologic Care of Genetic Mutations

Dr. Shannon Arntfield, (Obstetrics & Gynaecology, Western University)

Discussion

1215-1300 Lunch Break
Afternoon Sessions:

**Female Sexual Dysfunction** – approach to female sexual pain, low desire, orgasm, and more!

*Panel Presentations and Discussions*

1300-1345  Female Sexual Dysfunction: A Gynecologist’s Perspective
Panelist 1: **Dr. Marisa Horniachek**, (Obstetrics & Gynaecology, Queen’s University)

1345-1415  Female Sexual Dysfunction: A Pelvic Physiotherapist’s Approach
Panelist 2: **Dayna Morelato**, (Physiotherapist, Master of Physiotherapy, Western University)

1415-1425  **Nutrition Break**

1425-1455  Female Sexual Dysfunction: A Psychotherapist’s Perspective
The Psychological Impact of Sexual Pain Disorders and Low Libido
Panelist 3: **Sue Browning**, (Registered Psychotherapist, BESTCO Certified, London)

1500-1545  Panel Discussion and Q&A

1545-1600  Closing Remarks – **Dr. Carol King**

1600  Reception – Please join us for cocktails and an opportunity to network with colleagues

A minimum of 25% of this program is dedicated to participant interaction.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 6.25 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.
SESSION LEARNING OBJECTIVES

**Dr. Janine Hutson**  
Assistant Professor, Department of Obstetrics and Gynaecology  
Schulich School of Medicine and Dentistry, Western University

**Dr. Facundo Garcia-Bournissen**  
Head, Division of Paediatric Clinical Pharmacology,  
Director, Fetal Risk Assessment of Maternal Exposures (FRAME) clinic,  
Department of Paediatrics, Schulich School of Medicine and Dentistry

**MEDICATIONS FOR PAIN MANAGEMENT IN PREGNANCY – WHAT OPTIONS ARE THERE?**

By the end of the presentation, the learner will be able to:
- List medications for analgesia that can be used in pregnancy
- Discuss current safety warnings regarding acetaminophen
- Recommend when NSAIDs could be considered in pregnancy
- Identify an overview of safety of non-analgesic drugs for chronic pain in pregnancy
- Identify reputable sources for patients or healthcare providers for safety information

**Dr. Stephanie Moltner**  
Recipient of the Tew Award for Best Resident Presentation  
PGY5

**UTERINE ARTERY DOPPLERS AND THE FUTURE OF PRE-ECLAMPSIA SCREENING**

By the end of the presentation, the learner will be able to:
- List uterine artery doppler abnormalities and their utility in pre-eclampsia screening
- Describe the association of uterine artery doppler abnormalities with pre-eclampsia
- Recognize the proposed future models of pre-eclampsia screening

**Dr. Malcolm Munro**  
Chair, Women's Health Research Collaborative (WHrC)  
Immediate Past Chair, FIGO Menstrual Disorders Committee  
Clinical Professor, Department of Obstetrics & Gynecology  
David Geffen School of Medicine at UCLA

**ADENOMYOSIS: A RIDDLE, WRAPPED IN A MYSTERY, INSIDE AN ENIGMA**

By the end of the presentation, the learner will be able to:
- List the current theories of pathogenesis and clinical impact of adenomyosis
- Describe the ultrasound and MRI features that suggest the presence of adenomyosis
- Summarize the available evidence on medical and procedural management of adenomyosis
**Dr. Shannon Arntfield**  
Associate Professor, Department of Obstetrics and Gynecology  
Schulich School of Medicine and Dentistry, Western University

**GYNECOLOGIC CARE OF GENETIC MUTATIONS**

By the end of the presentation, the learner will be able to:
- Review the medical, surgical, and psychological aspects of caring for patients with gynecological genetic mutation
- Reflect on insights from BRCA management recommendations

**Dr. Marisa Horniachek**  
Obstetrics & Gynaecology, Queen’s University

**FEMALE SEXUAL DYSFUNCTION: A GYNECOLOGIST’S PERSPECTIVE**

By the end of the presentation, the learner will be able to:
- Define female sexual dysfunction
- Conduct a thorough assessment of patients presenting with sexual concerns
- Create an evidence-based plan for management of common types of female sexual dysfunction

**Dayna Morellato**  
Physiotherapist

**FEMALE SEXUAL DYSFUNCTION: A PELVIC PHYSIOTHERAPIST’S PERSPECTIVE**

By the end of the presentation, the learner will be able to:
- Describe the role of the pelvic floor in female sexual dysfunction across the lifespan
- Identify the Pelvic Physiotherapist's assessment for sexual dysfunction across the lifespan
- List the benefits of a multi-disciplinary approach to the treatment of female sexual dysfunction

**Sue Browning**  
BESTCO certified registered psychotherapist

**THE PSYCHOLOGICAL IMPACT OF SEXUAL PAIN DISORDERS AND LOW LIBIDO**

By the end of the presentation, the learner will be able to:
- Select questions to ask their patients which will help to discern whether psychotherapy or relational therapy will be helpful for psychological issues that arise because of low libido and/or pelvic pain disorders
- Describe types of therapy and/or interventions a psychotherapist or relational therapist might use to help with these issues
- List of resources, in addition to counselling, that may help patients with the problem of low libido or pelvic pain
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Schulich School of Medicine & Dentistry
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