

Health Equity Through an Experiential Lens

Date: April 30, 2026

Time: 12:00 pm – 1:30 pm

Location: Zoom

Overall Learning Objectives:

By the end of this program, participants will be able to:

1. Define health equity and why looking at it from an experiential point matters
2. Identify common points in the care journey where inequities can arise, including communication, assessment, decision-making, and follow-up.
3. Analyze patient experiences using an equity lens to recognize systemic, interpersonal, and clinical contributors to inequitable care.
4. Reflect on how their own assumptions, training, and clinical environment may influence patient interactions
5. Apply practical strategies to provide more equitable, person-centered, and culturally safer care.

12:00 - 12:05	Welcome and introduction by Sarita Naa Akuye Addy, PhD.
12:05 - 12:08	Ice-breaker and context setting <i>Interactive opening activity to build engagement and invite reflection on how lived experience shapes perspective</i>
12:08 - 12:30	<p style="text-align: center;">Foundations: Health Equity and the Care Journey</p> <p>Define health equity and why looking at it from an experiential point matter, briefly review the root causes of health inequities, and identify common points in the care journey where inequities can arise, including communication, assessment, decision-making, and follow-up.</p> <p>Participants will be able to:</p> <ol style="list-style-type: none"> a. explain health equity in practice using an experiential lens; b. identify where inequities may emerge across the care journey and beyond; and c. ask equity-informed questions at different stages of care to improve access, communication, and decision-making.
12: 30- 12: 45	<p style="text-align: center;">Analyzing Patient Experience Through an Equity Lens</p> <p>Participants will be able to analyze patient experiences using an equity lens to recognize systemic, interpersonal, and clinical contributors to inequitable care.</p> <p>Through a case-based example on systemic, interpersonal, and clinical contributors to inequity, a small-group discussion (8 minutes) will be facilitated on contributors to health inequity.</p>
12:45 - 1:00	<p style="text-align: center;">Small-Group Discussion (5 minutes) and Debrief</p> <p>Participants will be able to analyze patient experiences at the individual, team/clinical, and system levels.</p> <p>Interactive discussion and debrief.</p>
1:00 – 1:10	<p style="text-align: center;">Skills for Practice: Bridging the Gap</p> <p>Participants will be able to articulate practical strategies for providing more equitable, person-centered, and culturally safer care, including checking</p>

	understanding, using non-assumptive questions, documenting respectfully, and exploring barriers before labeling patients as non-adherent.
1:10 - 1:30	<p style="text-align: center;">Case Study Discussion (8 minutes) and Debrief</p> <p>Participants will be able to describe practical actions that advance health equity.</p> <p>Small-group case discussion focused on practical actions learners and clinicians can take in the moment, and longer-term changes teams or institutions can make.</p>
1:30	Completion of Evaluations & Closing Remarks

25% of this program is dedicated to participant interaction.

CFPC (Mainpro+ Certified Activity)

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 1.5 Mainpro+® Certified Activity credits.

For RCPSC (MOC Section 1)

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 1.5 hours (credits are automatically calculated).

Non-Financial Sponsorship Statement

This program has received no financial support.