

**EDID Workshop Series**  
**Inclusion is a Verb: From Intent to Impact**  
 March 31, 2026  
 Time: 12:00 pm – 1:30 pm  
 Location: Hybrid, in person + zoom

**Overall Learning Objectives:**

At the conclusion of this activity, participants will be able to:

- describe and apply equity-centred concepts and evidence-informed frameworks—including accessibility, inclusion, cultural humility, anti-racism, bias, and decolonization—to teaching, research, and clinical education within medical and health professions contexts
- reflect on and strengthen inclusive professional practice by recognizing the impact of systemic inequities, power, and privilege, and employ respectful, culturally safe, and responsible communication in educational and clinical environments
- identify and implement strategies for collaborative, equity-driven change by leveraging interprofessional and cross-disciplinary partnerships to advocate for inclusive systems and embed EDID principles within programs, policies, and institutional practices.

**Workshop description:** This interactive workshop explores what it means to actively practice inclusion in everyday interactions. Grounded in the principles of psychological safety, participants will examine the small yet powerful behaviours that create a sense of belonging and trust in teams, classrooms, and communities. Whether you're a leader, educator, or team member, this session offers tools to shift inclusion from a concept to a consistent, lived experience.

**Speaker:** Ana Boller

<b>12:00 PM – 12:05 PM</b>	<b>Opening Remarks &amp; Ana Boller</b>
<b>12:05 PM – 1:00 PM</b>	<p style="text-align: center;"><b>Inclusion is a Verb: From Intent to Impact &amp; Ana Boller</b></p> <p>By the end of this workshop, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Recognize the stages of psychological safety and analyze how inclusion, learner, contributor, and challenger safety support active participation and equity in group settings.</li> <li>2. Identify key behaviours that demonstrate inclusion through microaffirmations</li> <li>3. Apply inclusive communication strategies to real-life examples in order to foster a psychologically safe and inclusive environment.</li> </ol>
<b>1:00 PM - 1:20 PM</b>	<b>Small Group Discussion &amp; Ana Boller</b>
<b>1:20 PM - 1:25 PM</b>	<b>Completion of Evaluations</b>
<b>1:25 PM - 1:30 PM</b>	<b>Closing Remarks &amp; Ana Boller</b>

25% of this program is dedicated to participant interaction.

**CFPC (Mainpro+® Certified Activity)**

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 1.25 Mainpro+® Certified Activity credits.

**For RCPSC (MOC Section 1)**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 1.25 hours (credits are automatically calculated).

**Non-Financial Sponsorship Statement**

This program has received no financial support.