**Thursday May 9th, 2019**

**How People Die...**

**AGENDA**

- **8:00 am – 8:30 am**
  - Registration – Front Lobby

- **8:30 am – 8:40 am**
  - Opening Remarks/Intro: Donnabeth Sweetland RN BScN.

- **8:40 am – 9:15 am**
  - Key Note Speaker – Community Centre Hall
  - Eugene Dufour B.A. M. Div.
  - To start the day with a patient/family end of life story.

- **9:15 am – 9:25 am**
  - Questions/Small Group Discussions

- **9:25 am – 10:05 am**
  - Special Guest – Pre – Recorded Video Series # 1 – Community Centre Hall
  - Barbara Karnes RN. Award winning end of life educator/hospice pioneer. 2015 Humanitarian “Woman of the Year” – Vancouver, Washington, USA.

- **10:05 am – 10:20 am**
  - Questions/Small Group Discussions

- **10:20 am – 11:50 am**
  - Small Group Discussion Cycle # 1 – Community Centre Hall
  - Process: Speakers move from table to table q 30 min. at sound of the bell (20 min. presentation – 10 min. questions)
  - A practical, case based examination and reflection on best practice in the following areas to stimulate thoughtful discussion:
    1) Palliative Sedation: Dr Carola Collins MD, CCFP.
       - Defining and understanding palliative sedation therapy (PST – intermittent/continuous);
       - Indications for PST (focus on thorough assessment leading up to decision for PST);
       - Medications, titration and assessment of the sedation;
       - Common misconceptions and ethical dilemmas;
       - Explore ways to talk about this with families, patients and health care providers
    2) Symptom Response Kit(SRK) and Expected Death in the Home (EDITH) Processes
       - Dr Karen Fryer MD, CCFP, FCCP, Dr Kevin Mardell MD CCFP FCFP, Deb Kostynia RPN (CAPCE Certified), Sarah Ostrowski RN BScN.
       - Understand the SRK and EDITH processes at SW LHIN;
       - Comfortably initiate SRK and EDITH conversations with patient;
       - Accurately and completely fill out the SRK and EDITH forms.
    3) Advance Care Planning (ACP), Health Care Consent (HCC) Patrice Keane, RN, BScN, MHS.
       - Ensure a common understanding of ACP and HCC in Ontario;
       - Consider how health care professionals use ACP and HCC to support patients and residents;
       - Share Ontario specific tips, tools and resources.
    4) Spiritual Care/ Legacy Work/Bereavement Supports for the End of Life Rev. Bill Mayors B.A. M.Div., John E. Montgomery M.Div. MTSP RMFT, Dr. David Free, DNP, MHA, RN (EC), CH PCN (C), Eugene Dufour B.A. M. Div., Cheryl Wiluik, BSW RSW, BA (Thanatology), Becky Alrens Supportive Care Coordinator.
       - Reflect on current theory/practice for culturally sensitive spiritual care/legacy work/ bereavement supports;
       - Learn how to assist with spiritual care/legacy work and bereavement supports;
       - Share and reflect on participant experiences/examples;
       - Learn how to use the following legacy work tools: wisdom stones, blending sand, hug blanket, sweater gift, life review, fondest memories. Labyrinths, trees of remembrance and other rituals.
    5) Residential Hospice
       - Janine Jackson RN BScN., Anne Marie Wallace-Phillips BSW, RSW, Marlene Franklin RN BScN., Laura Sherwood, MBA, BIS., Wendy Boyle, RN, MN, CHPCN (C).
       - Understand the services Residential Hospice have to offer;
       - Understand the Residential Hospice application process from all perspectives.
    6) Practical Palliative Bedsides Care/Caregiver Strategies Suzanne Christo RPN (CAPCE).
       - A practical case based examination and reflection on best practice.
    7) Taking the Mystery Out of MAID – Julie Campbell, MN, MBA, NP.
       - Understand the legislative criteria for medical assistance in dying;
       - Explore the barriers that exist for patients when navigating through the MAID process.
    8) Medical Cannabis as an Adjuvant Therapy in Palliative Care
       - Laura Sheridan RN (EC), MScN.
       - Overview of cannabinoids;
       - Review of the evidence of cannabis use in symptom management in palliative care;
       - Review the roles of patient, prescriber, licensed producer and Health Canada in the use of medical cannabis;
       - Considerations when initiating and monitoring cannabis use.

- **11:50 am – 12:50 pm**
  - Lunch by Jed Lau – Resource Tables in Foyer – Remembrance Room/Legacy Work/Labyrinth Upstairs

- **12:50 pm – 2:20 pm**
  - Small Group Discussion Cycle # 2 as above

- **2:20 pm – 2:35 pm**
  - Break – Refreshments – Resource Tables in Foyer – Remembrance Room/Legacy Work/Labyrinth Upstairs

- **2:35 pm – 3:35 pm**
  - Small Group Discussion Cycle # 3 as above

- **3:35 pm – 4:10 pm**
  - Special Guest – Pre – Recorded Video Series # 2 – Community Centre Hall
  - Barbara Karnes RN. Award Winning end of life educator/hospice pioneer. 2015 Humanitarian Woman of the Year.
  - Objective: Practical, case based examination/reflection on “You Need Care Too: Self – Care for the Professional Caregiver”

- **4:10 pm – 4:20 pm**
  - Questions/Small Group Discussions

- **4:20 pm – 4:30 pm**
  - Wrap Up/Evaluation