

Oxford Elgin  
Hospice Palliative  
Care Outreach Team  
Spring Forum 2019

Thursday May 9<sup>th</sup>, 2019

How People  
Die...



REGISTER BY MAY 6<sup>th</sup>, 2019

Who: Hospice Volunteers, Personal Support Workers/Aids, Primary Care Providers i.e. Physicians, Nurse Practitioners, Physician Assistants, Care Coordinators, Allied Health Professionals

Registration: 8:00 am – 8:30 am

Program: 8:30 am – 4:30pm

Where:

Dorchester Community Center

2066 Dorchester Road

Wheelchair Accessible Facility

Cost:

FREE with an Eventbrite Ticket  
[www.eventbrite.ca](http://www.eventbrite.ca)

Search: Spring Education Forum

Or [Registration Link:](#)

<https://www.eventbrite.com/e/spring-education-forum-tickets-55769239296>

This program has no commercial support

For registration questions or concerns please contact Karen Schneider at 519-421-5675

or by email  
[Karen.Schneider@lhins.on.ca](mailto:Karen.Schneider@lhins.on.ca)

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 6.5 Mainpro+ credits

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.



...coming together for a rich, practical, case based, small group discussion about how people die in a supportive, compassionate and caring community.

AGENDA

8:00 am – 8:30 am	Registration – Front Lobby
8:30 am – 8:40 am	Opening Remarks/Intro: Donnabeth Sweetland RN BScN. Key Note Speaker – Community Centre Hall
8:40 am – 9:15 am	Eugene Dufour B.A. M. Div. Objective: <ul style="list-style-type: none"> <li>To start the day with a patient/family end of life story.</li> </ul>
9:15 am – 9:25 am	Questions/Small Group Discussions
9:25 am – 9:55 am	Special Guest – Pre – Recorded Video Series # 1 – Community Centre Hall Barbara Karnes RN. Award winning end of life educator/hospice pioneer. 2015 Humanitarian “Woman of the Year” – Vancouver, Washington, USA. Objective: <ul style="list-style-type: none"> <li>A practical, case based examination and reflection on new rules for end of life care – a guide on the stages of death.</li> </ul>
9:55 am – 10:05 am	Questions/Small Group Discussions
10:05 am – 10:20 am	Break/Refreshments - Resource Tables in Foyer – Remembrance Room/Labyrinth Upstairs
10:20 am – 11:50 pm	Small Group Discussion Cycle # 1 – Community Centre Hall Process: Speakers move from table to table q 30 min. at sound of the bell (20 min. presentation – 10 min. questions) A practical, case based examination and reflection on best practice in the following areas to stimulate thoughtful discussion: Objectives/Topic/ Speaker: <ol style="list-style-type: none"> <li><b>Palliative Sedation:</b> Dr Carola Collins MD, CCFP. <ul style="list-style-type: none"> <li>Defining and understanding palliative sedation therapy (PST – intermittent/continuous);</li> <li>Indications for PST (focus on thorough assessment leading up to decision for PST);</li> <li>Medications, titration and assessment of the sedation;</li> <li>Common misconceptions and ethical dilemmas;</li> <li>Explore ways to talk about this with families, patients and health care providers.</li> </ul> </li> <li><b>Symptom Response Kit(SRK) and /Expected Death in the Home (EDITH) Processes</b> Dr Karen Fryer MD, CCFP, FCFP. , Dr Kevin Mardell MD CCFP FCFP. , Deb Kostyria RPN (CAPCE Certified), Sarah Ostrowski RN BScN. <ul style="list-style-type: none"> <li>Understand the SRK and EDITH processes at SW LHIN;</li> <li>Comfortably initiate SRK and EDITH conversations with patient;</li> <li>Accurately and completely fill out the SRK and EDITH forms.</li> </ul> </li> <li><b>Advance Care Planning (ACP), Health Care Consent (HCC)</b> Patrice Kean, RN, BScN, MHS. <ul style="list-style-type: none"> <li>Ensure a common understanding of ACP and HCC in Ontario;</li> <li>Consider how health care professionals use ACP and HCC to support patients and residents;</li> <li>Share Ontario specific tips, tools and resources.</li> </ul> </li> <li><b>Spiritual Care/ Legacy Work/Bereavement Supports for the End of Life</b> Rev. Bill Mayoros B.A. M.Div., John E. Montgomery M.Div. MTS RP RMFT., Dr. David Free, DNP, MHA, RN (EC), CH PCN (C)., Eugene Dufour B.A. M. Div., Cheryl Wituik, BSW RSW, BA (Thanatology), Becky Ahrens Supportive Care Coordinator. <ul style="list-style-type: none"> <li>Reflect on current theory/practice for culturally sensitive spiritual care/legacy work/ bereavement supports;</li> <li>Learn how to assist with spiritual care/legacy work and bereavement supports;</li> <li>Share and reflect on participant experiences/examples;</li> <li>Learn how to use the following legacy work tools: wisdom stones, blending sand, hug blanket, sweater gift, life review, fondest memories. Labyrinths, trees of remembrance and other rituals.</li> </ul> </li> <li><b>Residential Hospice</b> Janine Jackson RN BScN., Anne Marie Wallace-Phillips BSW, RSW., Marlene Franklin RN BScN., Laura Sherwood, MBA, BIS., Wendy Boyle, RN, MN, CHPCN (C). <ul style="list-style-type: none"> <li>Understand the services Residential Hospice have to offer;</li> <li>Understand the Residential Hospice application process from all perspectives.</li> </ul> </li> <li><b>Practical Palliative Bedside Care/Caregiver Strategies</b> Suzanne Christo RPN (CAPCE). <ul style="list-style-type: none"> <li>A practical case based examination and reflection on best practice.</li> </ul> </li> <li><b>Taking the Mystery Out of MAID</b> – Julie Campbell, MN, MBA, NP. <ul style="list-style-type: none"> <li>Understand the legislative criteria for medical assistance in dying;</li> <li>Explore the barriers that exist for patients when navigating through the MAID process.</li> </ul> </li> <li><b>Medical Cannabis as an Adjuvant Therapy in Palliative Care</b> Laura Sheridan RN (EC), MScN. <ul style="list-style-type: none"> <li>Overview of cannabinoids;</li> <li>Review of the evidence of cannabis use in symptom management in palliative care;</li> <li>Review the roles of patient, prescriber, licensed producer and Health Canada in the use of medical cannabis;</li> <li>Considerations when initiating and monitoring cannabis use.</li> </ul> </li> </ol>
11:50 – 12:50 pm	Lunch by Jed Lau – Resource Tables in Foyer – Remembrance Room/Legacy Work/ Labyrinth Upstairs
12:50 pm – 2:20 pm	Small Group Discussion Cycle # 2 as above
2:20 pm – 2:35 pm	Break – Refreshments - Resource Tables in Foyer – Remembrance Room/Legacy Work/ Labyrinth Upstairs
2:35 pm – 3:35 pm	Small Group Discussion Cycle # 3 as above
3:35 pm – 4:10 pm	Special Guest – Pre – Recorded Video Series # 2 – Community Centre Hall Barbara Karnes RN. Award Winning end of life educator/hospice pioneer. 2015 Humanitarian Woman of the Year Objective: <ul style="list-style-type: none"> <li>Practical, case based examination/reflection on “You Need Care Too: Self – Care for the Professional Caregiver”</li> </ul>
4:10 pm – 4:20 pm	Questions/Small Group Discussions
4:20 pm – 4:30 pm	Wrap Up/Evaluation