



Michael F. Roizen, M.D.
Chair, Cleveland Clinic Wellness Institute
Chief Wellness Officer, The Cleveland Clinic

Michael F. Roizen, MD is the Chief Wellness Officer and Chair of the Wellness Institute at Cleveland Clinic. He is a Phi Beta Kappa graduate of Williams College and Alpha Omega Alpha graduate of the University of California, San Francisco, School of Medicine. He performed his residency in internal medicine at Harvard's Beth Israel Hospital and completed Public Health Service at the National Institutes of Health in the laboratory of Irv Kopin and Nobel Prize winner Julius Axelrod.

Dr. Roizen is a Past Chair of a Food and Drug Administration advisory committee and a former editor for six medical journals. He has published more than 175 peer-reviewed scientific papers, 100 textbook chapters, 30 editorials, and four medical books (one, a medical best-seller), and received 13 U.S. and many foreign patents.

After nine years on the faculty at the University of California, San Francisco, he chaired the top-10-rated Department of Anesthesia and Critical Care at the University of Chicago. He then became Dean of the School of Medicine and Vice President for Biomedical Sciences at SUNY Upstate. After serving as CEO of the Biotechnology Research Corporation of Central New York, he accepted a position as Chair of the Anesthesiology Institute at Cleveland Clinic, responsible for over 180 operatories, 124 critical care beds and 28 pain therapy intervention units. In 2008, Dr. Roizen was named Chief Wellness Officer at Cleveland Clinic, the first such position in a major healthcare institution in the United States. Dr. Roizen also serves as Chair of the Wellness Institute at Cleveland Clinic.

His first general-audience book, *RealAge: Are You as Young as You Can Be?* (HarperCollins Publishers) became a #1 *New York Times* bestseller and was awarded the Best Wellness Book of 1999 by the Books for a Better Life Awards. *RealAge* has been translated into more than 20 languages and was #1 in four other countries, displacing Harry Potter for 7 days as #1 on Amazon. His book, *YOU: The Owner's Manual* (HarperCollins), written with Health Corps founder Dr. Mehmet Oz, debuted in May 2005 and became a #1 *New York Times* bestseller (sold more than 2.7 million hardcover copies worldwide; was the #2 best-selling book published in 2005-- displacing Harry Potter for 35 days as #1 on Amazon and BN.com.). It was followed by the *New York Times* bestseller (written

with the JCAHO), *YOU: The Smart Patient*. Their next book, *YOU: On A Diet, the Owner's Manual for Waist Management*, debuted at #1 on the *New York Times* list (11 consecutive weeks at #1 and 35 consecutive weeks in top 3) with 40 printings totaling over 2.4 million copies in the first three weeks (it was the #2 best-selling book published in 2006 in 2006). Their next book, *YOU Staying Young, the Owner's Manual for Extending Your Warranty* also debuted at #1 on the *New York Times* list, and is listed by *People* magazine as the #3 selling book in the world in 2007. He has published 10 more books in that series. Dr Roizen's RealAge and YOU books have been translated into more than 44 languages and have resulted in 4 #1 NY Times Bestsellers (more than any other physician) and have been #1 in five other countries.

Dr. Roizen has been recognized with over 20 professional lectureships. He has six PBS specials. He and Mehmet Oz author a daily newspaper column syndicated currently to over 130 newspapers by King syndication. He also writes a quarterly column for the Robb report. He also hosts a 2-hour 33-station Terrestrial show entitled: *YOU The Owner's Manual Radio Show*, live every Saturday. *He and Dr Oz shared an Elle in 2008, a lifetime achievement award from Books for Better Health, and the Paul Rodgers award for best medical communicators by the National Library of Medicine in 2011. He was awarded an Emmy in 2013.*

Dr. Roizen serves (or served) on the Board of four nonprofits, was President of the Society of Cardiovascular Anesthesia and led the United Way Campaign at the Cleveland Clinic in 2008.

Dr. Roizen and his pediatrician wife Nancy have two children – Jeffrey, a pediatric endocrinologist at Children' Hospital of Philadelphia and Jennifer, an assistant professor of Chemistry (organic) teaching at Duke. Dr. Roizen still practices internal medicine.