

Talks On FridayS (TOFS), also known as Try it On For Size, is a weekly, student-run seminar series hosted by Lawson Health Research Institute (Lawson).

Objectives

TOFS is designed to provide students with opportunities to develop professional skills in a structured program recognized by the institution. The primary objectives are:

- To gain experience in presenting conference-style oral presentations to an audience
- To prepare for internal competitions, such as London Health Research Day
- To provide formal recognition for students and trainees committed to professional development
- To engage in peer learning and support a culture of innovation
- To network with other members of Lawson's research community, with the potential to identify prospective career and/or collaborative opportunities

Schedule*

TOFS is held every Friday from 12:00 p.m. – 1:00 p.m. at St. Joseph's Hospital, Shuttleworth Auditorium (D0-104):

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|--------------------------------|-------------------|----------------|
| October 13, 2017 | January 05, 2018 | March 09, 2018 |
| October 20, 2017 | January 12, 2018 | March 16, 2018 |
| October 27, 2017 | January 19, 2018 | March 23, 2018 |
| November 03, 2017 [‡] | January 26, 2018 | April 06, 2018 |
| November 10, 2017 | February 02, 2018 | April 13, 2018 |
| November 24, 2017 | February 09, 2018 | April 20, 2018 |
| December 01, 2017 | February 16, 2018 | April 27, 2018 |
| December 08, 2017 | February 23, 2018 | |
| December 15, 2017 | March 02, 2018 | |

**All dates are subject to change pending scheduling and availability.*

‡Please note: The November 03, 2017 session will take place at St. Joseph's Hospital, room D1-226 (Roney).

Format

Presenters have the option to choose from two different formats. Option A is recommended for multiple junior presenters; Option B is recommended for one senior presenter. For assistance with your selection, please contact a TOFS Coordinator:

- Kait Al - Kaitlin.al@sjhc.london.on.ca
- Lawrence Yip - Lawrence.yip@sjhc.london.on.ca

Option A

| | |
|------------|--|
| 12:00 p.m. | Arrival and complimentary lunch served |
| 12:10 p.m. | Welcome remarks |
| 12:15 p.m. | Speaker 1 presents |
| 12:25 p.m. | Question period |
| 12:30 p.m. | Speaker 2 presents |
| 12:40 p.m. | Question period |
| 12:45 p.m. | Closing remarks; participants sign-out |

Option B

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| 12:00 p.m. | Arrival and complimentary lunch served |
| 12:10 p.m. | Welcome remarks |
| 12:15 p.m. | Speaker presents |
| 12:35 p.m. | Question period |
| 12:45 p.m. | Closing remarks; participants sign-out |

Presenters

All students and trainees, including those at London Health Sciences Centre (LHSC), are encouraged to present at TOFS.

Students are encouraged to present their own work. However, they may choose to present a paper by another author if necessary.

Presentations should be in plain language, and geared towards an audience with little to no knowledge of their research area. The goal is to provide a comprehensive overview of the project to a lay audience.

Any student who presents at TOFS will receive a signed letter of recognition from Dr. David Hill, Scientific Director, acknowledging their commitment to professional development.

To sign-up as a presenter, please contact a TOFS Coordinator - Kait AI at Kaitlin.al@sjhc.london.on.ca or Lawrence Yip at Lawrence.yip@sjhc.london.on.ca - for available dates and times. You will be asked to provide a photo, short biography (3-4 sentences), and presentation title.

If for any reason you are unable to present during your scheduled date and time, it is your responsibility to find a replacement speaker. Failure to do so may preclude you from presenting for the remainder of the academic year. If you require assistance, please contact a TOFS Coordinator:

- Kait AI - Kaitlin.al@sjhc.london.on.ca
- Lawrence Yip - Lawrence.yip@sjhc.london.on.ca

For additional questions or concerns, you can also contact Lawson's Communications & External Relations Team at lawsoncommunication@lawsonresearch.com.

Attendees

All students, staff (administrators, research assistants, research associates, technicians, etc.), and scientists, including those at London Health Sciences Centre (LHSC), are encouraged to attend TOFS.

At the end of each session, a sign-out sheet will be distributed. Everyone is encouraged to record their attendance.

Any student who attends **five or more** TOFS sessions throughout the academic year will receive a signed letter of recognition from Dr. David Hill, Scientific Director, acknowledging their participation.