# 10th Neuromuscular Conference and EMG Workshops

**November 10–11, 2018**

**Spencer Leadership Centre**

London, Ontario, Canada

## NEUROMUSCULAR CONFERENCE – SATURDAY, NOVEMBER 10, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am</td>
<td>Welcome</td>
<td>Michael W. Nicolle</td>
<td>Western University</td>
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<tr>
<td>8:10 am</td>
<td>What can Ultrasound do for you in Neuromuscular Diseases?</td>
<td>Nens van Alfen</td>
<td>Radboud University Medical Centre</td>
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<tr>
<td>9:10 am</td>
<td>What is New in Neuromuscular Disorders – Literature Review of Latest Neuromuscular Papers</td>
<td>Anita Florendo-Cumbermack, Thomas Miller</td>
<td>Western University</td>
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<tr>
<td>10:00 am</td>
<td>Nutrition Break</td>
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<tr>
<td>10:30 am</td>
<td>Beyond Dermatomyositis and Polymyositis: Autoimmune Necrotizing Myopathy</td>
<td>Pari Basharat</td>
<td>Western University</td>
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<tr>
<td>11:15 am</td>
<td>Current and Future Treatment of SMA</td>
<td>Christen Shoesmith</td>
<td>Western University</td>
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<tr>
<td>12:00 am</td>
<td>Lunch</td>
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<td>Asher’s Dining Room</td>
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## AFTERNOON WORKSHOPS 1:00 – 5:00 PM

**LIMITED NUMBER OF REGISTRANTS PER WORKSHOPS • REGISTER EARLY TO ENSURE YOUR PREFERENCE (SELECT 4 – ATTEND 3 – 60 MINUTES EACH)**

1. **Ultrasound of the Nerve & Muscle... What can we Learn?**
   In this workshop the participant will be shown the basics of nerve and muscle imaging by live demonstration. Some hands-on time will be available for each participant to practice the techniques shown.
   - Nens van Alfen
   - Radboud University Medical Centre

2. **Approach to Myopathies**
   This workshop will provide the participant with a useful approach to assessment and investigation of patients presenting with a myopathy phenotype and will then allow participants to work through a number of relevant cases.
   - Pari Basharat
   - Anita Florendo-Cumbermack
   - Western University

3. **Neuromodulation: Neurostimulation for Neuropathic Pain**
   Through a series of case presentations and interposed didactic presentation, we will illustrate how modern methods of electric stimulation applied to the nervous system can be used to treat chronic neuropathic pain conditions.
   - Andrew Parrent
   - Western University

4. **Management of Cramps**
   This workshop will review pathophysiology, epidemiology, differential diagnosis, investigations and treatment of muscle cramps through an interactive series of cases. The cases will represent real life clinical scenarios and review all aspects of assessment and management of muscle cramps across physiological and disease states.
   - Hans Katzberg
   - University of Toronto

5. **Approach to Radiculopathy**
   This workshop will provide a case-based update on the diagnosis and treatment of radiculopathy. Both medical and surgical approaches to treatment will be reviewed in this interactive small-group session.
   - Timothy Doherty
   - Parham Rasoulinejad
   - Western University

6. **Approach to Peripheral Neuropathy**
   This workshop will cover generalized neuropathies with a specific focus on clinical patterns to better describe and diagnose diseases of peripheral nerve. This clinical approach will include common presenting factors, neurological exam findings and NCS/EMG studies to help participants better improve their diagnostic skills with respect to neuropathy. The second part of the workshop will deal with treatment and prognosis of common neuropathies seen in clinical practice with a focus on Guillain-Barre Syndrome, Chronic Inflammatory Demyelinating Neuropathy (CIDP) and vasculitic neuropathies.
   - Kurt Kimpinski
   - Western University
   - Sean Taylor
   - Queens’ University

7. **Approach to Dysphagia**
   This workshop will be facilitated by a SLP and an ALS neurologist. Approaches to dysphagia assessment and management will be discussed using case studies.
   - Christen Shoesmith
   - Western University
   - Erin Wagar
   - University Hospital
8. Interventional Techniques for Spinal Pain
This workshop will utilize a case-based format to discuss spinal interventional procedures. Indications, side effects, and the technical aspects of the procedures will be reviewed. Participants will gain an understanding of the limitations of these procedures both from a pathophysiologic and technical perspective. Emerging therapies (RRP, stem cells) will be briefly discussed.

Eldon Loh
Western University

9. Myasthenia Gravis/LEMS
This workshop will involve case based discussions to illustrate common issues in either the diagnosis or management of myasthenia gravis (MG) and the Lambert Eaton Myasthenia Syndrome (LEMS).

Michael W. Nicolle
Western University

A case based learning module/workshop with focus on nerve injury disorders and what is new from diagnosis to treatment.

Thomas Miller
Chris Doherty
Western University

11. Pain Management: Focus on Cannabis Options
An interactive discussion, using available literature, slides and cases to highlight the challenges, options, pragmatics and outcomes for cannabis usage with a neuromuscular problem.

Scott Cook
Keith Sequeira
Western University

5:30 pm Cocktails and Appetizers
Asher’s Dining Room
VENUE AND ACCOMMODATIONS
Spencer Leadership Centre
551 Windermere Road, London, Ontario, N5X 2T1
phone: 519-679-4546
ivey.uwo.ca/executive/our-locations/ivey-spencer-leadership-centre

CANCELLATION POLICY
All cancellations must be sent in writing and received prior to November 1, 2018. All refunds will be subject to a $50.00 administration fee. After November 1, 2018 NO refunds will be given for the Conference Package ($250.00 per night).

CONFERENCE CONTACTS
Sue Robinson ........................... phone: 519-663-3236 fax: 519-663-3328 email: sue.robinson@lhsc.on.ca
Connie Feke ......................... phone: 519-663-3597 fax: 519-663-3328 email: connie.feke@lhsc.on.ca

PLEASE REGISTER EARLY TO ENSURE YOUR WORKSHOP PREFERENCES. NO ON-SITE REGISTRATION

REGISTRATION FORM
10TH NEUROMUSCULAR CONFERENCE & EMG WORKSHOPS

<table>
<thead>
<tr>
<th>CONFERENCE COSTS</th>
<th>Resident/Fellow</th>
<th>Consultant</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>PRE-OCT 15</td>
<td>POST-OCT 15</td>
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<tr>
<td>1. Neuromuscular Conference (Nov 10) (no lodging)</td>
<td>$85.00</td>
<td>$85.00</td>
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<tr>
<td>2. Neuromuscular Conference (Nov 10) (with lodging night of Nov 9)</td>
<td>$250.00</td>
<td>$250.00</td>
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<tr>
<td>Afternoon Workshops Select 4 – Attend 3</td>
<td>1st Choice</td>
<td>2nd</td>
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<tr>
<td>3. EMG Workshops (Nov 11) (no lodging)</td>
<td>$375.00</td>
<td>$375.00</td>
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<tr>
<td>4. EMG Workshops (Nov 11) (with lodging night of Nov 10)</td>
<td>$515.00</td>
<td>$515.00</td>
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<tr>
<td>EMG Workshops Select 4 – Attend 3</td>
<td>1st Choice</td>
<td>2nd</td>
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<tr>
<td>5. Lodging (night of Nov 11 – no EMG package)</td>
<td>$140.00</td>
<td>$140.00</td>
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<tr>
<td>6. Lodging for accompanying person/night Nov 9 _____ Nov 10 _____</td>
<td>$50.00</td>
<td>$50.00</td>
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<tr>
<td>7. 2 Day NM Package #2, 4, above</td>
<td>$765.00</td>
<td>$765.00</td>
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All prices in Canadian dollars & includes taxes

PLEASE PRINT CLEARLY:

NAME: ________________________________________________________________

ADDRESS: ____________________________________________________________
(in full)

Phone: __________________ Fax: __________________ Email: _________________

☐ Cheque Enclosed ☐ VISA ☐ Master Card

Total: __________________________

Card Number: __________________________ Expiration Date: ____________________

Signature: __________________________

Please mail or fax to:
Sue Robinson, c/o Dr. M. Nicolle, Neuromuscular Conference/EMG Workshops, London Health Sciences Centre, Room C7-110, 339 Windermere Road, London, Ontario, Canada N6A 5A5- Fax: 519-663-3328

PLEASE MAKE CHEQUE PAYABLE TO: LHRI – NM CONFERENCE

Registration Confirmation will be sent by mail/email. Course material available to registrants on site.

PLEASE PHOTOCOPY FOR YOUR RECORDS AND RETURN COMPLETED REGISTRATION FORM BY FAX OR MAIL