Schulich MEDICINE & DENTISTRY *Supporting the Wellbeing of our Clinical Faculty* Western

Wellbeing Newsletter **Vol.2, No.7, September, 2022**

OPPORTUNITIES FOR FACULTY
It is important to be aware of the University requirements for promotion and the granting of continuing appointments. Clinical academics at the Assistant Professor rank can benefit from this practical workshop. Register: **How to Get Promoted Workshop**.

Clinical Faculty Mentorship is a formal process whereby a faculty member has the assistance and support of others to help them with their professional goals. This process is initiated by the Mentoring Committee but is soon led by the mentee. Register: **Clinical Faculty Mentorship: Applying the Schulich Mentorship Policy Workshop.**

EMERGENCY MEDICINE GRAND ROUNDS
A special guest speaker from Calgary Dr. Heather Patterson, will be presenting *A Front-Line Pandemic Response Photodocumentary* at the Emergency Medicine Grand Rounds on **Sept. 29**, 0900-1000 at Victoria Hospital, B2-119. A poster is included in this newsletter and a CBC article can be found at https://www.cbc.ca/news/canada/calgary/er-doc-alberta-covid-photography-1.6196791
Contact: WesternEMGrandRounds@gmail.com

COLUMBIA SPORTSWEAR EMPLOYEE STORE has an exclusive in store only offer for the Schulich School of Medicine & Dentistry from **Sept. 9 – Oct. 2, 2022.**
For store access, please provide your digital invite (printed or shown on your mobile device) plus proof of affiliation / membership. Invitees can bring up to four additional guests with each visit. Find store location and hours here or on the invite included in this newsletter.

RESOURCES
The **Staff and Faculty Family Practice Clinic** are located in Thames Hall, Rm. 2120, Western University and is for full-time staff and faculty members and their immediate family (spouse and children), who do not have a family physician. Learn what **financial, mental health and other supports** are available.

Western Clinical Faculty Benefit Plan Specialist
Contact: **Kyle Digby**, 519 661-2111 x85687

OMA Benefits
Contact: **info@omainsurance.com**
Toll Free: 1.800.758.1641

GOING ON LEAVE REMINDER to all Clinical Academics (Full-time and Part-time): **if you are going on leave for more than two weeks because of an illness, injury and/or disability, please notify your Department Manager of Administration and Finance** as soon as possible. They will inform **Schulich Faculty Affairs** so that Western University wellness and well-being resources are available to you as you need them. Congruently, you may access these resources on your own by contacting **Western Health & Well-being.**

COUNSELLING SERVICE AVAILABLE for Western employees have access to the **Employee Assistance Program (EAP)** CTAs who have benefits through Western also have access to a health care spending account that pays the deductible for OPIP, where there is extensive coverage for paramedical services including psychology and other mental health treatments. If an employee is seeking additional support, outside of EAP, they can connect with **employee.wellbeing@uwo.ca**

In an effort to support timely support to a counsellor, or social worker, the referrals now go through the Employee Well-being office at **employee.wellbeing@uwo.ca.** If a CTA needs support, the Employee Well-being office can assist them to navigate their benefits to get the access to the services needed by ensuring the appropriate contacts.

AWARDS
The Association of Faculties of Medicine of Canada (AFMC) Awards 2023 Call for Nominations
Deadline: Oct. 15, 2022

ARTICLES
CMA 2021 National Physician Health Survey Results

SEND ANY INFORMATION, RESOURCES, ETC. you would like shared in our upcoming newsletter to Laura Foxcroft

Schulich Faculty Wellbeing Program