

Instructions for completing the health review form



In order to fulfill the terms and conditions of your employment/volunteer offer/student placement, the following information must be provided to Occupational Health and Safety Services no later than 7 business days prior to your start date. **INCOMPLETE FORMS AND LATE SUBMISSIONS WILL DELAY YOUR START DATE.**

1. Red Measles

You require **2 doses of measles vaccine** with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose OR provide laboratory evidence of your immunity.

2. Rubella

You require **1 dose of rubella vaccine**, given on or after your 1st birthday OR provide laboratory evidence of your immunity.

3. Mumps

You require **2 doses of mumps vaccine** with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose OR provide laboratory evidence of your immunity.

4. Varicella (Chicken pox)

You require **2 doses of varicella vaccine** (e.g. physician's certificate or vaccination record) OR provide laboratory evidence of your immunity or laboratory confirmation of disease. Immunization is required for those without immunity.

5. Tetanus/Diphtheria

It is recommended that you receive a primary series of Tetanus/Diphtheria vaccine in childhood followed by a routine booster every ten (10) years. If you have not already received a primary Tetanus/Diphtheria series, then you require three doses as part of adult primary immunizations. Contact your family physician or Public Health Unit in order to complete your primary series.

6. Tetanus/Diphtheria/Pertussis (Tdap)

It is recommended that you receive a one-time dose of Tetanus/Diphtheria and Acellular Pertussis booster. If you are providing care to pregnant women and/or children, you should receive this one-time dose of Tdap as soon as possible. Otherwise, you can wait until your next tetanus booster is due.

7. Hepatitis B

It is recommended that all health care workers receive a course of Hepatitis B vaccine. For your protection, it is important to obtain a Hepatitis B titre test following immunization to ensure that you are adequately protected. If you have been vaccinated, please provide laboratory evidence of immunity.

Volunteers are not routinely providing services that would put them at risk for Hepatitis B exposure. Hepatitis B immunization is not mandatory in order to volunteer.

8. Influenza

It is strongly advised that you receive the vaccination yearly. If you have not received your influenza vaccination, and your start date is occurring during the times of the year when influenza vaccine is offered, (approximately October to March), you can receive influenza vaccination while at work. If you received influenza vaccination in the community during the months of October to March, you must submit proof of influenza vaccination to Occupational Health and Safety.

9. Tuberculosis (TB) Surveillance

Health care workers (HCWs) whose Tuberculin Skin Test (TST) status is unknown, and those previously identified as tuberculin negative, regardless of BCG vaccine, require a baseline two-step TST unless they have: documented results of a prior two-step test, OR documentation of a negative TST within the last 3 months in which case a single-step test may be given.

Individuals with Positive TB Skin Tests

You must provide documentation of chest X-ray taken after the positive TB skin test. If you have a history of a confirmed positive TB test and you have already received counseling or advice concerning prophylactic treatment (Isoniazid), you should provide a copy of your consult note. Another chest X-ray may be taken if clinically indicated. Please submit this information together with your health review form. These results will be reviewed by our Occupational Health Physician in order to rule out active disease.

Tuberculosis Testing:

Please be aware that TB testing may be one-step or 2 step process. A 2-step skin test means that you need 2 TB skin tests. It is required if you have not received 2-step TB skin tests in the past.

Contact your doctor or Occupational Health at St Joseph’s to discuss your TB skin test requirements at least 2 weeks before your start date. You must be available to come back for the follow-up read or test.

A. One step process

- Visit 1 – to have your first test
- Visit 2 – to have your first test read (must be back to the clinic 48 to 72 hours after the first test)

B. 2-Step process

- Visit 1 – to have your first test
- Visit 2 – to have your first test read (must be back to the clinic 48 to 72 hours after the first test)
- Visit 3 – to have your second test (given 7-21 days after the first test)
- Visit 4 – to have your second test read (must be back to the clinic 48 to 72 hours after the second)

In the London Area you can get TB skin test through the following:

1. Some family doctors’ offices or walk-in clinics may provide this service. We suggest you call ahead.
2. Western Student Health Services (Western students by appointment) Room UCC 11, 519-661- 3030
3. Fanshawe Student Health Services (Fanshawe students only, walk-in) Room SC 1001, 519-452-4230
4. Hyde Park Medical Walk-In Clinic (walk-in) 640 Hyde Park Rd., 519-641-3627
5. Oxford Medical Walk-In Clinic (walk-in) 140 Oxford St East, Unit 102, 519-433-4999
6. Bayshore Home Health (by appointment) 595 Bradley Avenue, 2nd Floor, 519-680-0849.
7. Care Partners:

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| <p><u>Perth:</u> 61 Lorne Avenue East Unit 4 Stratford, ON 1-800-668-4326</p> <p>25 Townline Road Tillsonburg, ON 1-519-688-1853</p> | <p><u>Oxford:</u> 65 Springbank Drive North Unit 5 Woodstock, ON 1-800-443-4615</p> | <p><u>St. Thomas:</u> 107 Edward Street St. Thomas, ON 1-800-443-4615 Ext. 200</p> |
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8. For paid employees **ONLY**, St Joseph’s Health Care London Occupational Health offers TB tests on:

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| <p><u>Tuesdays:</u> 0830-1130 Parkwood Main Building, Room B1-120 550 Wellington Road, London, ON N6C 0A7 519-646-6100 ext 64332</p> | <p><u>Wednesdays:</u> 1300-1530 St. Joseph’s Hospital, Rm E2-118 268 Grosvenor St., London, ON N6A 4V2 519-646-6100 ext. 64332</p> |
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To update any/all vaccinations and get blood work done:

- Visit your family doctor or local walk-in clinic with the health review form to be completed. A list of walk-in clinics in the London and Middlesex County is available on this link: [London and Middlesex County](#)
- Public Health Units can provide vaccinations/ Immunizations (MMR and Varicella). **To contact Public Health Unit closest to you, please access the link and ask for the Immunization Clinic:**
<https://www.phdapps.health.gov.on.ca/PHULocator/>
- As blood tests are required if you are unable to confirm vaccination dates and test results may take 2-4 weeks. You may want to discuss revaccination as an option with your doctor.

Where to get Record of Immunization or Vaccinations/ Immunizations and Blood Titers

- Current or past employer and request a copy of your record from the Occupational Health Department.
- Health care training school program and request a copy of your immunization record from Student Health Services. Facilities where you performed volunteer work and request copies of your record.
- Public Health Department in the school district that you attended to ask for a copy of your vaccination record.
- Childhood record (often a yellow card or form) from your family doctor or other health care professionals you have received care from i.e., obstetricians, midwives or family physicians.

NOTE: The following are acceptable forms of proof of immunization: *Vaccination records from yellow immunization cards, Immigration records, notes from a physician’s office, copies of laboratory reports (titre levels), health unit records and/or other hospital electronic immunization records (provided they are signed by a physician or nurse).*