Congratulations to ACB faculty members Marco Prado and Lisa Hoffman for their successful NSERC Discovery Grants:

Prado, Marco (2021-2026) Neurochemical modulation of high level cognition.
We want to feature your new publications here!

submit them to anatomy@uwo.ca


Michelle Mottola was part of the Canadian Society for Exercise Physiology Steering committee that developed The Get Active Questionnaire for Pregnancy. This document and the companion Health Care Provider Consultation Form for Prenatal Physical Activity were released publicly by the Canadian Society for Exercise Physiology on April 15th. [https://store.csep.ca/pages/pre-screen-for-physical-activity-in-pregnancy-get-active-questionnaire-for-pregnancy](https://store.csep.ca/pages/pre-screen-for-physical-activity-in-pregnancy-get-active-questionnaire-for-pregnancy)

**ACB GIVES BACK**

**ST. JOHN'S HOSPITALITY DINNER**

St. John's is continuing to serve those in need during the Covid-19 pandemic, and requires the ongoing support of Volunteers to help prepare and serve food at the community dinners. Social distancing measures and precautions are in place to ensure the safety of volunteers and patrons. To register, please add your name to the volunteer sign up sheet by clicking here.
Virtual Yoga

**Wednesday, April 28th @ 6:00pm**
Password: namaste

For more information, please visit schulich.uwo.ca/anatomy/

---

**ACB EVENTS**

**ACB VIRTUAL YOGA**
The ACB Student Council invites you to the second virtual yoga session on **Wednesday, April 28th at 6 pm** run by Jeannette Boutros, yoga instructor at GoodLife Fitness.

The session will run for 45 min and will be a beginner class that is appropriate for all levels of experience. Mark your calendars ACB, this is your opportunity to relax your brain and stretch your body.

---

**ACB ZOOM WORKOUT SESSIONS**

**FREE ZOOM WORKOUTS**

**WESTERN STRENGTH GROUP**

Join Brent Wakefield and the Penuela lab for their ongoing Zoom workout sessions offered Tuesday, Thursday and Sunday 7:00 pm. The sessions are completely free and run for 45 - 60 minutes.

The workouts are designed to be scalable to any level of fitness and only require a set of dumbbells and/or a band for resistance.

The programming and classes will be led by Brent who is a registered Kinesiologist and has 15 years of experience as a Personal Trainer/ Kinesiologist. Any questions or modifications regarding the programming can be directed to Brent ([bwakefi@uwo.ca](mailto:bwakefi@uwo.ca)).

---

**ACB MENTOR/MENTEES PROGRAM**
The ACB student council is implementing a new mentor/mentee program for incoming ACB graduate students. A planning committee is being put together and will meet a handful of times during the upcoming summer months to decide how the program will run and create any necessary materials. Interested faculty and students are encouraged to attend the first meeting.

**ACB Mentor/Mentee Planning**
**Tuesday, April 27th, 2021 at 6pm**
[https://westernuniversity.zoom.us/j/97854591716](https://westernuniversity.zoom.us/j/97854591716)
UPCOMING SEMINARS

ANATOMY & CELL BIOLOGY Seminar Series

ACB SEMINAR SERIES - UPCOMING PRESENTATIONS

Friday, May 14, 2020
Speaker: Soren Nielsen, PhD
Researcher, University of Aalborg, Denmark
Title: TBA
Host: Dr. John Kiernan

Friday, May 28th, 2021
Speaker: John Dick, PhD, FRS
Professor, University of Toronto
Title: TBA
Host: Dr. Peeyush Lala

Friday, June 4th, 2021
Speaker: Patricia Martin, PhD
Professor, Glasgow Caledonian University, Scotland
Title: TBA
Host: Dr. Silvia Penuela

Join us via Zoom
https://westernuniversity.zoom.us/j/96347122632#success
Password: ACBSEM

The ACB Seminar Series recordings are online and available to the department. You can view these videos by logging into Schulich’s Video on Demand (VOD) Server with your Western credentials, and navigating to the ACB Private Content section listed under the Anatomy & Cell Biology tab.

Sign in here to view content

For more information, please visit schulich.uwo.ca/anatomy/