HEALTHY AGING THROUGH HOLISTIC BRAIN HEALTH: The Dementia Prevention Initiative Annual Meeting

Join us for our Annual Meeting as we explore Holistic Brain Health, the key to well-being, healthy aging, and the future of dementia prevention

Wednesday, November 29th, 2023, Western University, Dental Sciences Building rm 1002

Featuring the ABCs of Holistic Brain Health

Development of an ABC of HBH: The Minimum Efforts for Maximum Results

Activity: Lindsay Nagamatsu
Sleep: Saverio Stranges
Balanced Diet: Colleen O’Connor
Mental and Social Health: Arlene MacDougall & Raksha Sule
Motivation: William Fisher

Also featuring:

Special Guest Kenneth Rockwood, Dalhousie University

Addresses from Dean John Yoo, Vladimir Hachinski
Progress Reports from Sarah Singh, Shiran Zhong, Abolfazl Avan/Vicky Chang, Shehzad Ali
Proposed Demonstration Models from Stephanie Frisbee, Christopher Licskai, Manuel Montero-Odasso

Workshops, Related Initiatives, & more

Workshops with Kem Rogers & Mario Elia
Related Initiatives with Sandy Jansen, Matthew Meyer, Amber Alpaugh-Bishop, Ruthe Anne Conyngham
Meeting Chaired by Matthew Meyer, Robert Bartha, Robert Andersen, Jane Rylett, Stephanie Frisbee, Christopher Licskai, Brad Campbell

A continental breakfast and lunch will be provided. Please register by November 25th at the link below.

REGISTRATION: https://rb.gy/sxz5pg