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<th>Session</th>
<th>Title</th>
<th>Presenter</th>
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<td>8:00 – 9:00</td>
<td>Registration</td>
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<td>9:00 – 9:15</td>
<td>Welcome from Schulich School of Medicine &amp; Dentistry and Introduction</td>
<td>Dr. Jeff Reiss, Dept. of Psychiatry Chair and Introduction - Dr. Ruth Lanius, Harris-Woodman Chair</td>
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| 9:15 -10:15   | “Synchrony, Attunement and Self-Regulation: the Neurobiology of Childhood Abuse & Neglect” | Dr. Bessel van der Kolk          | 1. To review recent studies of the neuroscience of abuse and neglect and their effects on self-experience and self-regulation.  
2. Examine the differential effects of traumatic events vs disorganized attachment.  
3. Examine the specific therapeutic effects and limitations of techniques such as EMDR, neuro-feedback and sensory integration. |
| 10:15 -11:15  | “100 Years Since The Great War: What has the Canadian Armed Forces Learned About Trauma & Stress” – | Col. Rakesh Jetly              | 1. Understand the historical perspective of trauma and stress in the Canadian Armed Forces.  
2. Understand the current approaches used to mitigate the impact of trauma and stress on members of the military.  
3. Understand the research priorities of the CAF. |
| 11:15 - 11:45 | Break                                                       |                                  |                                                                                                                                                                                                                        |
| 11:45 –12:45  | “Patients With Trauma Related Disorders”                     | Dr. Paul Frewen                  | 1. Differentiate trauma-related symptoms that are intrinsically dissociative in nature from those that are not.  
2. Recognize the neural correlates of self-referential and other-referential processing and how each is affected by traumatic events especially when occurring early in life.  
3. Recognize psychological and neuroscience-informed treatments for altered self-referential and other-referential processing in persons with trauma-related disorders. |
| 12:45 - 1:45  | Lunch                                                       |                                  |                                                                                                                                                                                                                        |
| 1:45 – 2:45   | "Heart, Soul, Community: Forgotten Dimensions of Trauma and Healing | Dr. Ed Tick                      | 1. Participants will be able to describe psycho-spiritual, cultural and ethical dimensions that traumatized individuals face and how they affect recovery.  
2. Participants will understand both the conventional and holistic theories behind invisible wounds and how each effects treatment.  
3. Participants will understand the contributions of both spirituality and community in healing trauma and their relations to body/mind healing. |
| 2:45 – 3:45   | “Coming Home to the Body: Healing the Body/Psyche/Soul Spirit Through Conscious Embodiment” | Dr. Tina Stromsted               | 1. Identify the pioneering contributions to the understanding of the Body/Psyche/Soul relationship by C. G. Jung, Jungian Analyst Marion Woodman, and other Depth Psychologists and Somatics scholars.  
2. Engage in the use of a conscious embodiment approach in accessing the somatic unconscious and the creative process within the context of the psychotherapeutic and/or healing relationship.  
3. Understand how neuroscience and brain imaging support a body-oriented approach to healing trauma, including the integration of right/left hemispheric functions. |
| 3:45 – 4:15   | Break                                                       |                                  |                                                                                                                                                                                                                        |
| 4:15 – 4:45   | Panel Discussion                                            |                                  |                                                                                                                                                                                                                        |
| 4:45 – 5:00   | Adjournment/Evaluation                                      |                                  |                                                                                                                                                                                                                        |
Overall Learning Objectives:

1. To understand the effects of psychological trauma on brain, mind and body
2. To discuss evidence based and emerging novel treatment strategies for trauma-related disorders that target brain, mind and body.
3. To facilitate knowledge about the intergenerational transmission of trauma and how this relates to early intervention strategies.
4. To discuss the importance of attachment theory in relationship to symptoms of emotion dysregulation and development of the self.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. (10.75 hours).

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry for up to 10.75 Mainpro+ credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

This program has no commercial support.