# **PLANTING: COLLABORATIVE CARE**

presented by

# Departments of Psychiatry and Family Medicine

# Wednesday, October 19, 2016

8:00 am — 4:00 pm (opening remarks @ 8:25 am)

Best Western Lamplighter Inn & Conference Centre · 591 Wellington Road, London, Ontario

# PLENARY SESSIONS

"Sharing and Caring: The Values of a Strong Primary Care System for the Vulnerable Mental Health Population"

Dr. Mel Kahan: MD, CCFP, MHSc, FRCP, Program Director, Substance Use Service/Addictions Medicine, Women's College Hospital, Associate Professor, Department of Family & community Medicine, University of Toronto

## "Collaborative Care: Our Moral, Social and Ethical Responsibility"

Dr. Diana Kljenak: MD, FRCPC, Assistant Professor and Head Cognitive Behavioural Psychotherapy, University of Toronto

# LOCAL INITIATIVES

Dr. Stephen Wetmore: Chair/Chief, Department of Family Medicine & Dr. Paul Links: Chair/Chief, Department of Psychiatry

# WORKSHOPS

"Challenges of Managing Treatment Resistant Depression in Primary Care" Dr. Verinder Sharma: Professor/MD, Psychiatrist, Schulich School of Medicine & Dentistry, Western University "Psychotherapies of OCD and OCD Spectrum Disorders"

Dr. Mark Watling: Asst. Prof., MD, Psychiatrist, Schulich School of Medicine & Dentistry, Western University

"Collaboration and Innovation in Mental Health: Use of Digital Technology" Lawrence Murphy: MA, Worldwide Therapy Online Inc.

"Medical Marijuana in Primary Care: The Do's and Dont's" Dr. Janel Gracey: MD, CCFP, ISCAM, AAPM, Schulich School of Medicine & Dentistry, Western University

# "Managing Couples' Emotional Health in a Busy Primary Practice"

Dr. Sid Freedman: Ph.D., C.Psych, Private Practice

## "Cognitive Behavioral Therapy for Depression in Primary Care"

Dr. James Ross: MD, MHPE, FRCPC, Asst. Prof. Psychiatrist, Schulich School of Medicine & Dentistry, Western University

### "Managing Perinatal Depression and Anxiety"

Dr. Cindy-Lee Dennis: PhD, Prof. in Nursing and Medicine, Dept. of Psychiatry, University of Toronto

## "Transitional Age Mental Health: A Shared Responsibility"

Dr. Javeed Sukhera: HBSc, MD, DABPN, FRCPC, Asst. Prof., Psychiatrist, Schulich School of Medicine & Dentistry, Western Univer.

CERI - "Patterns of Convergence and Divergence in Collaborative Teamwork"

Dr. Lorelei Lingard: PhD., Director, Professor, Schulich School of Medicine & Dentistry, Western University

# **OVERALL CONFERENCE GOALS:**

- 1. Awareness of shared care and collaboration as part of the social, moral and ethical framework.
- 2. Develop skills of primary care practitioners for managing the mentally ill in community practice.





London Health Sciences Centre





# http://www.schulich.uwo.ca/psychiatry/about us/events/index.html

# PLANTING: COLLABORATIVE CARE

Presented by

# **Departments of Psychiatry and Family Medicine**

Wednesday, October 19, 2016 - Best Western Lamplighter - 8:00 am - 4:00 pm

<u>TO REGISTER</u>: Complete this form and email, mail or fax to: Kate Hayes, Department of Psychiatry, Parkwood Institute - Mental Health Care Building, Rm F4-430, 550 Wellington Road, London, ON, N6C 0A7 or <u>FAX</u> (519) 452-4591; <u>PHONE</u> (519) 685-8500 x76554; <u>EMAIL</u> cpdpsychiatry@lhsc.on.ca

NAME:		PHONE:
EMAIL:		PROFESSION:
FEES Full day symposium includes Continental Breakfast, Lunch, Morning & Afternoon Breaks - please note any special dietary requirements		
Early Bird, Before September 30, 2016:	Resident \$60	Other \$150 (Physician) \$110 Allied Health/Nursing
On or After September 30, 2016:	Resident \$75	Other \$165 (P) \$125 (AH)
PAYMENT: CHEQUE (payable to Lawson Research Institute) Memo: Collaborative VISA MASTERCARD		
CARD NUMBER: EXPIRY (mm/yy):		EXPIRY (mm/yy):
NAME ON CARD:		
No confirmation of registration is issued. You should consider your payment of registration as accepted unless you are advised to the contrary. Receipts will be issued on the day of		
the symposium. Cancellation & Refund Policy: We reserve the right to cancel this program due to insufficient registration or circumstances beyond our control. For a refund, a		
notice of cancellation must be received in writing by September 23, 2016. An administrative fee of \$20 will be charged for cancellation. We regret that refunds cannot be offered		
after this date.		
Workshops – Please choose one session in each time slot		
We will endeavor to accommodate your choices, however, workshop numbers are limited and may be assigned based on space availability.		
Workshop Session 1: 10:45 am to 11:45 am		
Dr. Verinder Sharma- "Challenges of Managing Treatment Resistant Depression in Primary Care"		
Dr. Mark Watling – "Psychotherapies of OCD and OCD Spectrum Disorders (Individual and Group Settings)"		
Lawrence Murphy– "Collaboration and Innovation in Mental Health: Use of Digital Technology"		
Dr. Janel Gracey – "Medical Marijuana in Primary Care: The Do's and Dont's"		

#### Workshop session 2: 12:30 pm to 1:30 pm

- Dr. Sid Freedman "Managing Couples Emotional Health in a Busy Primary Practice"
- □ Dr. James Ross "CBT for Depression in Primary Care"
- Dr. Cindy-Lee Dennis "Managing Perinatal Depression and Anxiety"
- Dr. Javeed Sukhera "Transitional Age Mental Health: A Shared Responsibility"

#### **Study Credits**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. (6.0 hours)

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry for up to 6.0 Mainpro+ credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program

This program was supported in part by an education grant from the following:

Janssen Pharmaceutica, Otsuka Canada Pharmaceutical Inc.