### ILLUMINATING COLLABORATIVE CARE

presented by

## Departments of Psychiatry and Family Medicine

Wednesday, October 7, 2015

8:00 am — 4:00 pm (opening remarks @ 8:25 am)

Best Western Lamplighter Inn & Conference Centre · 591 Wellington Road, London, Ontario

#### **PLENARY SESSIONS**

"Bridging the Gap: Collaboration between Primary Care and Mental Health Care"

<u>Dr. Nick Kates:</u> MB, BS, FRCP(C), MCFP(hon), Chair, Professor, Psychiatry Behavioural Neurosciences, Associate Member, Department of Family Medicine, McMaster University

"Collaborative Care: The Wave of the Future "

Dr. Katherine Gillis: MD, FRCPC, Head of the Department of Psychiatry, The Ottawa Hospital

#### **LOCAL INITIATIVES**

Dr. Stephen Wetmore: Chair/Chief, Department of Family Medicine & Dr. Paul Links: Chair/Chief, Department of Psychiatry

#### **WORKSHOPS**

"Pharmacotherapy of Psychosis Disorders: Clinical Pearls"

<u>Dr. Mehtaab Uppal:</u> MD, Schulich School of Medicine & Dentistry, Western University

<u>Dr. Varinder Dua:</u> MBBS, FRCPC, ACT Psychiatrist, London ACT1, Assistant Professor, Department of Psychiatry, Schulich School of Medicine & Dentistry, Western University

"Motivational Interviewing in Primary Care"

Chantal Dubois: MA, RP, Clinical Addictions Consultant

"Pharmacotherapy of Depression and Anxiety Disorders: Clinical Pearls"

Dr. Mark Watling: Asst. Prof., MD, Psychiatrist, Schulich School of Medicine & Dentistry, Western University

"CBT for Depression in Primary Care"

<u>Dr. James Ross:</u> MD, MHPE, FRCPC, Psychiatrist, RTC Psychotherapy Portfolio Lead, Assistant Professor, Schulich School of Medicine & Dentistry, Western University

"An Approach to Assessing Sick Leave and Disability in Patients with Mental Health Disorders and Medical Illness"

<u>Dr. Katherine Gillis:</u> MD, FRCPC, Head, Department of Psychiatry, The Ottawa Hospital

"Managing Addictions in Primary Care: Clinical Pearls"

<u>Dr. Sharon Koivu:</u> Department of Family Medicine

"Pharmacotherapy of Bipolar Disorder: Clinical Pearls"

Dr. Verinder Sharma: Professor/MD, Psychiatrist, Schulich School of Medicine & Dentistry, Western University

CERI - "Exploring Progressive Collaborative Refinement in the Context of Shared Care"

Dr. Mark Goldszmidt: Department of Medicine, Associate Director, Centre for Education Research & Innovation (CERI)

#### **OVERALL CONFERENCE GOALS:**

- 1. Awareness of our strategic initiative to have more collaboration between Primary Care and Mental Health Care
  - 2. Skills to manage common Mental Health disorders encountered in Family Care Settings









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TO REGISTER: Complete this form and mail or fax to: Bela Franze, Depar Building, Rm F4-430, 550 Wellington Road, London, ON, N6C 0A7 or FAX (	· · · · · · · · · · · · · · · · · · ·
EMAIL cpdpsychiatry@lhsc.on.ca  NAME:	PHONE:
EMAIL:	PROFESSION:
FEES Full day symposium includes Continental Breakfast, Lunch, Morning & Afternoon Break	ks - please note any special dietary requirements
Early Bird, Before September 11, 2015: Resident \$0 Oth	er \$50
On or After September 11, 2015: Resident \$10 Other	er \$60
PAYMENT: CHEQUE (payable to Lawson Research Institute—Collaborati	ive Care) UISA MASTERCARD
CARD NUMBER: EXPIRY (mm/yy):	
NAME ON CARD:	
No confirmation of registration is issued. You should consider your payment of registration as the symposium. Cancellation & Refund Policy: We reserve the right to cancel this program due notice of cancellation must be received in writing by September 10, 2015. An administrative feafter this date.  Workshops — Please choose one  We will endeavor to accommodate your choices, however, workshop number.	e to insufficient registration or circumstances beyond our control. For a refund, a see of \$20 will be charged for cancellation. We regret that refunds cannot be offered e session in each time slot
Workshop session 1: 10:45 am to 11:45 am	
<ul> <li>□ Dr. Mehtaab Uppal &amp; Dr. Varinder Dua – "Pharmacotherapy of Psy</li> <li>□ Chantal Dubois – "Motivational Interviewing in Primary Care"</li> <li>□ Dr. Mark Watling – "Pharmacotherapy of Depression and Anxiety Di</li> <li>□ Dr. James Ross – "CBT for Depression in Primary Care"</li> </ul>	
Workshop session 2: 12:30 pm to 1:30 pm	
<ul> <li>Dr. Katherine Gillis – "An Approach to Assessing Sick Leave &amp; Disabi</li> <li>Dr. Sharon Koivu – "Managing Addictions in Primary Care: Clinical Po</li> <li>Dr. Verinder Sharma – "Pharmacotherapy of Bipolar Disorder: Clinical Dr. James Ross – "CBT for Depression in Primary Care"</li> </ul>	earls"

#### **Study Credits**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (6.25 hours). This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University, for up to 6.25 Mainpro-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

#### This program was supported by an education grant from:

Lundbeck Canada Inc., Otsuka Canada Pharmaceutical Inc., Family Medicine Special Project Award